WSU Retiree Center
1st floor of the Alumni House
227 W. Wabasha St.

Winona State University
PO Box 5838
Winona, MN 55987

Telephone: 507-457-5565
E-mail: akohner@winona.edu

Home page: www.winona.edu/retiree

Director: Ann Kohner
Office Manager: Nancy Amann
Student Assistants: Sydney Westergren & Anthony Resnick

WSU Retiree Center Mission
To support the mission of WSU and enrich the campus community as well as the lives of retired staff, faculty and administration by providing institutional connections between the University and retirees who may wish to continue their intellectual and social participation in collegial life and service to the University.

Advisory Board
Nancy Amann  James Bromeland  Vicki Decker  Russ Dennison  Marilyn Ezdon  Ken Gorman  Tim Hatfield  Donna Helble  Bea Hoffmann  Serena Holstad
Mary Joyce  Ann MacDonald  Rich MacDonald  Bill McBreen  Bill Meyer  Kevin Possin  Janet Ruggeberg  Diane Runkle  Donald Walski  Bonnie L. Woodford

Parking Notice: Retirees with parking permits can PARK ANYWHERE on campus. This includes all gold and silver lots. If you don’t have a parking permit, please visit the Retiree Center.

Carol Jefferson recently returned from a trip to Antarctica and shared this photo with us. The penguins are nesting, notice the egg tucked under the penguin?
### Director’s Report

I know this edition of the newsletter is labeled “February-Spring,” but it’s hard to think spring when Minnesota is experiencing below zero temps….brrrr! You retirees in warmer climes must be counting your blessings and probably wondering how many of your northern friends will be stopping by for a visit. :)

Spring semester is in full swing for our traditional and Senior University students alike. If you are in the Winona area consider taking a Senior University class; one class and you will be hooked. Classes that still have openings include: The Short, Wild and Woolly History of the English Language and Making Sense of Modern Art. Our July courses also have openings (America in the Vietnam War Era and Outdoor Adventures.)

Our events calendar is packed this spring, but I wanted to give you a heads-up on a program offered by Winona Health. They are offering free informational programs on healthcare directives. These workshops are held at Winona Health (no RSVP necessary) in the first floor Parkview Conference room (see full schedule below).
- March, third Monday at 9:30 am
- May, third Monday at 6:30 pm
- July, third Monday at 9:30 am
- September, third Monday at 6:30 pm
- November, third Monday at 9:30 am

The Scholarship Committee has made great strides and I am pleased to report that we have already received over $6,500 in donations to the scholarship fund! We will award our first $1,000 scholarship this spring and continue towards our goal of building an endowment. In mid-February you will receive information on the scholarship and how you can contribute to a Winona State student’s success!

Lastly, Winona State has a couple of bonding items before the legislature; the largest is our Education Village project. If you wish to follow the progress of these initiatives please follow this link provided by the Minnesota Senate Bonding Committee: http://build.mn/welcome.

We look forward to seeing you soon,

Ann Kohner
Director, WSU Retiree Center

### Upcoming Events

#### Minnesota Day at Twins Training Camp

You can tell that spring is right around the corner when we begin talking baseball! The Twins Training Camp in Ft. Myers, Florida, is hosting Minnesota Day on March 16. Alumni Relations invites WSU retirees to join them at this very fun event.

#### Retiree/Alumni Arizona Brunch

We have a wonderful opportunity for you to reconnect with friends and colleagues in Arizona! The Retiree Center and Alumni Relations are hosting a complimentary brunch in Arizona.
- President Scott Olson; Interim Advancement VP, Gary Evans; Alumni Relations Dir., Ann MacDonald; and Retiree Center Dir., Ann Kohner, will be joining you in Scottsdale.
- Saturday, February 22
  - 10:30 am to 12:30 pm
  - Mariott Suites Scottsdale Old Town
  - 7325 E Third St Ave.
  - Scottsdale, AZ

Please RSVP to the Retiree Center at retiree@winona.edu or 507-457-5565 or Alumni Relations at AlumniRelations@winona.edu or 507-457-5027

#### Retiree Spring Luncheon

It may be hard to imagine right now, but our spring luncheon is right around the corner. We hope you can join us as we honor our newest Winona State retirees (it should be a large group!)
- Thursday, May 1, 2014
  - 11:30 am Social (always a great time to see old friends)
  - 12:00 pm Complimentary Luncheon
  - 12:30 pm Program
  - East Hall, Kryzsko Commons

Please contact the Retiree Center at 507-457-5565 or via e-mail at akohner@winona.edu to RSVP for this very fun event.
Upcoming Events

FY2014 All-University Campaign Kick-off events:

- Rochester -- **February 18 at 11:30 am – 12:30** in CF206/208
- Winona -- **February 25 at 10:15 – 11:30 am** in East Hall, Kryzsko Commons.

