



# RECREATION, TOURISM, & THERAPEUTIC RECREATION

What can I do with this degree?

AREAS	EMPLOYERS	PREPARATION
<b>THERAPEUTIC RECREATION</b> <ul style="list-style-type: none"> <li>• Program Coordination</li> <li>• Administration</li> </ul>	<ul style="list-style-type: none"> <li>• Rehabilitation hospitals</li> <li>• Nursing homes</li> <li>• Acute care hospitals</li> <li>• Psychiatric facilities</li> <li>• Community mental health centers</li> <li>• Senior centers</li> <li>• Adult daycare centers</li> <li>• Residential facilities for people with special needs</li> <li>• Substance abuse centers</li> <li>• Correctional facilities</li> <li>• Recovery centers</li> <li>• Educational facilities</li> <li>• Camps and outdoor recreational programs</li> </ul>	<ul style="list-style-type: none"> <li>❖ Demonstrate ability to work as part of an interdisciplinary team.</li> <li>❖ Obtain therapeutic recreation emphasis or graduate degree in area.</li> <li>❖ Earn relevant licensure or certification.</li> <li>❖ Learn to be patient, tactful, and persuasive. Possess ingenuity and imagination.</li> <li>❖ Have good physical coordination.</li> <li>❖ Develop an interest in working with all types of people.</li> <li>❖ Gain experience through volunteering in related organizations.</li> </ul>
<b>GOVERNMENT</b> <ul style="list-style-type: none"> <li>• Outdoor Recreation Planning</li> <li>• Parks</li> <li>• Natural Resource Management</li> <li>• Recreation Management</li> <li>• Program Management</li> <li>• Administration</li> </ul>	<ul style="list-style-type: none"> <li>• City, county, or regional government agencies including parks and public recreation programs</li> <li>• State and federal government agencies including parks, forests, wildlife areas and water resources</li> <li>• Department of Defense: Military bases in U.S. and foreign countries</li> <li>• Correctional facilities</li> <li>• Conservation organizations</li> <li>• Rehabilitation centers</li> </ul>	<ul style="list-style-type: none"> <li>❖ Learn federal, state, and local job application procedures.</li> <li>❖ Obtain experience with government agencies.</li> <li>❖ Become active in local recreation programs and activities.</li> <li>❖ Volunteer to lead teams or organize committees in local recreation leagues.</li> <li>❖ Take additional coursework in wildlife, turf management, exercise science or other related field.</li> </ul>
<b>SOCIAL SERVICE</b> <ul style="list-style-type: none"> <li>• Camp Management</li> <li>• Program Management</li> <li>• Community Center Management</li> <li>• Programming</li> <li>• Coaching</li> </ul>	<ul style="list-style-type: none"> <li>• Camps</li> <li>• Children's homes</li> <li>• Correctional facilities</li> <li>• Senior centers</li> <li>• Youth programs</li> <li>• Special Olympics</li> <li>• Community programs for people with special needs</li> <li>• Nonprofit and social service organizations</li> <li>• Community centers</li> <li>• Religiously affiliated organizations</li> </ul>	<ul style="list-style-type: none"> <li>❖ Obtain experience with camps, youth groups, etc. through summer jobs and volunteer positions.</li> <li>❖ Get involved in campus activities and seek leadership roles.</li> <li>❖ Learn to work well with a wide variety of people.</li> </ul>

# RECREATION, TOURISM, & THERAPEUTIC RECREATION

What can I do with this degree?

