WSU Retiree Center
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WSU Retiree Center Mission
To support the mission of WSU and
enrich the campus community as well
as the lives of retired staff, faculty
and administration by providing
institutional connections between the
University and retirees who may wish
to continue their intellectual and social
participation in collegial life and
service to the University.

Advisory Board
Nancy Amann  Jean Leicester
James Bromeland  Ann Mac Donald
Vicki Decker  Rich MacDonald
Russ Dennison  Bill McBreen
Marilyn Ezdon  Bill Meyer
Tim Hatfield  Janet Ruggeberg
Bea Hoffmann  Diane Runkle
Serena Holstad  Donald Walski
Mary Joyce  Bonnie L. Woodford

Hopes and Dreams

We are pleased to offer Winona State retirees an
opportunity to share ideas with President Olson –
this is a chance to present your hopes and dreams
for Winona State. These forums are meant to create
a dialogue to determine where and how WSU can
improve.

Scott Olson says, “There are so many things we do
right, but greatness means asking the question, can
we be even better.”

January 23, 2013
3:30pm
Alumni House/Retiree Center

Please contact Ann Kohner if you plan to attend so
we have enough cookies and coffee!!

2012 Holiday Social: 65 people caught up with
old friends and colleagues.
HAPPY NEW YEAR!

Spring semester has begun, the students have returned rested and already counting the days until spring break! Our student, Heidi, will be graduating in May; she has been invaluable in the office and we will truly miss her design expertise and ever-present smile. We wish her all the best in her search for an accounting position – she will be an asset wherever she goes.

I was reading the latest AARP Bulletin and thought I would share a few of Nissa Simon’s 10 Tips for Better Health because these are easy and fun New Year’s resolutions.

1. Throw a party – it’s all about social connections. The Retiree Center is planning the Spring Retiree Luncheon for May 3, please join the party. Listening to music is also beneficial, so whether you prefer Mozart, the Beatles, or Fats Domino turn the music on.
2. Adopt a pet – dog, cat, or goldfish; pets help lower blood pressure, keep us company, and promote exercise (of course it’s hard to walk a guppy, but it sure is relaxing to watch fish.)
3. Choose chocolate (this is my favorite) and dark chocolate is the best, all of those flavonoids and anti-oxidants and delicious to boot.
4. Savor your coffee – I would be lost without the Keurig in my office and the fact that it may lower my risk of diabetes, heart disease and pneumonia is just icing on the cake.
5. Raise a glass of wine or beer – moderation is key here.
6. Take a nap (can I do that at work?) – improve your memory, mood, alertness and learning. (aarp.org/bulletin, January-February 2012, p10-12)

So now that you are relaxed, alert and listening to the music you love, I have an important announcement. On February 4 we are sending out a survey to all retirees. Your responses are essential as we plan for future Retiree Center programming and events. Please complete and return the survey within a week of receipt – your feedback is invaluable!

Besides the survey we are busy preparing for Grandparents University. Registration opened Thanksgiving week and 15 people are already registered. We are offering six majors: Exploring Digital Photography (Drake Hokanson), Bonjour! French Friends (Jeanine Black), Composites in a Material World (Matt Benson), Writing our Family Stories (Conan Kmiecik), Outdoor Adventure – Canoe/Kayak/Geocache (Eric Barnard), Our Universe, Our Home (Jennifer Anderson).

To learn more visit our website: www.winona.edu/grandparents/

Take care, we’ll see you soon,
Ann Kohner
Director, WSU Retiree Center

President Scott Olson - Hopes & Dreams
Join the dialogue - bring forward transformational ideas
Wednesday, January 23, 3:30pm - Alumni House

Dancescape 2013
Directed by Gretchen Cohenour
Thursday, February 14 - 16, 7:30pm - PAC Science Laboratory Center Auditorium – 7:00pm

“Reasons to Be Pretty”
WSU Theatre & Dance
March 8 - 7:30pm
Dorothy B Magnus Black Box Theatre
Performing Arts Center

WSU All University Campaign Kick-Off
Rochester – February 19 – 2:00-3:30pm – CF206/208
Winona – February 21 – 1:30-3:00pm, SLC Atrium
Who is an Elder?
An elder is a person who is still growing, still a learner, still with potential and whose life continues to have within it a promise for, and connection to the future. An Elder is still in pursuit of happiness, joy and pleasure, and her or his birthright to these remains intact. Moreover, an Elder is a person who deserves respect and honor and whose work it is to synthesize wisdom from long life experience and formulate this into a legacy for future generations. ~The Live Oak Project, 1977

Retiree Center Advisory Board Committees

The Retiree Center Advisory Board invites you to join a committee. Membership is open to all retirees of Winona State University.

You may serve on a committee without being a member of the Advisory Board. Please consider serving on one (or more) of the following committees: Senior University, Grandparents University, Living History, and Newsletter.

We recognize that you have other obligations and may not be able to attend every committee meeting; please don’t let that deter you from serving.
For more information, contact Ann Kohner at 507-457-5565 or akohner@winona.edu.