Enjoy good food, the great company of WSU current and retired faculty and staff, and a poster session highlighting innovative projects by WSU Foundation grant recipients. A short program will feature remarks by President Scott Olson, student and faculty grant recipients, and a drawing for some terrific prizes. Please join us!

**WSU Pre and Post Retirement Workshop**
Whether you are thinking about retirement or have been retired for years, this workshop will answer questions on topics that are important to you.

**WHEN:**
- Tuesday, April 22
- Thursday, April 24
- 8:30 to 11:30 am

**WHERE:**
Kryzsko Commons, Dining Rooms B, C, D

Continental Breakfast will be served at 8:30 a.m., workshop sessions begin at 9:00 a.m. There will be two concurrent sessions each day (see chart below). Please contact the Retiree Center at 457-5565 or e-mail akohner@winona.edu to RSVP or if you have any questions.

**Session One April 22**

<table>
<thead>
<tr>
<th>Time</th>
<th>Pre and Early Retirement</th>
<th>Mature Retiree</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 am</td>
<td>Successful Retirement Planning And Social Security &amp; Medicare Strategies (55min)</td>
<td>Estate Planning And Elder Law Concepts and Strategies (55min)</td>
</tr>
<tr>
<td>9:55 am – 10:00 am</td>
<td>Break (5min)</td>
<td>Break (5min)</td>
</tr>
<tr>
<td>10:55 am</td>
<td>Estate Planning Concepts And Strategies (30 min)</td>
<td>Successful Portfolio Management In Mid-Retirement (30 min)</td>
</tr>
<tr>
<td>10:55 am – 11:15 am</td>
<td>Social Time in Which Speakers Will Be Available for Additional Questions</td>
<td>Social Time in Which Speakers Will Be Available for Additional Questions</td>
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</tbody>
</table>
### Session Two April 24

<table>
<thead>
<tr>
<th>Time</th>
<th>Pre and Early Retirement</th>
<th>Mature Retiree</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 am – 9:55 am</td>
<td>Winning Investment Strategies (55min)</td>
<td>Understanding the Role of Wills and Trusts (55min)</td>
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<tr>
<td>9:55 am – 10:00 am</td>
<td>Break (5min)</td>
<td>Break (5min)</td>
</tr>
<tr>
<td>10:00 am - 10:30 am</td>
<td>Introduction to Wills and Trusts (30 min)</td>
<td>Long-Term Care (30 min)</td>
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<tr>
<td>10:30 am – 10:35 am</td>
<td>Break to Setup Panel</td>
<td>Break to Setup Panel</td>
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<tr>
<td>10:35 am – 11:05 am</td>
<td>Experienced Retiree Panel (35min)</td>
<td>Experienced Retiree Panel (35min)</td>
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Please join us for the 2014 Living History Project Premier
Honorees: Pauline Christensen, John Martin, Bill Meyer, James Reynolds, and Bonnie Woodford
Thursday, May 8 - 3:30 - 5:30 pm
Performing Arts Center Recital Hall 154
Refreshments Served

“Kevin Possin & Ann Lavine celebrating retirement in Minnesota”
Guthrie Theater Performance
We are pleased to announce a collaboration with WSU’s Alumni Relations office. Please join us at the Guthrie Theater performance of Crimes of the Heart. We have arranged for a coach bus from Winona to Minneapolis.

Date: Wednesday, May 21, 2014
Production: Crimes of the Heart
Location: Guthrie Theater, Wurtele Thrust Stage
Time: 1:00 pm Matinee Performance
Seating: Area 1 and Area 1A (GREAT SEATS)

Bus Info: Leaving Winona State (Lincoln Parking Lot - Huff & Sarnia) 10:00 am
NOTE: You may wish to pack a lunch for the bus trip. You will have time before the performance to visit the gift shop or grab a snack/beverage.

After the performance the bus will take you to the Mall of America for a little shopping and/or dinner. The bus will depart from the Mall for the trip back to Winona at 7:00 pm and is expected to arrive in Winona by 9:15 or 9:30 pm.

Ticket Only: $26.00 per person
Ticket w/bus: $35.00 per person

Please contact the Retiree Center at 507-457-5565 for further information. To reserve your ticket and bus seat, please send payment and contact information (name(s), address, phone #) to:

WSU Retiree Center
PO Box 5838
Winona, MN 55987-5838
Grandparents University 2014

Thursday and Friday
June 19 & 20, 2014
Registration opens February 15
www.winona.edu/grandparents

Call the Winona State University Retiree Center
at 507-457-5565 for information

Six Exciting Majors!

My Grandparent’s Living History:
If you dream of being behind the camera, directing the next blockbuster, or in front of the camera interviewing celebrities, you will LOVE this class. Learn interviewing techniques, video production, editing and storytelling by creating an iMovie using an iPad. Post it to YouTube and create a DVD.

