

Dawnette Leigh Cigrand

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DEGREES

- Ph.D.** **Counselor Education**, December 2011
Minor: Special Education
The University of Iowa, Iowa City, Iowa (CACREP Accredited)
Dissertation Co-chairs: Dr. Nicholas Colangelo, Dr. Tarrell Awe Agahe Portman
Minor Advisor: Dr. Gary Sasso
- Dissertation Topic: School Counselors' Use of the Combination Social Stories and Video Modeling Interventions for Social Development of Students Diagnosed with Autism Spectrum Disorders: A Qualitative Criticism
- M.E. Thesis: A Survey of School Counselors In Iowa:
Current Roles with Students With Autism Spectrum Disorders
(Successfully defended, December 2008)
- M.A.** **School Counseling**, May 2000
The University of Iowa, Iowa City, Iowa (CACREP Accredited)
- B.A.** **English and Education**, June 1992
Cornell College, Mt. Vernon, Iowa

PROFESSIONAL OVERVIEW

Department Chair, Counselor Education Department, Winona State University, 2018 to present
Professor, 2020 – present; Associate Professor (2015-2020), Assistant Professor (2010-2015)
CACREP Liaison, Winona State University, 2014-present
School Counselor, Monticello Community Schools, Monticello, IA, 1998-2008
English Teacher, Olin ISD, Olin, IA, 1996-1998; Seymour ISD, Seymour, IA, 1994-1996

RESEARCH AGENDA

To illuminate the role of the school counselor in school systems in regard to leadership, collaboration, advocacy, policy, and procedure.

To better understand the experience of immigrants so that counselors can respond to their mental health needs in meaningful ways.

To identify ways authentic learning experiences impact the development of counselors-in-training.

UNIVERSITY TEACHING EXPERIENCE

Winona State University, Counselor Education, Winona, Minnesota

Department Chair, Fall 2018 - present
Professor, Fall 2020 to present
CACREP Liaison, Fall 2012 - present
Associate Professor, Fall 2015 – Fall 2020
Assistant Professor, Fall 2010 - Fall 2015
School Counseling Program Chair, Fall 2010 - Fall 2018

Designed and delivered syllabi, schedules, and curricula for the following courses:

CE 601 Foundations of Counseling
CE 615 Group Counseling
CE 620 Tests and Measurement
CE 621 Research Design
CE 633 Ethics and Social Change
CE 635 Orientation to School Counseling
CE 645 School Counseling Practice
CE 680 Practicum
CE 690 Internship
CE 695 Capstone
CE 699 Thesis
EL 201 Career Explorations

University of Iowa, Counseling, Rehabilitation and Student Development, Iowa City, Iowa

Designed and delivered syllabi, schedules, and curricula for the following courses as Instructor:

7C:119 Family Issues in Giftedness; Summer 2010
7C:125 Counseling/Psychological Needs of the Gifted, Spring 2014
7C:222 Counseling Children and Adolescents; Spring 2009
7C:221 Theories of Counseling and Development Across the Lifespan; Fall 2008
7C:270 Issues and Ethics in Counseling; Fall 2008

Kirkwood Community College, Department of Social Sciences, JREC Campus, Monticello, Iowa

Instructor SDV:160 Career Decision Making; Spring 2010
Instructor PSY:111 Introduction to Psychology; Fall 2008, Fall 2009, Spring 2010

MAJOR PUBLICATIONS

Cigrand, D., Fawcett, M., Miyakuni, R., Arredondo, P. & Onderak, G. (In press). A phenomenological study of perseverance and resilience through the migration journey. *Journal of Counseling and Development*, 99(4).

Cigrand, D., Binkley, E. & Henderson, D. (2022). School Counseling. In R.R. Cottone, V.M. Tarvydas, & M.T. Hartley (Eds.), *Ethics and Decision Making in Counseling and Psychotherapy, 5th edition* (pp.161-194). Springer Publishing.

