# Newsletter and Schedule

## Learning Club Council

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chair</td>
<td>Patte Peterson</td>
<td><a href="mailto:pattep@hbci.com">pattep@hbci.com</a></td>
</tr>
<tr>
<td>Vice Chairs and Program Committee Chairs</td>
<td>Walt Carroll</td>
<td><a href="mailto:wandm@usfamily.net">wandm@usfamily.net</a></td>
</tr>
<tr>
<td>Secretary</td>
<td>Peggy Carroll</td>
<td><a href="mailto:pegc@hbci.com">pegc@hbci.com</a></td>
</tr>
<tr>
<td>Membership/Hospitality Chair</td>
<td>Mary Jane Sobeck</td>
<td>454-2094</td>
</tr>
<tr>
<td>Publicity Chair</td>
<td>Carole Stever</td>
<td><a href="mailto:carolesteve@charter.net">carolesteve@charter.net</a></td>
</tr>
</tbody>
</table>

## WSU Learning Club

**Learning in Retirement**

**WSU Liaison:**
- Ann Kohner, Director, Retiree Center
  - akohner@winona.edu
- Nancy Amann, Office Mgr, Retiree Center
  - Namann@winona.edu

## The Learning Club Mailing Address:

- Winona State University
  - WSU Retiree Center
  - P.O. Box 5838
  - Winona MN 55987

- Location:
  - 1st floor/ WSU Alumni House
  - 227 West Seventh Street
  - Corner of Winona & Wabasha Streets
  - retiree@winona.edu

- [http://www.winona.edu/retiree](http://www.winona.edu/retiree)

## Learning Club Memberships

- $20/person annually

**Contact:** 507-457-2331 for details

## The Learning Club Newsletter

- Invites all members to share ideas for programs and attend programming meetings.
- The next meeting is 3/3/14 9:00 am – History Center

## Go green

- The Learning Club Newsletter is available online the 15th of even months
  - [www.winona.edu/retiree](http://www.winona.edu/retiree)

  (click The Learning Club on the left navigation bar)

  You may print a copy or read online

**Save trees** - receive an email copy

**Sign up** – 457-2331

## How to Register for Classes and Events:

1. **Phone:** call 507-457-2331
2. **Email:** retiree@winona.edu
3. **By Mail:** The Learning Club, c/o WSU Retiree Center, PO Box 5838, Winona, MN 55987
4. **In Person:** WSU Retiree Center located on the 1st floor of the WSU Alumni House, 227 West 7th Street (Corner of Winona & Wabasha Streets). Parking is available in the back.

All programs/events requiring an additional fee must be paid in advance of the deadline indicated (by mail or in person as indicated above). Reservation for the program/event is not secured until payment is received.
Live Well Winona: A Community Health Hub

Live Well Winona partners with many community organizations and programs to facilitate new health initiatives. With a mission to engage the Winona community in a culture of health and wellness improvement through lifestyle changes, this non-profit serves as a community health hub by connecting people with resources, volunteer opportunities, community events, and programs. Janneke Sobeck, Director of Live Well Winona, will introduce the organization, explain how it started, and share some initiatives that the organization is working on.

Date: Tuesday, March 4, 2014
Time: 10:00 a.m.
Place: Winona County History Center

Journey to the Antarctic Peninsula & South Shetland Islands

Glaciers, icebergs, volcanoes, penguins, seals, fossil forests, historic whale-rendering furnaces – these are part of the spectacular scenery on the Antarctic Peninsula and adjacent islands. Learn how the peninsula is molded by plate tectonics and see evidence of massive geologic forces at work. Look penguins in the eye; smile with basking seals. The Antarctic Peninsula is the fastest warming place on earth. Why? What is the evidence; what are the consequences? How are Antarctic wildlife and ecosystems affected by the ozone “hole”, climate change, melting glaciers? What are the cascading impacts of the historic slaughter of seals, whales and penguins, and the current krill harvest? Marvel at awe-inspiring photos as ecologist Carol Jefferson relates her two week trip in December with a small ship full of inquiring scientists.