SAVE THE DATE!

Friday, May 3, 2013
Spring Retiree Luncheon
Kryzsko Commons East Hall
(Invitations will be mailed in March)

We will honor our new retirees and Retiree Center Advisory Board members who have left the Board within the last year.

Minnesota Deer Opener:
Bonnie Woodford welcomed Governor Dayton

Stewart, Kay, and Carrie Shaw sharing Thanksgiving with an international student
You may join the WSU Learning Club for an annual membership fee of $20 - please contact the Retiree Center at 507-457-5565 for information.

Enhancing the 7 Rivers Region Through Collaboration
The 7 Rivers Alliance is a regional economic development organization spanning SE MN, Western WI, and NE IA. Through public and private funding they work to unite businesses, inspire innovation and strengthen the region. You will learn how they connect businesses, their various funding sources and resource providers that fuel new endeavors including workforce training, innovation, cost savings, and more in ways that span borders.

DATE: Thursday, January 24
TIME: 10:00am
LOCATION: Winona County History Center

The Story of Hal Leonard
Hal Leonard Corporation (HLC) has been in the music print publishing business since 1947. The company has grown significantly since then with locations around the world. Mindy Czaplewski’s presentation will include her personal background with HLC, its history and growth, and an overview of some of the products offered by HLC.

DATE: Tuesday, January 29
TIME: 10:00am
LOCATION: Winona County History Center

Winona Daily News Editor
Brian Voerding, a Minnesota native, assumed the position of News Editor in March of 2012. He had been the city editor at the Winona Daily News since April 2011 and prior to that he was a reporter for the Winona Daily News from 2005 to 2007. He wrote the award-winning series, “A Year to Live,” which offered an intimate portrait of Noreen Oppriecht’s life and her experience with cancer and hospice care.

DATE: Wednesday, February 6
TIME: 10:00am
LOCATION: Winona County History Center

The French Revolution: Lectures 1 & 2 – Norm Sobiesk, Professor Emeritus, History
The French Revolution was a landmark in the history of Western Civilization. After centuries of absolute rule the French monarchy was overthrown. The social system of aristocratic privileges came to an end. Lecture 1 will examine the underlying causes of the Revolution and the first phase of moderate reform. Lecture 2: The French Revolution unleashed forces which turned out of control. Moderation gave way to radicalism and a Reign of Terror. Finally, a counter-revolution ended the Terror, and a new moderate government was established.

DATE: Tuesday, February 12 & Thursday February 14
TIME: 1:00pm
LOCATION: Winona County History Center

Sharing Your Stories – Conan Kmiecik, English Language Center Program Coordinator
Each person’s life is a collection of stories - about adventure, routine, love, heartbreak, triumph, and setback. These individually unique stories can be entertaining and instructive to others, especially family members and friends. However, too often people do not take the time to write down their stories in order to share them. Session one helps you recognize the wealth of stories your life contains and how to write about your personal experiences, routines and family traditions. Session two exposes you to options for sharing your stories digitally. (you may attend one or both sessions – a laptop is not required, but you may bring one)

DATE: Wednesday, February 20 & 27
TIME: 1:00pm
LOCATION: Winona County History Center

The Changing Landscape of Childhood – Katy Smith, ECFE Parent Educator and 2011 MN Teacher of the Year
Katy will share what her work has taught her about the changing landscape of childhood. She has been engaging Minnesotans in a conversation about what children, especially the youngest in our community, need to succeed in a world that few of us can even imagine. Our communities need to do a better job in supporting young families.

DATE: Friday, February 22
TIME: 10:00am
LOCATION: Winona County History Center
Leaving a Legacy: Writing a Journal for Those We Love But Eventually Leave  
*Carol Galbus, English Professor Emeritus*

By recalling times/events in our lives and deciding which we wish to share, we will commit to writing about these bits of nostalgia and share with class members in order to stimulate more ideas and enthusiasm for continuing to do so. This is a wonderful follow-up to the Who Do You Think You Are class.

**Thursdays, January 31, February 7, 14, 21**  
1:30 – 2:45pm Alumni House

**The Philosophy of John Stuart Mill**  
*Stewart Shaw, Retired WSU Registrar*

John Stuart Mill has been called the “most influential English-speaking philosopher of the nineteenth century.” He influenced our understandings of individual liberty, what makes an action right or wrong, freedom of speech, the political equality of men and women, scientific method, and other important issues. In this course, from our different perspectives, we will discuss his arguments critically, and apply them to contemporary social issues.

**Mondays, March 4, 11, 18, 25**  
1:30 – 3:30pm Maxwell 257

**Our Universe, Our Home**  
*Jennifer Anderson, Associate Professor, GeoScience*

Have you ever looked up at the night sky and wondered “what’s that?” Want to learn your way around the night sky? Ever wonder why Earth is unique in our solar system with its abundance of life? Curious about black holes, the Big Bang, and life in the Universe? We will explore Our Universe, Our Home, and learn about the night sky, astronomy throughout human history, our special planet Earth, and what else is out there in our solar system, our galaxy, and our Universe.

