Winona State University’s Retiree Center is very excited to announce the first semester of Senior University WSU. This has been a long term goal for us and we are proud to present the curriculum for our 1st semester and the Professor Emeriti who will teach. Our goal is to offer non-credit courses in current events, history, philosophy, science, art, poetry and literature without enrolling in regular university course work. As the Retiree Center mission statement proclaims, our goals include “providing institutional connections between the University and retirees who may wish to continue their intellectual and social participation in collegial life and service to the University.” Senior University WSU provides all retirees an opportunity to participate in courses they did not have time to attend while pursuing their careers and gives retired faculty a chance to teach again, and this time the students are attentive, eager, adult learners.

Courses will be offered each semester and run 4-5 weeks meeting once a week. Classes are open to everyone, whether your formal education ended early in life or you have advanced degrees. Course instructors are professor emeriti or topic experts who are taking the opportunity to get back to the best part of being in the classroom again – teaching avid learners and providing enrichment to lifelong learning.

Senior University WSU classes are non-credit courses with no tests, no papers and no homework. So think of all the enjoyment you will get out of being in a class to just “learn.”

Enrollment cost is $36 per class and is open to the community. Registration for individual classes is required and subject to space availability. Early registration is recommended. There is a registration form on the last page of this newsletter or you can go to the WSU Retiree Center website http://www.winona.edu/retiree, cut and paste a copy of the form into an email and send it to Cathie, clogan@winona.edu.

Senior University WSU is a Winona State University educational program sponsored by WSU Retiree Center. As a part of our mission WSU Retiree Center supports enrichment of community members through education.
JUST A NOTE FROM THE DIRECTOR...

...have you heard this enough yet? “I have had enough of cold weather.” Okay, there, I said it.

If the weather hasn’t been on your mind then all the budget information we have been seeing might be. As part of the Winona State University community, WSU Retiree Center wants to be prepared to do our part in response to the current and projected budget deficit. As the mission of the Retiree Center directly and indirectly contributes to several different areas of the university (e.g., academic, student life, advancement) and in order to be as proactive as possible, the Retiree Center Steering Committee will begin discussion of President Ramaley’s criteria and the various ways WSU Retiree Center can best help address these serious budget issues at their February meeting.

I’m very excited about launching Senior University WSU. I am very honored that Emilio DeGrazia, Ahmed El Afandi and Robert Sloan will be our first instructors. These are great classes. And I am grateful for the assistance of two Steering Committee members, Sally Sloan and Pat Tolmie. Our collaborative efforts will be enjoyed by the community. Sign up for a class today. And let us know what you would like to teach or attend – help us build the curriculum.

Stay in touch. Let me know when you would like to get involved or what activities you want to take part in. Be creative…

--Cathie
NEW THIS YEAR:
$250 REWARD IS YOURS
--from the State of Minnesota Health Reimbursement Arrangement (HRA)

Employees enrolled in the Advantage Health Plan on January 1, 2009, will automatically receive a $250 Health Reimbursement Arrangement (HRA). Former employees and retirees enrolled are also included. This account allows you to pay for certain medical and dental expenses with pre-tax dollars funded by your employer. You can use your HRA for qualifying medical/dental expenses, including expenses that are related to the diagnosis, care, mitigation, treatment, or prevention of disease. Some examples of eligible expenses are prescription and over-the-counter drugs, dental expenses, and eye care.

Information on this should have been mailed to you recently. Listed is a link with this information:

This is a link for creating an account for on-line access:
• http://www.eidebailly.com/services/benefits/doer/PreTax_LoginState.pdf

This is a link for 2009 HRA expense form:

When I received this in the mail, I did a little checking and verified with Eide Bailly (1-800-300-1672) that this $250 reward program is available to retirees enrolled in the Advantage Health Plan on January 1, 2009. It was a nice surprise, and I didn’t want anyone else to miss it.

-- Judy C. Routhe, WSU Retiree

RETIREEE CENTER WEB NEWS

Check out our updated Retiree Center Web site: http://www.winona.edu/retiree/index.asp

In October of 2008, I agreed to take over the web maintenance for the Retiree Center Web site. With input from Cathie and Nancy, I have made lots of changes. I hope that you find these useful to you.

I would like to expand the Retiree News section to have news from you as retirees that I can put on the web site. Your friends and former co-workers would love to hear what you are up to, where you are living (not everyone stayed in Winona), travel plans, your publishing, etc.

Please send your news to WSU Retiree Center, and indicate that it is for the web site. And we’d love to have pictures, so send those also.
• via email: retiree@winona.edu
• via US Mail:
  WSU Retiree Center
  P.O. Box 5838
  Winona, MN 55987
• via phone: 507-457-5565

Also, let me know if there is additional information that you would like to see on our web site and I’ll certainly try to see if we can put it there.

-- Judy C. Routhe, WSU Retiree

ANNUAL RETIREEE LUNCHEON -
April 30, 2009

All WSU Retirees and their spouses or significant others are invited as guests to honor the most recent WSU Retirees. Social begins at 11:30 a.m., followed by a luncheon with a exciting menu and a special recognition of Retiree Center Steering Committee. We want you to be there.

RSVP to Retiree Center, 507.457.5565 or email Cathie, clogan@winona.edu
WSU Retiree Center Guest Cart

Have you seen the latest tool available when WSU Retirees and guests visit campus???

