**PSYCHOLOGY DEPARTMENT**

Phelps Hall, Room 231, (507) 457-5435
www.winona.edu/psychology

**Description/Objective:**

Psychology is the science of behavior, including mental processes. The Department’s goal is to foster students’ understanding of the many factors that influence behavior, the methods employed by psychologists to identify such factors and the means by which behavior can be modified. Students are attracted to the discipline because they wish to become professional psychologists, they plan to pursue careers in fields which emphasize interpersonal skills or they want to better understand themselves as well as others.

Those majoring in Psychology can choose between two options: A or B. An understanding of human behavior is essential to many disciplines. Option A is attractive because its semester-hour requirement allows students to combine a major in psychology with one or more additional majors or minors. Option B is available for those preferring to concentrate their studies in Psychology more exclusively for an in-depth experience.

Students must consult with a Psychology Department advisor to plan a major in Psychology. All Psychology majors are strongly encouraged to take Statistics (PSY 231), Experimental Psychology (PSY 308), and Experimental Psychology Lab (PSY 309) as early as possible in their educational careers. The particular elective courses students take, along with their sequencing, depends upon the individual student’s background, special interests and goals.

**Career Opportunities**

Students majoring in Psychology who do not plan on graduate study receive a liberal arts education and are qualified for a wide variety of vocations that involve an understanding of human behavior, including careers in human services, technical and/or laboratory work, and business.

Students can prepare for graduate study in Psychology by completing either option A or B. An advanced degree in Psychology allows the pursuit of many different kinds of careers, including but not limited to the following: clinical or counseling psychologist, child
psychologist, school psychologist, industrial psychologist, rehabilitation counselor, experimental psychologist, college professor, etc.

**High School Background**
Specific high school courses are not required; however, a well-rounded college preparatory program is recommended.

**Psychology Courses Approved for University Studies:**

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<tr>
<th>U Studies-Social Science</th>
<th>210</th>
<th>General Psychology</th>
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<tbody>
<tr>
<td>U Studies-M/S or CA Flag</td>
<td>231</td>
<td>Statistics</td>
</tr>
<tr>
<td>U Studies-Social Science</td>
<td>250</td>
<td>Developmental Psych</td>
</tr>
<tr>
<td>U Studies-Science &amp; Social Policy</td>
<td>298</td>
<td>Health Psychology</td>
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<tr>
<td>U Studies-Critical Analysis</td>
<td>308</td>
<td>Experimental Psych</td>
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<tr>
<td>U Studies-Oral Flag</td>
<td>309</td>
<td>Experimental Psych Lab</td>
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<tr>
<td>U Studies-Oral Flag</td>
<td>311</td>
<td>Careers In Psych</td>
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<tr>
<td>U Studies-Social Science</td>
<td>325</td>
<td>Social Psychology</td>
</tr>
<tr>
<td>U Studies-Science &amp; Social Policy</td>
<td>330</td>
<td>Psych and the Law</td>
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<tr>
<td>U Studies-Science &amp; Social Policy</td>
<td>360</td>
<td>Personnel Psychology</td>
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**Department Programs:**
B.A. Major: Psychology – Option A – minor required
B.A. Major: Psychology – Option B – no minor required
B.A. Minor: Psychology

**Declaring a Psychology Major:**
Complete the Declaration of Major form and submit to the Psychology Department Office, 231 Phelps.
First-Year Sample Program:

**Fall Semester**
General Psychology (210) 3 cr.
General Education  Basic Skills  3 cr.
General Education  Group Requirement  9 cr.

**Spring Semester**
Statistics 231 (if Basic Skills Math is complete) 3 cr.
Psychology Elective (See major advisor) 3 cr.
General Education  Basic Skills  3 cr.
General Education  Group Requirement  6 cr.