




Newsletter and Schedule

November - December, 2009

<p>Learning Club Steering Committee Contact Information</p> <p>Chairs: Burt and Marge Mohs brmm84@hbc.com</p> <p>Vice Chairs/Curriculum Committee Chairs: Gwen Anderson gwenlee@hbc.com Louise Mattila emattila@hbc.com</p> <p>Secretary: Peggy Carroll pegc@hbc.com</p> <p>Membership/Hospitality Chair: Mary Jane Sobek 454-2094</p> <p>Publicity Chair: Vacant</p>	<p>WSU Learning Club</p>  <p>the learning club Learning in Retirement</p> <p>Winona State University WSU Retiree Center</p> <p>WSU Liaison: Cathie Logan, Director clogan@winona.edu</p> <p>Nancy Amann, Office Manager namann@winona.edu</p>	<p>The Learning Club Mailing Address:</p> <p>Winona State University WSU Retiree Center P.O. Box 5838 Winona MN 55987</p> <p>Location: 1st floor/ WSU Alumni House 227 West Seventh Street Corner of Winona & Wabasha Streets</p> <p>retiree@winona.edu</p> <p>http://www.winona.edu/retiree</p> <p>507-457-2331</p>
--	---	--

Reminder

When you sign up for a class, please be courteous

*commit or
cancel* if you cannot attend.
Thank you.

Go green - The Learning Club Newsletter is available on-line the 15th of even months
www.winona.edu/retiree
(click The Learning Club on the left navigation bar)
Print your own copy

Save trees - receive an email copy

Sign up - 457-2331

How to Register for Classes and Events:

1. **Phone:** call 507/457-2331
2. **Email:** retiree@winona.edu
3. **By Mail:** The Learning Club, c/o WSU Retiree Center, PO Box 5838, Winona, MN 55987
4. **In Person:** WSU Retiree Center located on the 1st floor of the WSU Alumni House, 227 West 7 Street (Corner of Winona & Wabasha Streets). Parking is available in the back.

All classes/events that have a fee are required to be paid in advance of the deadline indicated (by mail or in person as indicated above). Reservation for the class/event is not secured until payment is received.



The Decline and Fall of the Roman Empire

Gain an understanding and historical perspective in this 2-part series on the fall of Rome.

Session I: Crisis and Recovery in the Third Century

External invasions, internal civil wars, severe economic and social decline, religious persecutions, cultural changes, and reforms of Diocletian and Constantine.

Session II: The Germanic Invasions

Germanic tribes penetrate the Empire, the sack of Rome, the last Roman Emperor deposed, the Germanic settlements, and the onset of the Dark Ages. Presenter: Dr. Norm Sobiesk

Dates: Session I, Tuesday, November 3, 2009, and Session II, Thursday, November 5, 2009

Time: 1 pm

Location: Winona County Historical Society

Empire in the Clouds: The Incas of Peru

Peru, home of the Inca civilization, is a country of great natural beauty and history. The Incas appear to be the greatest architects and environmentalists as well as the most advanced culture of the 1400's & 1500's in the Western Hemisphere until their conquest by Spanish invaders in search of their gold and silver.



View and discuss some of the special features of this country from the capital of Lima on the Pacific Coast to the Inca capital of Cusco and surrounding Sacred Valley in the Andes and, of course, the Inca masterpiece - Machu Picchu.
Presenters: Jim & Ruth Erickson

Date: Tuesday, November 10, 2009

Time: 10 am

Location: Winona County Historical Society

Red Wing Correctional Facility



Otis Zanders, the Warden of the Red Wing Correctional Facility, will talk about the history of the Red Wing Correctional Facility and the treatment of juvenile offenders as treatment philosophy has evolved. Otis has been employed for over 30 years with the Minnesota Department of Corrections and has worked in several different correctional facilities including MCF-Stillwater and MCF-Oak Park Heights. Otis was appointed Warden at MCF-Red Wing in 1996.

Date: Thursday, November 12, 2009

Time: 10 am

Location: Winona County Historical Society

Occupational Therapy and Home Health Aides

Environmental considerations as you age in your home

Presenter, Lindsey Henderson, is a graduate of WSU with a BS in Exercise Science/Cardiac Rehab emphasis and has a MA in Occupational Therapy. She has been employed at Winona Health over the past 9 years, seeing patients in Outpatient and Home Care settings. Lindsey's special interests include hand therapy and low vision rehab, with a certification in lymphedema therapy.

Date: Tuesday, November 17, 2009

Time: 10 am

Location: Winona County Historical Society

Discovering South America: Chile, Argentina, and Brazil



In May, 2009, Harry and Ormsin Gardiner began their journey in Santiago, Chile with visits to the Maipo Valley and a family-owned winery, a full day in Valparaiso (Chile's second largest city), Puerto Montt with its unique German Museum, a visit to a horse-breeding ranch, catamaran cruise on one of the world's newest lakes created by an earthquake in 1883, and a coach trip over the Andes to Argentina where they stayed in Baraloche and made excursions to Patagonia, a sheep ranch, a chocolate factory, a family-owned brewery, Buenos Aires, had Tango lessons before attending a Tango show and dinner, visited Iguacu Falls, and sites related to Juan and Eva Peron. Their final destination was Brazil where they viewed the Brazilian side of the Iguacu Falls (128 magnificent waterfalls in one

spot), Rio de Janeiro and the famous statue of Christ the Redeemer on Corcovado Mountain and Sugar Loaf overlooking the bay, walked the beaches of Copacabana and Ipanema, toured Petropolis, and visited the Favelas – the shanty towns next to some of the wealthiest sections of Rio.

