



Career Exploration Research Activity

List 5 of your interests or hobbies
(try to include at least one academic area)

1. _____
2. _____
3. _____
4. _____
5. _____

Now, list three to five careers that might be related to the items you listed

Item 1

1. _____
2. _____
3. _____
4. _____
5. _____

Item 2

1. _____
2. _____
3. _____
4. _____
5. _____

Item 3

1. _____
2. _____
3. _____
4. _____
5. _____

Item 4

1. _____
2. _____
3. _____
4. _____
5. _____

Item 5

1. _____, 2. _____, 3. _____
4. _____, 5. _____

Pick 3 careers you wrote down that interest you the most or which you are most curious about and find out: (refer to some of our [career websites links](#) to help you answer these questions)

What are the duties/responsibilities of this profession?

What are the working conditions (indoors/outdoors, hours, manual labor ect.)?

What might be the average starting salary for this position?

What type of skills would a position such as this one require (leadership, computer, communication skills ect.)?

Are there active professionals in your area working in this career? Where would you find them?

Does this career coincide with your own work values? Why or why not?

Family Career Tree

Do you know what all members of your extended family do for a living? Most likely not. Use this exercise to learn more about your extended family and what do for a living as a means of helping yourself develop a better insight into the world of work and the options available to you.

Try to find out what these individuals do (or did if they are retired) for a living:

Father's Side	Mother's Side
Grandparents Great Uncles and Aunts Second Cousins	Grandparents Great Uncles and Aunts Second Cousins
Father Uncles and Aunts Cousins	Mother Uncles and Aunts Cousins

You can take this even further by asking your relatives to think about some of their friends and what they do for a living.

Throughout this exercise, if you find any careers that interests you, learn more about them using our [career website links](#). Then, refer to our research activity and answer the questions.