WSU Retiree Center has its very own Guest Cart. It is a golf cart affixed with logo and a storage box that can transport guests when they visit campus. It has been such fun to drive and what a treat to be able to get guests to and from buildings with ease.

We used it the day of the Phelps Laboratory School Reunion. It provided some protection from the rain, but made it possible for some people to attend the reunion that would have not been able to participate due to the limitation of transportation around campus.

WSU Retiree Center Guest Cart will be made available to escort VIP guests and special transportation needs.

Did you see Charlie and Marlys Zane in the 2008 Homecoming parade?

WSU Retiree Center’s Guest Cart is friendly to the environment - electric.

Thank you to all that made the purchase of the WSU Retiree Center Guest Cart possible.

--Cathie

Project Renewment™: Concerns, Strategies & Issues for Women 55+

In this free web seminar, Helen Dennis and Bernice Bratter will explore the revolutionary concept of renewal.

February 12, 2009 – 12 noon – 1pm
Purple Rooms 105-106
Bring your own lunch. Refreshments provided.

For the first time in history, millions of career women are facing retirement -- with no role models. As in the 1960s, they ask once again, "Is this all there is?" This web seminar will highlight Project Renewment, which provides a forum for career women 55 and older. These women use their strategic thinking, creativity and vision to forge new directions for their future.

Participants will learn:
• what aging service professionals should know about this cohort as a potential target group for services as well as a resource to aging services.
• how these considerations and realities will affect us personally as professionals looking forward to our own next chapter.
• strategies that can provide a resource for employers assisting career women in a time of change.

Presenters: Helen Dennis, Specialist on aging, employment & retirement; and Bernice Bratter, Specialist on women’s issues & aging, LMFC; co-authors of the bestselling book, Project Renewment: The First Retirement Model for Career Women (Scribner 2008).
Senior University WSU
Spring 2009

History of the Earth & Its Inhabitants
Robert E. Sloan
Covers the Origin of the Universe, the Solar System and the development of Earth through Time. The history of life, with special emphasis on animals & plants. No educational prerequisites needed.
Maxwell 259 • 5 weeks • 2-4 pm
Mondays, February 23 and March 2, 9, 16, 23

The Modern Poem
Emilio DeGrazia
What “poetry” is, its traditional forms and how these forms were changed under the influence of “modernism.” Study individual poems closely, learn ways to read for greater understanding poems that today often seem incomprehensible.
Maxwell 259 • 5 weeks • 2-4 pm
Tuesdays, March 17, 24, 31 and April 7, 17

Technology Made Simple
WSU Students - Individual Instruction
Technology and Computers - Made Simple. 4 week class covers basic Internet and computer uses, Microsoft Office Suite, email, digital cameras, iPods, text messaging.
Krueger Library 109 • 4 weeks • 2-3:30 pm
Wednesdays, March 11, 18, 25 and April 1

Middle East Issues
Ahmed El-Afandi
Covers up-to-date discussion of current Middle East issues.
Maxwell 259 • 4 weeks • 2-4 pm
Wednesdays, May 6, 13, 20, 27

Senior University WSU
A peer led set of short courses taught by retirees and accomplished adults to provide intellectual and cultural stimulation and growth, thus providing today’s accomplished adult with opportunities for lifelong learning and leadership, combined with the fellowship of peers sharing a common quest for continued growth.

For more information, please contact:
WSU Retiree Center
227 W 7th St
Winona, MN 55987
507.457.5565
www.winona.edu/retiree

Name ____________________________
Address ____________________________
City/State/Zip ________________________________
Phone ________________________________
Email ________________________________

If you have not attended a WSU course before, please provide the following information:
WSU Retiree/Warrior ID ____________________________
OR Social Security # ____________________________

Course Registration:

____ History of the Earth & Its Inhabitants $36
____ The Modern Poem $36
____ Technology Made Simple $36
____ Middle East Issues $36

Total Enclosed $ __________

Mail registration to:
WSU Retiree Center
227 W 7th St
Winona, MN 55987
# WSU Retiree Center Spring 2009 - Save the Date

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>April 14</td>
<td>Retiree Breakfast by University Advancement, 9 a.m., Purple Rooms, Kryzsko.</td>
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<tr>
<td>April 22, 29 - May 6, 13</td>
<td>Pre-Retirement Program, Wednesdays, 10 a.m. - noon, Dining Rooms E,F,G, Kryzsko.</td>
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<tr>
<td>April 30</td>
<td><strong>WSU 3rd Annual Retiree Luncheon, 11:30 a.m.</strong>&lt;br&gt;WSU Retirees and spouses are invited Guests. East Hall, Kryzsko Commons</td>
</tr>
<tr>
<td>May 8</td>
<td>WSU Commencement, 9:30 a.m. - Colleges of Business and Liberal Arts&lt;br&gt;2:00 p.m. - Colleges of Education, Nursing and Health Sciences, and Science and Engineering</td>
</tr>
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<tr>
<td>June 26 thru July 26</td>
<td>Great River Shakespeare Festival</td>
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Save the dates and join us for the fun! Questions? – call the WSU Retiree Center, 457-5565!<br>Check out WSU Retiree Center website, www.winona.edu/retiree

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WSU Retiree Center  
Winona State University  
PO Box 5838  
Winona, MN 55987