Ormsin and Harry Gardiner, Professors Emeriti from Winona State and the University of Wisconsin, La Crosse, are incurable travelers who have made several previous Learning Club presentations.

Date: Thursday, November 19, 2009

Time: 10 am

Location: Winona County Historical Society



National Issues Forum

The \$9 Trillion Debt: Breaking the Habit of Deficit Spending

The bad habit of deficit spending is more apparent than ever, and pressures on the federal budget will soon get worse. It is not enough to support deficit reduction in principle. The challenge is to see what changes most Americans are willing to accept as the best way out of a difficult situation. This is our 11th annual joint program with Gene Pelowski's Winona Senior High School Advanced Government class. We encourage Learning Club members to come and join in or just listen to the discussion. Thank you to the Winona Public School Foundation for their grant providing funding for the purchase of study materials. Visit their website: www.nifi.org

Date: Friday, November 20, 2009

Time: 8:00 am – 11:30 am

Location: St. Mary's Church Meeting Room (1303 W. Broadway, Winona)

Invitation from Winona Friendship Center:



Medicare D – Prescription Drugs

The Winona Friendship Center invites Learning Club members to an information session about Medicare D. Medicare D plans change coverage options every year. Marsha Yancy, Senior Advocate, Winona Friendship Center, will have information regarding the plans available in 2010. With the probability of no cost of living increase to Social Security for next year, it is important to make the most of your health care coverage. Visit their website: www.pard-medicare.com

No Sign Up Needed.

Date: Tuesday, December 2, 2009

Time: 11 am

Location: Winona Friendship Center, 251 Main Street

Humor and Aging

Humor - a word we all know and think we have a basic understanding of what it is (or should be). Many articles have been written and studies conducted to show the health benefits of humor. Paul and Robin Grawe of the Institute for Travesty, Comedy, and Humor Studies (ITCHS) will share some of their work focusing on humor variations as we age and between male & female. Participants will be invited to take a "humor test" (no wrong answers) to better understand their own sense of humor.

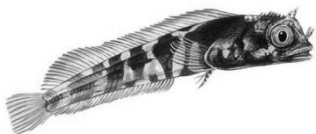


Date: Thursday, December 3, 2009

Time: 10 am

Location: Winona County Historical Society

The Evolution of Ray-Finned Fish



We have more primitive living fossil fish in the Mississippi and Missouri Rivers than anywhere else in the world! Ray-finned fish are not only the biggest group of fish but contain over half of all the vertebrate species. Learn how they diverged, over 360 million years, into the many fish we know.

Presenter: Robert Sloan

Date: Tuesday, December 15, 2009

Time: 1 pm

Location: Winona County Historical Society



CLUB SCHEDULES

Mystery Readers Book Club

The Mystery Readers Book Club meets on the 4th Tuesday of every month, (**no meeting December**) at Callista Court. Members read any work by the author chosen for the month. To begin discussion one member gives a biographic summary of the author and information about his/her work.

Date: 4th Tuesday

November 24, 2009 – Author: John Lutz

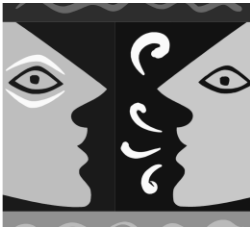
Time: 10:30 am

Location: Callista Court - 1455 West Broadway



Storytelling Group - Spinning a Yarn

The Storytelling Group has been meeting for three years. Parking is available in the driveway behind the Alumni House and the front door is handicap assessable. New members are welcome to come and listen or participate by telling a short story.



Dates: Wednesdays, November 18 and December 16, 2009

Time: 1 pm

Location: WSU Retiree Center,
1st floor of the WSU Alumni House, corner of Wabasha & Winona Streets

Learning Club Calendar of Events – November – December, 2009

Date	Event	Location	Time
<i>November</i>			
3 - Tuesday	The Decline & Fall of the Roman Empire Session I	Winona County Historical Society	1 pm
5 - Thursday	The Decline & Fall of the Roman Empire Session II	Winona County Historical Society	1 pm
10 - Tuesday	Empire in the Clouds: The Incas of Peru	Winona County Historical Society	10 am
12 - Thursday	Red Wing Correctional Facility	Winona County Historical Society	10 am
17 - Tuesday	Occupational Therapy & Home Health Aides	Winona County Historical Society	10 am
18 - Wednesday	Storytelling	WSU Retiree Center, 7 th & Winona	1 pm
19 - Thursday	Discovering South America: Chile, Argentina, and Brazil	Winona County Historical Society	10 am
20 - Friday	National Issues Forum	St. Mary's 1303 W. Broadway	8 am
24 - Tuesday	Mystery Readers: Author John Lutz	Callista Court, 1455 W Broadway	10:30 am
<i>December</i>			
2 - Wednesday	Medicare D - Prescription Drugs	Winona Friendship Center	11 am
3 - Thursday	Humor and Aging	Winona County Historical Society	10 am
15 - Tuesday	Evolution of Ray-Finned Fish	Winona County Historical Society	1 pm
16 - Wednesday	Storytelling	WSU Retiree Center, 7 th & Winona	1 pm



The Learning Club
Winona State University
Retiree Center
PO Box 5838
Winona, MN 55987