MAJOR PUBLICATIONS (continued)

Cigrand, D., Beck, M., & Lane, E., (2022). Professional Settings. In S.K.Butler, A. Locke, & J.M. Filmore, (Eds.), *An Introduction to 21st Century Counseling: A Multicultural & Social Justice Approach*. San Diego, CA: Cognella Publishing.

Wachter, S. & **Cigrand, D.** (2019). Professional perspectives on mindfulness in mental health practice. *Wisconsin Counseling Journal*.

Cigrand, D. (2019). How can we work across the road if we aren't included? In T.A.A. Portman, C. Wood, and H. Fye, (Eds.), *Critical Incidents in School Counseling 3rd edition*, (pp. 265-271). Alexandria, VA: American Counseling Association.

Cigrand, D., Havlik, S. G. Malott, K. M., & Jones, S. G. (2015). School counselors united in professional advocacy: A systems model. *Journal of School Counseling*, 13(8). Retrieved from <http://www.jsc.montana.edu/articles/v13n8.pdf>

Eaton, C., Osgood, A., **Cigrand, D.**, and Dunbar, A. (2015). Faculty perceptions of support to do their job well. *Insight: A Journal of Scholarly Teaching*, 10.

Cigrand, D., Wood, S.M., & Duys, D. (2014). School counseling site supervisors' use of solution-focused supervision tenets and techniques. *Journal of School Counseling*, 12(15), retrieved from <http://jsc.montana.edu/articles/v12n15.pdf>.

Cigrand, D. and Wood, S. (2011). School counseling and solution-focused site supervision: A theoretical application and case example. *The Journal of School Counseling*, 9(6), retrieved from <http://www.jsc.montana.edu/articles/v9n6.pdf>

Wood, S.W., Portman, T., **Cigrand, D.**, and Colangelo, N. (2010). School counselors' perceptions and practices with gifted students and acceleration. *Gifted Child Quarterly*, 54(3), 168-178.

OTHER PUBLICATIONS AND PROFESSIONAL REPORTS

American School Counselor Association (ASCA) Position Statements (created on behalf of ASCA by a committee of no more than 12 members):

Lead Author:

- 2020-2021 - The School Counselor and School Counseling Supervision
- 2020-2021 - The School Counselor and Peer Helping
- 2018-2019 - The School Counselor and Corporal Punishment
- 2018-2019 - The School Counselor and Discipline
- 2017-2018 - Test Preparation Programs
- 2017-2018 - Prevention of Sexually Transmitted Infections 2016-2017 - High Stakes Testing
- 2015-2016 - Students with Disabilities

Contributing Member:

- 2020-2021 - The School Counselor and Annual Performance Appraisal
- 2020-2021 - The School Counseling and Child Abuse
- 2020-2021 - The School Counselor and Credentialing
- 2020-2021 - The School Counseling and Cultural Diversity
- 2020-2021 - The School Counselor and Multi-tiered Systems of Support
- 2020-2021 - The School Counselor and Student Recruitment
- 2020-2021 - The School Counselor and Anti-Racist Practices

OTHER PUBLICATIONS AND PROFESSIONAL REPORTS (continued)

ASCA Position Statements Committee Contributions (continued)

2018-2019 - Gifted and Talented Student Programs
2018-2019 - Use of Support Staff in School Counseling Programs
2018-2019 - Working with Students Experiencing Issues Surrounding Undocumented Status
2018-2019 - Safe Schools and Crisis Response
2017-2018 - Children Experiencing Homelessness
2017-2018 - Use of Non-School Counseling Credentialed Personnel in Implementing
Comprehensive School Counseling Programs
2015-2016 - Prevention of School-Related Gun Violence
2015-2016 - School Family Community Partnerships
2015-2016 - Retention, Social Promotion, and Age-Appropriate Placement
2015-2016 - Academic Development

Cigrand, D., Bierma, J., & Braun, B. (2016). Minnesota School Counselor Evaluation Tool. Minnesota Department of Education. <https://www.mnschoolcounselors.org/wp-content/uploads/2017/03/MinnesotaSchoolCounselorEvaluationTool-sm1.pdf>

Cigrand, D. (2012, June 20). School counselors are on the front lines of suicide prevention. Rochester Post Bulletin, retrieved from <http://postbulletin.com/news/stories/display.php?id=1500215a>

Cigrand, D. (2009). Through time and interdependence: The development of a social justice advocate. Association for Counselor Education and Supervision (ACES) Social Justice Storytelling Project. ACES website.