Date: Monday, March 10, 2014
Time: 10:00 a.m.
Place: Wanek Room, Winona County History Center
Ashley Furniture Tour

Ashley Furniture Industries, Inc. is the largest manufacturer of furniture in the world. This tour will offer a glimpse into Ashley’s production facility, quality control and philanthropic endeavors. The one-hour tour will begin at the Corporate Office with a history of Ashley. We will then walk outside (1/2 mile) to Plant 2 for a look at furniture production, followed by a quality presentation in the lab. The tour will end with a stop at the Ashley Homestore which also houses the Ashley restaurant. (see directions at end of newsletter)

Ashley is providing a motorized cart for those who have mobility problems (cart accommodates 12). Entrance into the Ashley Furniture facility will be limited to those listed on the sign-up sheet so you MUST sign up and also indicate if you will need to ride in the cart. Contact the WSU Retiree Center at 507-457-5565 or www.winona.edu/retiree to register for the tour. NOTE: if you wish to carpool or travel in a “caravan,” please meet at the History Center at 9:00 a.m. on 3/13.

Date: Thursday, March 13, 2014
Time: 10:00 a.m.
Place: Ashley Furniture, 1 Ashley Way, Arcadia, WI

When Night Becomes Day: Light Pollution and the Loss of Our Night Sky

Humans evolved on a dark planet. The night sky has shaped our lives for thousands of years. The motions of the Sun, Moon, and planets define our very calendar and were the basis of many early philosophies. Looking at the night sky fills us with wonder and awe and forces us to think about our place and role in the Universe. Over the last 100 years, humans have increasingly illuminated the hours of the night, stealing away the dark night sky. In this talk, Jennifer Anderson, WSU Geoscience Professor, will discuss the growing problem of light pollution, focusing on the Winona area and what we can do to help preserve the natural resource that is our night sky.

Anderson learned the constellations and the night sky as a small child in eastern Wisconsin and built her first telescope at the age of 12. She attended the University of MN, Twin Cities, for degrees in astrophysics, geophysics and physics. She earned her Master’s and PhD. Degrees in Planetary Geology at Brown University in Providence, RI and joined the WSU Geoscience faculty in 2005 where she teaches Astronomy and Planetary Geology and operates the Astronomical Observatory on campus.

Date: Thursday, March 27, 2014
Time: 1:00 p.m.
Place: Winona County History Center
**Advanced Directives**

Be prepared in the event that you are immobilized in some manner, accident, stroke, etc. and could not communicate your health desires to the responding physicians. By having a HEALTH CARE DIRECTIVE you can appoint an agent to speak for you, or let the document stand on its own as a statement of your desires. All this is legally accepted and costs you nothing. Class will be presented by Walt Carroll who has been presenting and preparing Advanced Directives for Community Memorial Hospital for 10 years.

Date: Wednesday, April 2, 2014  
Time: 10:00 a.m.  
Place: Winona County History Center

**Hands Only CPR**

Learn CPR for someone you love! Did you know that 89% of cardiac arrests happen at home? Hands Only CPR can double or triple a victim's chance of survival. You will also learn how to use an AED and what to do in a choking emergency.

Helen Bagshaw, RN, is a Winona Health ICU nurse and registered American Heart Association CPR instructor. She provides FREE training for “Hands Only” CPR. Helen came to Winona from Yorkshire, England in 2001 with her husband Peter and their four children. She loves to run and completed her first marathon in the Twin Cities last year.

Date: Thursday, April 10  
Time: 10:00 a.m.  
Place: Winona County History Center – Wanek Room

**Polish Immigrants**

The Reverend Paul Breza, Founder of Winona’s Polish Cultural Institute and Museum, presents an entertaining and educational history of the immigration of Kashubian area Poles to Winona in the 1870s.

Breza is a descendent of these original immigrants from Bytow, Poland. The Polish Cultural Institute has established a “sister city” relationship with Bytow, Poland that includes a student exchange.

Date: Monday, April 14  
Time: 10:00 a.m.  
Place: Winona County History Center
**Miller Scrap**

Jerry Miller, former Winona Mayor, offers an interesting look at the history of his family and its business, Miller Scrap. Established in 1910, Miller Scrap has been family owned and operated for four generations. From the days of horse and buggy to the recycling of computer equipment, Miller Scrap has been an integral part of the Winona community.

