

WSU College For Kids Course Descriptions

Grades 3-5

1) Course Name: **Mystery Science**

Course Description: In this class you will get to be a detective! You will learn about forensic science techniques that could be used to solve mysteries. You will learn how to dust for fingerprints, how chromatography is used, how to identify different hairs and fibers, and much more! Get ready to start investigating and problem solving!

Instructor: Lindsey Wagoner

Bio: My name is Lindsey Wagoner. This will be my 3rd year teaching at College for Kids. I graduated from Winona State University, and I am now teaching preschool. Some of my hobbies include doing crafts, taking care of animals, hiking, and spending time with my family.

2) Course Name: **Music Madness**

Course Description: You will get to learn about music and instruments from around the world! We will create our own instruments out of household supplies. In this class you will also get to experiment with instruments such as a guitar and piano.

Instructor: Lindsey Wagoner

Bio: My name is Lindsey Wagoner. This will be my 3rd year teaching at College for Kids. I graduated from Winona State University, and I am now teaching preschool. Some of my hobbies include doing crafts, taking care of animals, hiking, and spending time with my family.

3) Course Name: **Origami Blast**

Course Description: In this class you will learn about origami! You will learn about the basic history of origami as well as how it is used today. Get ready to learn many different folds and creations! This class is fun for everyone!

Instructor: Lindsey Wagoner

Bio: My name is Lindsey Wagoner. This will be my 3rd year teaching at College for Kids. I graduated from Winona State University, and I am now teaching preschool. Some of my hobbies include doing crafts, taking care of animals, hiking, and spending time with my family.

4) Course Name: **Microbe Mania**

Course Description: Microbe Mania is a biology class covering those "little bugs" you don't usually see. Molds, protists, viruses, bacteria, etc. are all around us. For the most part they

are good. This class will "look" at these creatures under a microscope, "grow" microbes from our environment and make cheese.

Instructor: Kay Pedretti

Bio: No Bio listed

5) Course Name: **Mindfulness for Kids!**

Course Description: Mindfulness teaches our children to tune into their thoughts and feelings! This class will help teach your child fun, practical skills to help handle stress today and in the future! Your child will learn yoga poses, breathing techniques, make crafts such as a mindful jar, as well as learn about fun mindful apps!

Instructor: Rachel Siegersma

Bio: Hello! My name is Rachel Siegersma and I teach four-year-old kindergarten in Trempealeau during the school year. I have a passion for mental health awareness and the social emotional wellness of our children!

6) Course Name: **CSI: College for Kids**

Course Description: Enter the world of forensic science for four fantastic days as a crime scene investigator. Earn your CSI:College for Kids investigator badge by learning how to collect evidence and by using your creativity and scientific knowledge to help solve a mock crime!

Instructor: Jennifer Zemke

Bio: Dr. Zemke has been a chemist for quite some time. She received her BS in Chemistry from Winona State University and her MS and PhD from the University of Oregon. Dr. Zemke believes that chemists truly have the power to change the world for good and is interested in spreading a love for science in everyday life.

7) Course Name: **Japanese Culture Study: Origami**

Course Description: Come learn the Japanese art of paper folding! We'll be making cranes, cicadas, and more. Students will be able to take home what they make and learn to write their names in simple Japanese characters.

Instructor: Kendra Devine-Pringle/Noah Buxengard

Bio: Kendra is a Teaching Major, preparing to teach English in Japan, and Noah is studying Japanese and Spanish, planning to work as a translator. The two just came back from studying in Akita, Japan for a year at Akita International University and are eager to share what they learned!

8) Course Name: **Nature and Nurture: Exploring Well-being in the Great Outdoors**

Course Description: Are you an outdoor enthusiast, or someone who wants to spend more time outside in our beautiful community? Join this class and explore the connection between mind and body, as well as states of mind like happiness, anger, and resilience in an outdoor setting. Bonus: you will be trained in CPR and AED so you have the confidence and skills to help keep yourself and your family safe. Students should dress for outdoor play, regardless of the weather.

Instructor: Kate Noelke

Bio: Kate Noelke is the Director of Integrated Wellness at Winona State University, a life-long outdoor enthusiast, a practitioner of mental health promotion and health education, and a life-long learner. Kate engages audiences of all ages in reflection, and empowers positive health-related decision making in her students.

