Deciding Your Major: A Worksheet to Get You Started

Did you know that about one in four incoming WSU students is still deciding on a major? In fact, for those coming in with declared majors, the majority will change their majors at least once. You are not alone!!

Start by understanding YOU!
- What are some things you value? What are your strengths? What are your interests?
- In what classes are you doing well or have done well in the past (include high school)?
- What are some of the things your friends say you’re good at or like about you?
- If you could picture yourself doing something you would enjoy, what does that look like?
- What is your dream job? (Think big!)

Suggestions:
Based on your values, strengths and interests, go through the list on the back of this worksheet and cross off majors that you know are simply “not for you”. You can also use the Online Course Catalog (http://catalog.winona.edu/) to learn more about the programs. Reading descriptions of courses required in certain majors is a great way to narrow your list! Next, check the majors that interest you most and start your own “top ten” list. Do you see a theme developing in your top major choices, or in the majors you crossed out?

To declare a major or change majors, pick up a Declaration of Major form at the Warrior Hub (Maxwell 222) and take it to the department for that major to have an advisor assigned.
**WSU MAJORS**

**Bachelor of Arts**
- Art: Graphic Design or Studio Art
- Communication Studies
- Economics
- English
- Geoscience
- Global Studies
- History
- Law and Society

**Bachelor of Science**
- Accounting
- Athletic Training
- Biology: Allied Health, Cell & Molecular, Ecology, Environmental Science
- Biochemistry
- Business Administration
- Chemistry
- Clinical Laboratory Science
- Composite Materials Engineering
- Computer Science
- Criminal Justice: Corrections or Law Enforcement
- Exercise/Rehabilitation Science: Cardiopulmonary Rehab, Exercise Science, or Movement Science
- Finance
- Geoscience: Environmental Science or Geology
- Health Promotion: Community Health or School Health

**Resources to continue your deciding journey:**
- Visit with a Career Services professional (Maxwell 314, 507.457.5878) to try a self-assessment (Focus2, MBTI, StrengthsQuest, or Strong Interest Inventory)
- Participate in student organizations, attend on-campus events, and volunteer in the community
- See how majors connect to careers: [http://whatcanidowiththismajor.com/major](http://whatcanidowiththismajor.com/major)
- Go to O*NET ([www.onetonline.org](http://www.onetonline.org)) or the Occupational Outlook Handbook ([http://www.bls.gov/ooh/](http://www.bls.gov/ooh/)) to research occupations
- Job shadow or conduct an informational interview with someone in your field of interest

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