Date: Wednesday, April 16  
Time: 10:00 a.m.  
Place: Winona County History Center

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**THE LEARNING CLUB**  
**WITHIN THE CLUB SCHEDULES**

**MYSTERY READERS BOOK CLUB**  
The Mystery Readers Book Club meets on the 4th Tuesday of every month at Callista Court. Members read any work by the author chosen for the month. To begin discussion one member gives a biographic summary of the author and information about his/her work.

- **Date:** Tuesday, March 25: Author: David Housewright  
  Tuesday, April 22: Author: Jo Bannister  
- **Time:** 10:30 a.m.  
- **Location:** Callista Court - 1455 West Broadway

**STORYTELLING GROUP**  
**September to May - Meeting Date:** 3rd Wednesday of the Month

- **Dates:** Wednesday, March 19, Topic “Best Bargain You Ever Got”  
  Wednesday, April 16, Topic “A Fish Story”  
- **Time:** 1:00 p.m.  
- **Location:** WSU Retiree Center, WSU Alumni House, 227 West Wabasha.

Visitors or participants are always welcome. Parking is available in the driveway behind the Alumni House and the front door is handicap accessible. New members are welcome to come and listen or participate by telling a short story.
## Learning Club Calendar of Events – March – April, 2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td><strong>March</strong></td>
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<td>Wanek Rm, Winona Cty History Ctr</td>
<td>10:00am</td>
</tr>
<tr>
<td>13 – Thursday</td>
<td>Ashley Furniture Tour</td>
<td>Arcadia, WI</td>
<td>10:00am</td>
</tr>
<tr>
<td>19 – Wednesday</td>
<td>Storytelling Group</td>
<td>WSU Retiree Center, WSU Alumni House</td>
<td>1:00pm</td>
</tr>
<tr>
<td>25 – Tuesday</td>
<td>Mystery Readers Book Club</td>
<td>Callista Court - 1455 West Broadway</td>
<td>10:30am</td>
</tr>
<tr>
<td>27 – Thursday</td>
<td>When Night Becomes Day</td>
<td>Winona County History Center</td>
<td>1:00pm</td>
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<tr>
<td><strong>April</strong></td>
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<tr>
<td>2 – Wednesday</td>
<td>Advanced Directives</td>
<td>Winona County History Center</td>
<td>10:00am</td>
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<td>Mystery Readers Book Club</td>
<td>Callista Court - 1455 West Broadway</td>
<td>10:30am</td>
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Traveling North to Ashley Furniture

Winona, MN
1. Head north on Main St toward W Wabasha St
   0.3 mi
2. Turn left onto W 4th St
   0.2 mi
3. Take the 2nd right onto MN-43 N/Winona St
   Continue to follow MN-43 N
   Entering Wisconsin
   0.7 mi
4. Continue onto WI-54 E/WI-54 Trunk E
   0.7 mi
5. Turn right onto WI-35 S/WI-54 E/WI-54 Trunk E/Great River Rd
   9.1 mi
6. Turn left onto WI-93 Trunk N
   13.4 mi
7. Turn left onto WI-95 W/E Main St
   1.7 mi
8. Turn left onto Ashley Way
   Destination will be on the left
   0.2 mi

1 Ashley Way
Arcadia, WI 54612

Traveling East to Ashley Furniture

Winona, MN
1. Head north on Main St toward W Wabasha St
   0.3 mi
2. Turn left onto W 4th St
   0.2 mi
3. Take the 2nd right onto MN-43 N/Winona St
   Continue to follow MN-43 N
   Entering Wisconsin
   0.7 mi
4. Continue onto WI-54 E/WI-54 Trunk E
   0.8 mi
5. Turn left onto WI-35 N/Great River Rd
   6.1 mi
6. Turn right onto Jefferson St
   89 ft

Fountain City, WI
1. Head northeast on WI-95 E/North St toward Washington St
   Continue to follow WI-95 E
   18.0
2. Turn right onto W Main St
   0.3 mi
3. Turn right onto Ashley Way
   Destination will be on the left