Physical, Mental, and Nutritional Olympics for the Young and Not So Young:
Let's have a friendly competition! Grandparents and grandchildren compete in brain games, physical ability assessments, and a healthy foods cook-off! What DID people eat before Doritos were invented? Just what IS a stability ball? See what science has done to the dunk tank! Participate in activities that SPEED up and SLOW down the aging process and enjoy everybody’s favorite topic: FOOD!!!

Crime Scene Investigation (CSI):
If you like solving puzzles, you will enjoy this class. Work as part of an elite team of investigators – learn how to question suspects and witnesses (are they telling the truth or lying?), gather evidence, take fingerprints, analyze crime scenes and eventually bring the case to a successful conclusion.

Outdoor Learning Adventure:
Gain an appreciation and concern for our natural environment while exploring outdoor activities. We begin with team-building activities and games before heading to the Low and High Ropes course (don’t worry, if you would rather cheer your grandchild on than participate, that’s fine!). You will discover the Mississippi backwaters in a canoe or kayak and end your adventure with a treasure hunt challenge using hand-held GPS units.

Mysterious Microbes:
Discover the microbes that live EVERYWHERE – in your body, on your skin, in your kitchen and in places you never dreamed of! You will culture and view microbes (bacteria, molds, protists, viruses, etc.) using compound and dissecting microscopes. Come prepared to be amazed and, at times, a little “Grossed Out” by the microscopic critters living in our environment!

Japanese Culture: Customs, Traditions, Language
A FUN introduction to the remarkable Japanese Culture – from Kimonos to Sushi and Calligraphy. Eat genuine Japanese food, make a Manga (Japanese comic), learn a few Japanese words and phrases and just what is Japanese tea and why don’t they use forks?
Grandparents University 2014

If you would like to be involved in the Grandparents University experience, please volunteer to assist us on June 19 and 20. It is always a fun-filled two days whether you are helping in a specific class, monitoring the cafeteria, or simply answering questions for participants. If you can only help for a couple of hours, that’s just fine; any time you can give is greatly appreciated. Please contact the Retiree Center to sign-up (there is no pay, but the benefits are amazing!)

National History Day Judges

Winona State University is hosting the National History Day Southeast Regional Event on Monday, March 3. The organization has requested our help finding event judges. No experience is necessary; each event begins with a thorough training session, and new volunteers are paired with experienced volunteers.

National History Day in Minnesota is a program in which students in grades 6 – 12 choose a historical topic, research it in depth over several months, and present the results of their research in the form of a paper, exhibit, website, performance, or documentary. These projects are showcased at regional events in which volunteer judges give the students written feedback about their research, organization, and presentation. Each regional event depends on the work of dozens of great volunteers to bring a good experience to student participants.

If you would like to volunteer please sign up on the Minnesota Historical Society website: http://education.mnhs.org/historyday/judges. Also, please let Ann Kohner know if you have signed up as a volunteer.

Stone Point Park

Sustain Winona Partnership & the Extension Master Gardeners are working to establish an education gardening program at Stone Point Park (the old Winona Cty landfill site) with the Winona Middle School. They are looking for summer volunteers to garden with them. Volunteers will meet weekly for 1 - 2 hours at the plot for gardening lessons and tasks. If you volunteer you will also share in the produce with the access donated to Volunteer Services, WAPS and local churches.

To volunteer please contact Chris Meyer at c_m_meyer@msn.com

We honor and mourn our University colleagues who have recently died. We recognize the richness of each life, the gifts these members have brought to many, and loss felt by family and friends.

M.J. “Mac” McCauley

Physics professor for 22 years at Winona State University.

Marilyn Foss

WSU Continuing Education (ESP) Advisor
Wife of Fred Foss, Professor Emeritus, Chemistry

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Jan. 21, 2014

M.J. “Mac” McCauley

Physics professor for 22 years at Winona State University.

Dec. 8, 2013

Please let us know if your address or email changes, so we can keep you informed on Retiree Center events.

Contact the Retiree Center at 507.457.5565 or Ann Kohner at akohner@winona.edu.

Maureen Guillou, Peggy Meyers & Diane Palm
Enjoying the President’s Holiday Open House
Retirees in the News

Arc Minnesota: Heroes of The Arc
Each year Arc Minnesota honors individuals who have given extraordinary amounts of time and talent to The Arc in Minnesota. This December Stewart Shaw was honored for his leadership in The Arc. The Arc is a non-profit organization that promotes and protects the human rights of people with intellectual and developmental disabilities. Stewart has volunteered with The Arc for more than three decades, serving on the Board of Directors, including board president. He is a strong advocate for people with disabilities and has worked diligently on initiatives that move people with disabilities out of institutions and into their communities.

Winona State University was recently gifted a marvelous collection of Craig Blacklock photographs depicting scenes and wildlife from the Lake Superior area. The collection, donated by Professor Emeritus Ervin Bublitz, is displayed on the first and second floor of Somsen Hall. The Blacklock collections is a wonderful complement to the photographs of Jim Brandenburg displayed on the second floor.

Morning Light, Bear Island 2011, Blacklock