AREAS	EMPLOYERS	PREPARATION
<b>FITNESS</b> <ul style="list-style-type: none"> <li>• Health Club Management</li> <li>• Fitness Instructing</li> <li>• Dance Instructing</li> <li>• Coaching</li> <li>• Athletic Training</li> </ul>	<ul style="list-style-type: none"> <li>• Fitness centers</li> <li>• Corporate fitness centers</li> <li>• Weight reduction facilities</li> <li>• Sports and entertainment centers</li> <li>• Athletic clubs</li> <li>• Adult care facilities</li> <li>• Sports clinics</li> <li>• Self employment</li> </ul>	<ul style="list-style-type: none"> <li>❖ Obtain experience and expertise in various athletic and fitness areas.</li> <li>❖ Work at on-campus recreational facilities.</li> <li>❖ Obtain relevant certifications such as personal trainer or fitness instructor.</li> <li>❖ Develop excellent physical coordination and condition.</li> <li>❖ Get involved in related professional organizations.</li> </ul>
<b>RECREATION RETAILING</b> <ul style="list-style-type: none"> <li>• Management</li> <li>• Buying</li> <li>• Small Business Ownership</li> </ul>	<ul style="list-style-type: none"> <li>• Department stores</li> <li>• Specialty shops</li> <li>• Sporting goods stores</li> <li>• Outdoor outfitters</li> </ul>	<ul style="list-style-type: none"> <li>❖ Minor in business. Learn basic business principles.</li> <li>❖ Gain experience in direct sales and customer service.</li> <li>❖ Develop skills in management and motivation of others.</li> <li>❖ Get experience in promotion and special events.</li> <li>❖ Acquire skills in inventory management including purchasing, stock control, and merchandise display.</li> <li>❖ Develop expertise in a recreational interest such as hiking, fishing, paddling, skiing, or hunting.</li> </ul>
<b>EDUCATION</b> <ul style="list-style-type: none"> <li>• Teaching</li> <li>• Research</li> <li>• Coaching</li> <li>• Administration</li> </ul>	<ul style="list-style-type: none"> <li>• Universities/colleges</li> <li>• Elementary/secondary schools</li> </ul>	<ul style="list-style-type: none"> <li>❖ Earn a graduate degree for teaching and administration at the college and university level.</li> <li>❖ Learn the process for teacher certification in the K-12 system.</li> <li>❖ Get involved in recreation sports or intramurals as an undergraduate student.</li> </ul>

# RECREATION, TOURISM, & THERAPEUTIC RECREATION

What can I do with this degree?

STRATEGIES	LINKS
<ul style="list-style-type: none"><li>• Obtain summer, part-time, internship, or volunteer experience in camps, playgrounds, recreation/fitness centers, social service organizations, hotels, tourist attractions, etc.</li><li>• An undergraduate degree is sufficient for entry-level recreation positions. A graduate degree may be required for administrative positions and teaching/research positions at universities and colleges.</li><li>• Obtain a broad liberal arts and cultural background including knowledge/skills in athletics, music, arts and crafts, nature, dance, drama, and club structure.</li><li>• Obtain certification in first aid and safety, CPR, or lifeguarding depending upon your interests.</li><li>• Enjoy the outdoors and/or be willing to work outdoors.</li><li>• Develop physical agility and stamina for your career.</li><li>• Develop good verbal and written communication skills.</li><li>• Join related professional associations. Attend state/national professional association conferences.</li><li>• Cultivate the ability to motivate others.</li><li>• Possess the ability to enjoy life and positively interact with others.</li><li>• Obtain competence and skills in special area(s) of interest.</li><li>• Learn to work effectively with people of various ages and backgrounds.</li><li>• Possess a cooperative attitude toward others as well as common sense in understanding and dealing with people and situations.</li><li>• Demonstrate the ability to work as part of a team.</li><li>• Obtain knowledge of U.S. and world geography, history and social customs. Consider taking foreign language depending on your career interests.</li><li>• Develop leadership and supervisory skills in coordinating and directing others in various activities.</li><li>• Consider participating in the Walt Disney College Program.</li></ul>	<p><a href="#"><u>Jobs and Careers in the Travel and Hospitality Industry</u></a></p> <p><a href="#"><u>Job Monkey</u></a></p> <p><a href="#"><u>Therapeutic Recreation Directory</u></a></p> <p><a href="#"><u>Becoming a Travel Agent</u></a></p> <p><a href="#"><u>American Therapeutic Recreation Association</u></a></p> <p><a href="#"><u>Therapeutic Recreation Job Bulletin</u></a></p> <p><a href="#"><u>Cool Works</u></a></p> <p><a href="#"><u>Recreational Therapists from the Occupational Outlook Handbook</u></a></p> <p><a href="#"><u>Recreation and Fitness Workers from the Occupational Outlook Handbook</u></a></p> <p><a href="#"><u>Travel Agents from the Occupational Outlook Handbook</u></a></p>