**Tuesdays, April 2, 9, 16, 23, 30**  
2:00-4:00pm Pasteur Hall (room TBA)
I've been thinking about Kenny Wynia lately. I miss him. I remember how I would see him on campus walking quickly from one building to another with his wiry mop of white hair blowing in the wind. When I talked with him I was always surprised by the depth of his ideas. He seemed to be full of ideas, enjoyed laughter, and was young in spirit.

On the WSU campus everyone regarded Kenny as a skilled carpenter and cabinetmaker. I had the pleasure of watching his projects come to life in the Facilities carpenter shop. He would build everything, but what he built best were beautiful desks and elaborate cabinets. I would watch him draw up his plans with his always present carpenter pencil and then measure and re-measure the project. I even occasionally assisted him in setting up his quality handmade cabinets in offices throughout the campus. It was best to watch Kenny, try to anticipate what he would need, be ready to assist immediately, and never break his concentration with a dumb question. Kenny's legacy can be found in many offices throughout the University.

Kenny was always ready to help if you needed assistance on a home project. I remember a number of times when I would give him a call and he would drive to Trempealeau. Marilyn, his wife, two of their devoted dogs, Penny and Niki, and Kenny would all come over to offer advice. Kenny would find a solution in a short time, while Marilyn and the dogs would sit patiently on the couch.

But here's something I bet you didn't know about Kenny. He liked trees, although I don't think you could call him a treehugger. He may have seen the connection between the wood he used in his projects and the trees that provided the wood. He could see those knots in the branches as a point of beauty and how they would add a special touch to the top of an Oak desk.

Kenny and his family donated several trees to the WSU grounds. In 2001 Kenny and Marilyn honored their granddaughter, Tanya, with an ornamental Pear tree near the northeast corner of Minne. Kenny and his family helped plant the tree. Since that day several other tree additions were made possible by donations to WSU by the Wynia family.

Bill Meyer, 2010, Senior Groundskeeper
Contributing Columnist

The Snowbird University Program is a great way for retirees to enjoy summer in Winona. Snowbird U offers two 5-week sessions with accommodations in a fully furnished 2-bedroom apartment at WSU’s East Lake Apartments.

Participants receive a membership to the WSU Learning Club, which offers a variety of activities and learning opportunities both on campus and in the Winona community.

You may sign up for on or both sessions.

Session 1: May 25 - June 29
Session 2: July 1 - August 5

Registration form available at www.winona.edu/snowbirdu
For more information, contact:
Xavier Wilson, Assistant Director of Housing and Residence Life
507.474.3902 or XWilson@winona.edu
Retiree Breakfasts starting in April
2nd Tuesday
9-1am
Watch for a postcard from University Advancement

Tuesday May 14
5:30-7:30pm
Willow Creek Alumni/Retiree event
in Rochester

American Queen Winona Visits
July 1: 8am - 6pm
Aug 29: 8am - 6pm
Oct 20: 12pm - 6pm

You are always welcome at the Retiree Center

We honor and mourn our University colleagues who have recently died. We recognize the richness of each life, the gifts these members have brought to many, and the loss felt by family and friends.

(Jacob Steigerwald contributed a forward to the following translated publication:


Gerhard Huggenvik (Huggy)
Husband of late Audrey Huggenvik
December 15, 2012

Please let us know if your address or email changes, so we can keep you informed on Retiree Center events.
Contact the Retiree Center at 507.457.5565 or Ann Kohner at akohner@winona.edu.

(Full obituaries available on the WSU Retiree Center Website: www.winona.edu/retiree/memoriam.asp)
If you know of colleagues we have missed, please contact Retiree Center at 507.457.5565, or send an email to retiree@winona.edu.
**Retiree Center SAVE THE DATE**

**January 23:** President Olson, Hopes & Dreams Session w/Retirees, Alumni House, 3:30-4:30 p.m.

**January 24:** Socrates Cafe Discussion Group, 2-4pm, Retiree Center

**February 7:** Learning Club Open House, 9-11am, Winona History Center, Wanek Room

**February 28:** Socrates Cafe Discussion Group, 2-4pm, Retiree Center

**March 18 - 22:** WSU Spring Break

**March 28:** Socrates Cafe Discussion Group, 2-4pm, Retiree Center

**April 9:** Retiree Breakfast, 9-11am, Purple Rooms, Kryzsko Commons

**April 19:** President Olson’s Inauguration - details TBA

**April 25:** Socrates Cafe Discussion Group, 2-4pm, Retiree Center

**May 3:** Spring 2013 Retiree Center Luncheon, 11:30am -- Social, 12pm -- Lunch and Program, Kryzsko Commons East Hall, Please join us in honoring Winona State’s new retirees!

RSVP to Ann Kohner at akohner@winona.edu or call the Retiree Center at 507-457-5565.