9) Course Name: **Biking for SMARTIES**

Course Description:

Biking is fun, especially when you do it with a group of friends. Join Biking for Smarties and learn basic bike maintenance, rules of the road and trails etiquette while riding around Winona with your group. Wednesday and Thursday classes will feature visits with famous local biking personalities! This course is for all skill levels, from those who just started experiencing the freedom of two wheels to biking enthusiasts! Bring your bike and your helmet!

Instructor: Kate C. Noelke

Bio: Kate Noelke is the Director of Integrated Wellness at Winona State University, a life-long outdoor enthusiast, a practitioner of mental health promotion and health education, a Middle School Mountain Bike Team coach, and she's on the Board of Directors of the Winona Area Mountain Bikers. Kate engages audiences of all ages in reflection, and empowers positive health-related decision making in her students. She loves to ride her bike with her fiancé and step daughters-to-be!

10) Course Name: **Code Camp**

Course Description: Create online games and stories that can be played and shared. Learn the basics of coding and see how many apps, games, and online tools are created. Campers of all ages can have fun creating programs online with a variety of coding applications.

Instructor: Jennifer Snook

Bio: Jen Snook is a Technology Integration Specialist for Winona Area Public Schools and former K-12 Art teacher. She loves exploring new ideas and being creative with technology and art.

11) Course Name: **French for Fun**

Course Description: Students will learn how to speak French with a very convincing accent and gain the ability to speak in full sentences. They will also learn about the culture, cuisine, geography and history of France and other francophone countries. New this year: students will learn about mimes, Babar the Elephant, Tintin the Belgian reporter and his faithful dog Milou (Snowy), how to talk to animals in French, what animals “say” in French and other fun French sounds. They will also get to know a couple French painters whose paintings are at the Minnesota Marine Art Museum.

Instructors: Nancy Bachler and Jeanine Black

Bio:

Nancy Bachler was born and raised in Winona and spent 3 years in Paris with both Sarah Lawrence College and Middlebury College where she received her B.A. and M.A. in French. She travels to France approximately every three years. She has taught French at the College of St. Teresa, Winona State University and St. Mary's University. She has over 25 years of experience teaching College for Kids. Nancy and her husband enjoy serving 6-course French meals for silent auction fundraisers.

Jeanine Black is originally from La Crosse, where she completed a teaching degree at UW-L. She received masters degrees in French (KU) and English (Georgetown) and lived and worked in France and Switzerland. After a 20-year government relations career in Washington, DC, she and her husband moved to Winona in 2010. “Madame Noir” is an French adjunct instructor at WSU, where she has also provided courses for Grandparents U. and Senior U. and Learning Club presentations. She is also a K-12 substitute teacher.

12) Course Name: **Writing Adventures**

Course Description:

This fun writers' workshop will use games, writing activities, and group discussion to encourage young writers and help them develop their skills. Whatever the preferred genre – poetry, stories, personal essay, or something else - this workshop will engage participants in thinking critically about their writing with the goal of making it better. We'll practice different forms and styles, learn how to avoid common mistakes, and explore literary techniques like plot, character development, and effective description, while we read and respond to each other's writing in a supportive environment.

Instructor: Morro Schreiber

Bio: Morro Schreiber is a writer and independent art educator with formal art training from the nationally renowned School of Visual Arts in New York, as well as a B.A. in Art History from Rutgers University in New Jersey. She is an advocate of the grassroots art education movement, Teaching for Artistic Behaviors (TAB), which seeks to empower young artists and makers by offering quality materials, choice in how to use them, and

support in developing their ability to communicate their ideas and feelings through their work. Morro believes that by fostering both artistic and written communications skills in today's young people, they will be better prepared to meet the challenges of the future with creativity, flexibility, and confidence.

13) Course Name: **Monster Makers**

Course Description:

Have you ever wanted to make your own stuffed animals or monsters? This class will teach you all you need to know to make multipart critters: from following a simple pattern to bringing your own drawings "to life" in the form of 3D fabric sculptures that will amaze your friends! Participants will complete at least one unique handmade stuffed critter during the week, and take home ideas and patterns for creating many more on their own.

Instructor: Morro Schreiber

Bio: Morro Schreiber is a writer and independent art educator with formal art training from the nationally renowned School of Visual Arts in New York, as well as a B.A. in Art History from Rutgers University in New Jersey. She is an advocate of the grassroots art education movement, Teaching for Artistic Behaviors (TAB), which seeks to empower young artists and makers by offering quality materials, choice in how to use them, and support in developing their ability to communicate their ideas and feelings through their work. Morro believes that by fostering both artistic and written communications skills in today's young people, they will be better prepared to meet the challenges of the future with creativity, flexibility, and confidence.