

Winona State University Athletic Training Education Program

Technical Standards Statement by Health Care Provider

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The Athletic Training Education Program at Winona State University is a rigorous and intense program that places specific requirements and demands on the student enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Educational Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). The following abilities and expectations must be met by all students admitted to the Athletic Training Educational Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted/retained into the program. Compliance with the program's technical standards does not guarantee a student's eligibility for the BOC certification examination.

Athletic Training Education Program students must demonstrate:

1. the mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm;
2. sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients;
3. the ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice;
4. the ability to record the physical examination results and a treatment plan clearly and accurately;
5. the capacity to maintain composure and continue to function well during periods of high stress;
6. the perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced;
7. flexibility and the ability to adjust to changing situations and uncertainty in clinical situations;
8. affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Health Care Provider Statement

As a health care provider, you are being asked to determine whether this individual may have difficulty completing the requirements for the Athletic Training clinical education. Students must possess certain abilities in order to provide safe practice. These abilities include:

- a.) Functional use of all senses
- b.) Ability to perceive pain, pressure, temperature, position, equilibrium, and movement.
- c.) Functional use of gross and fine motor skills to carry out assessment and health care delivery, such as lifting, carrying, transferring, reaching, and bending.
- d.) Ability to interact in a behaviorally appropriate manner.

