

LEARNING DISABILITY/ADHD ASSESSMENTS AND RESOURCES

The following are local resources for LD/ADD assessments:

Hiawatha Valley Mental Health Center

166 Main Street
Winona, MN 55987
507-454-4341
www.hvmhc.org

Gundersen Lutheran

1900 South Avenue
La Crosse, WI 54601
608-782-7300
www.gundersenclinic.com

The Reading Center

847 5th Street NW
Rochester, MN 55901
507-288-5271
www.thereadingcenter.org
Read@TheReadingCenter.org

Mayo Clinic

200 First Street SW
Rochester, MN 55905
507-266-5100
www.mayoclinic.com

Another option would be to contact a provider in your home area.

We suggest that you contact your insurance company before scheduling the evaluation. Ask if educational testing for a learning disability, ADD, or ADHD is covered.

If you do not have insurance coverage, you may want to look into the Hiawatha Valley Mental Health Center. Learning disability diagnoses are approximately \$1,000. They require \$500 down and then can set up a payment plan for the rest. They do accept MinnesotaCare, which covers all of the costs. If you do not have insurance, they can refer you to Social Services to see if you qualify for Minnesota Care.

You may also wish to contact Rehabilitation Services or the Work Force Center in your county. In Winona, the phone number is 507-453-2941.

Once you submit documentation of a disability to our office, you may be eligible for academic accommodations. Please send or bring a copy of your documentation to Access Services, located in Maxwell Hall 314.

Access Services

Phone: 507-457-5878

Fax: 507-457-2957

Email: access@winona.edu

www.winona.edu/disabilityservices

Other resources for students:

WSU Health Services

Integrated Wellness Center 224
Winona, MN 55987
507-457-5160
www.winona.edu/healthservices

Lisa King

1247 Dayton Ave.
St. Paul, MN 55104
612-730-1806
Lisa@collegeautismspectrum.com
www.collegeautismspectrum.com

Dr. Gary Johnson

Loring Family C.A.L.M.
Clinic for Attention Learning & Memory
430 Oak Grove Suite 414
Minneapolis, MN 55403
612-872-9072
<http://calm.us>

A.D.A.M., Inc

Attention Deficit Awareness of MN
P.O. Box 6233
St. Cloud, MN 56302
adaminc@charter.net
www.adaminc.org

Books:

- **Coaching College Students with AD/HD: Issues and Answers**
Patricia O. Quinn, M.D., Nancy A. Ratey, MCC, & Theresa L. Maitland, Ph. D,
Advantage Books, 2000, ISBN: 0966036670 \$12.95

- **Delivered from Distraction: Getting the Most out of Life with Attention Deficit Disorder**
Edward M. Hallowell, M.D., & John J. Ratey, M.D.
Ballantine Books, 2006, ISBN: 0-345-44231-8 \$15.00

- **Unlocking Potential: College and Other Choices for People With LD and AD/HD**
Juliana M. Taymans, Woodbine House; 2000, ISBN: 0933149948 \$19.87

WSU Counseling Center

Integrated Wellness Center 222
Winona, MN 55987
507-457-5330
www.winona.edu/counselingcenter

Nancy Harms

Personal Coach
Winona, MN 55987
507-450-6333
nancyharms@hbc.com
www.nancyharmspersonalcoach.com

WSU Tutoring Services

Krueger Library 220
Winona, MN 55987
507-457-5680
jquandt@winona.edu

ADHD Information Line

5354 Parkdale Drive Suite 200
St. Louis Park, MN 55416
952-922-8374
www.ldaminnnesota.org
info@ldaminnnesota.org