Cigrand, D. (2009). Legal issues in career counseling. In *The American Counseling Association Encyclopedia of Counseling*. Alexandria, VA: American Counseling Association.

Minnesota Department of Education College and Career Readiness Resource Guide. (2018). Work Group Member. See CCR Resource Guide: <https://education.mn.gov/MDE/dse/ccs>

Winona State Counselor Education CACREP Self-Study (2016) and Interim Report (2017).

ADDITIONAL RESEARCH ACTIVITY

**Winona State University, Winona, MN
Counselor Education
January 2012 – present**

Studies recently completed or currently being conducted:

- A Qualitative Study: How does talking with and listening to migration experiences of immigrants impact white counselors' perception of multicultural counseling competence and self-efficacy? (study completed; manuscript in progress)
- Essential Components of School-Based Mental Health Services: School Counselor Perceptions & Experiences (study completed; manuscript in progress)

ADDITIONAL RESEARCH ACTIVITY (continued)

- Using Authentic Practice in Interprofessional Collaboration Development: A Pedagogical Paragon (study completed; manuscript in progress)

- Authentic Practice to Develop Research Competencies: The Way Winona Works Project (funded study completed; manuscript in progress)

The Way Winona Works Project was part of a traveling Smithsonian exhibit and involved immigrant populations, interpreters, and grant funding.

**Belin-Blank Honors Center, The University of Iowa, Iowa City, IA
Fall 2008-Summer 2010**

Advanced Research Assistant– (worked under the direction of Dr. Nicholas Colangelo)

Dr. Colangelo was founder and director of the Belin-Blank Center for Gifted Talent Development (BBC). This position was one of the most competitive and prestigious in the College of Education and affords the opportunity to work alongside this prominent faculty member on a major national study of acceleration and various BBC programs.

- Collaborated with professors on studies on Acceleration and the Davidson Institute to create research questions and surveys, and investigate current related literature
- Utilized SPSS to create data sets and Websurveyor to create survey instruments
- Scored assessments for statistical analysis
- Document success of Honors students and their current success in the program
- Assisted administrator of the Belin Fellowship program for teachers to develop literature base
- Coordinated and supervised a VIP program with gifted high school students and Masters'-level school counseling students to provide career assessments and career guidance
- Organized practicum student placements with gifted programs
- Created and maintained pages on Iowa Courses Online (ICON) web course management system for several online courses
- Gathered research literature for several projects and courses
- Facilitated seminar sessions and activities for first year International students (China Scholars program) and minority students (Iowa Talent Project) attending The University of Iowa

**Cornell College, Mt. Vernon, Iowa
Fall 1991**

Research Assistant - Physical Education Department

- Independently researched the History of Cornell Women's Athletics, which led to the induction of the first female Sports Hall of Fame member at Cornell College.

PRESENTATIONS

Fawcett, M., & Cigrand, D. (2021). White counselors' multicultural self-efficacy in working with immigrants and refugees in the United States. Association for Counselor Education and Supervision (ACES), Atlanta, GA.

Cigrand, D., & Fawcett, M. (2019). From Problem to Pride: Embracing the Role of Department Chair. Association for Counselor Education and Supervision (ACES), Seattle, Washington.

