



CAREER NOTES

Issue 60

Upcoming Events

Career Fair

October 14, 2009
Winona State University

Government Fair

October 26, 2009
University of Minnesota

Long-Term Volunteer Fair

November 3, 2009
Winona State University

Camp, Internship and Volunteer Fair

February 11, 2010
Winona State University



CONGRATS GRADS!

Congratulations Graduates!

Career Services would like to offer congratulations and best wishes to all of the May and summer 2009 graduates.

We would also like to remind you that we are here year round to assist you in your career search. We offer career advising as well as several resources that might be of interest to you. Our summer hours of 7:30 am-4:30 pm begin on May 11.

If you have any questions regarding our services, feel free to contact the Winona Campus, Maxwell 314, (507) 457-5878 or the Rochester Campus, Student Services 125, (507) 280-5079. You can also visit our website at www.winona.edu/career.

Spring 2009 Etiquette/Networking Dinner

Because you don't get a second chance to make that first impression!

Each semester Career Services offers this unique, popular and fun opportunity to students of all majors and grade levels. Many students attend more than once – so come again if you've been to one – and bring a friend! It's a time to learn the proper rules and techniques for business dining while eating a delicious four course meal.

You also get to meet new people: other WSU students, faculty, Career Services representatives and the consultant who teaches us the wealth of information.

You'd be surprised at how many "little" details there are to consider... important details...while eating lunch or dinner with a prospective employer: the proper way to butter and eat bread, how to eat soup...the best way to use your napkin...what to do with the olive pits...and other things you may not have thought of.

There is also a Networking component – extremely important, especially in these economic times when it's more competitive than ever. So often who you know can really make a difference in landing that job.

This year we had two area employers co-sponsor our event. Students were able to meet and chat with the representatives from Thrivent Financial and JC Penney. They made great contributions to our conversations and answered many of our questions. JC Penney also provided a "Dress for Success" display of what to wear for both professional dress and business casual and examples of what not to wear.

Mark your calendars for the fall 2009 date: **Tuesday, November 3, 2009**

Be prepared to learn a lot, and enjoy meeting great people. Bring your questions and your appetites – and tell your friends!

Attention Graduates:

If you have begun or received an offer for a career or internship we would like to know. Please visit our website and click on the large graduation cap logo to complete the Graduate Success Survey. This will assist incoming students with their career path choices.



Office Hours:
Monday–Friday
8:00 a.m.–4:30 p.m.
Summer Hours:
7:30 am- 4:00 pm

Winona Campus

314 Maxwell Hall
Phone: (507)457-5878
Fax: (507)457-5516
www.winona.edu/career
career@winona.edu

Rochester Campus

Student Services 125
Phone: (507)280-5079
Fax: (507)285-7175
www.winona.edu/career
rochestercareer@winona.edu

Thoughts from Kim Knutson, Graduate Assistant in Career Services...

Critiquing resumes and cover letters...discussing and advising career direction or selecting a major...figuring out strategies for finding an internship or a job after graduation...presenting to a classroom on how to start writing a resume. As a Graduate Assistant in Career Services I have the privilege of working with WSU students on all of these topics. Each individual is unique and comes with different thoughts, ideas, goals, interests and game plans. Each of us travels a different path, but one thing is certain: your education and bachelor's degree are going to help you reach your career - and life goals. Some students I talk with know exactly what they want to do and how to get there! Nursing students have been relieved to have a focused track to get them from first semester freshman year to their first RN job. Others have been relieved that they have the option to major in more of an "interdisciplinary" area such as Sociology or English. They are fascinated by all the options on our "Careers & Your Major" link on the Career Services website <http://www.winona.edu/career>. (Check it out!) It gives many examples of career paths certain degrees can lead to. You might be surprised at all your options...did you know that you could work as a bank Branch Manager with a degree in Psychology? Or, did you ever realize the possibilities of what jobs you could get if you majored in Health Promotion – Community Health? Ever wonder what Global Studies is all about?

As you venture through your college years at Winona State, come talk to me or one of the other advisors in Career Services...we can talk with you about your individual questions and/or concerns, give you direction when needed, help you get your resume and cover letter ready for you to apply for internships and jobs or "think out of the box" and dream with you about what your interests, strengths and passions are! We even have the Discover program – an exercise that you take to determine your interests, abilities, and values.

Check us out at www.winona.edu/career and feel free to make an appointment with one of us in Maxwell Hall, 3rd floor. We're here for you!

New Podcast Available on our Website

A new podcast has been created called The Job Search in a Lean Economy. You will learn tips on how to position yourself as a strong job candidate during lean economic times, as well as strategies for developing a professional network and preparing for a strategic job search.