Work Values:

What is important to you in a career? What do you value? What do you believe in?
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________

➤ Check the career values that are most important to you from the list below

___ Working with people
___ Rapid advancement
___ Job security
___ Working with things
___ Routine activity
___ High salary
___ Independence
___ Creativity
___ Power
___ Flexible work schedule
___ See results of work
___ Travel with work
___ Prestigious title
___ Routine schedule
___ Being a team member
___ Working hands on
___ Problem solving
___ Ability to structure one’s work
___ Work outdoors
___ Freedom to express ideas
___ Improve others’ quality of life
___ Clearly defined tasks

Once you have a clear picture of what you really value (be honest), it will be easier to identify careers that offer those values. If you have a position that conflicts with your values, you will not be happy and generally will enjoy less success in that position over the long term.

➤ Other Self-Assessments for Work Values:

(1) Work Values Inventory: Available at http://people.usd.edu/~bwjames/tut/time/workinv.html
This assessment rank orders your work values based on 45 questions.

(2) Work Values Inventory Work Sheet and Work “Story”: Available at www.rop.santacruz.k12.ca.us/resources/career_planning/step1tool1.pdf
Although these sites will not suggest specific occupations that match your work values, you can identify occupations that have characteristics which fit your values by reviewing occupational descriptions at resources such as the Occupational Outlook Handbook (http://www.bls.gov/oco/) or the FOCUS 2 computer guidance program (see link titled: “I need additional assistance”)