- Cigrand, D.,** Berger, C., & Ohrtman, M. (2019). *Collaborating with School-Based Mental Health Services*. Minnesota School Counselor Association (MSCA), St. Paul, Minnesota
- Cigrand, D.** (2018). Video Modeling Strategies: Reach More Students, Save Time. American School Counselor Association (ASCA), Los Angeles, CA.
- Cigrand, D.** & Langworthy, A. (2018). A Homegrown Workforce: Expanding Awareness of Rural Career Pathways. Minnesota School Counselor Association (MSCA), Brainerd, Minnesota.
- Cigrand, D.** & Langworthy, A. (2017). A Homegrown Workforce: Expanding Awareness of Rural Career Pathways. Minnesota Rural Educators Association (MREA), Brainerd, Minnesota.
- Cigrand, D.,** Fye, H., Saner, R. & Baltrinic, B. (2016). Using Cooperative and Team-Based Instructional Strategies in the Counselor Education Classroom. North Central Association for Counselor Education and Supervision (NCACES), Minneapolis, MN.
- Cigrand, D.** (2015). *Impactful School Counseling: After Ferguson and Baltimore*. Minnesota School Counselor Association (MSCA) Spring Conference. Presidential Address. Brainerd, Minnesota.
- Cigrand, D.** (2015). *Accountability: Professionalism with Data*. Southwest Minnesota School Counselor Association (SWMSCA) Spring Conference. Invited keynote presenter. New Ulm, Minnesota.
- Havlik, S., Jones, S.G. and **Cigrand, D.** (2014). *Standing Strong When Times are Hard: School Counselor Advocacy and Leadership in an Age of Budget Cuts*. American School Counselor Association (ASCA), Orlando, Florida.
- Cigrand, D.** (2013). *Training Students in Research, Theory, and Practice: An Integrated Model for Student Learning and Faculty Achievement*. Association for Counselor Education and Supervision (ACES), Denver, Colorado.
- Cigrand, D.** (2013). *Collaborating to Learn: Preparing School Counseling Students for Multidisciplinary Teams through Cross-curricular Activities with Pre-Service Special Education Teachers*. Association for Counselor Education and Supervision (ACES), Denver, Colorado.
- Johnson, V. Bjornestad, A., **Cigrand, D.,** Fawcett, M., and Hittner, J. (2013). *Innovative Counselor Education Screening Techniques*. Association for Counselor Education and Supervision (ACES), Denver, Colorado.

PRESENTATIONS (continued)

- Cigrand, D.** and Finch-Mitchell, J. (2013). *Implementing the ASCA National Model: Ideas and Innovations*. Minnesota School Counselor Association (MSCA), Brainerd, Minnesota.
- Cigrand, D.** (2012). *Meeting Professional Standards for Program Development through Curriculum Mapping*. North Central Association for Counselor Education and Supervision (NCACES), Kansas City, Missouri.
- Johnson, V., Bjornestad, A., **Cigrand, D.,** Hittner, J., and Fawcett, M. (2012). *Innovative Screening*

Techniques. North Central Association for Counselor Education and Supervision (NCACES), Kansas City, Missouri, Association for Counselor Education and Supervision (ACES), Nashville, Tennessee.

Cigrand, D. (2011). *Evidenced-based practices for School Counselors' Work with Students with Autism Spectrum Disorders*. Southeast Minnesota School Counselor Association Conference (SEMSCA), Winona, Minnesota.

Cigrand, D. (2010). *Transformational Research: A Social Justice Imperative*. North Central Association for Counselor Education and Supervision (NCACES), Itasca, Illinois.

Cigrand, D. (2010). *Evidenced-based practices for School Counselors' Work with Students with Autism Spectrum Disorders*. Iowa School Counselor Association (ISCA) Conference, Des Moines, Iowa.

Cigrand, D. and Greenleaf, A. (2009). *Recognizing Ego Depletion in Ourselves and Its Relational Effects*. Association for Counselor Education and Supervision (ACES), San Diego, California.

Cigrand, D. and Goldsmith, S. (2009). *Meaningful Mentoring: Rejuvenating Relationships and Career Aspirations*. Association for Counselor Education and Supervision (ACES), San Diego, California.

Cigrand, D., and Wood, S. (2009). *School Counselors' Perceptions of Acceleration: An Exploratory Study*. National Association for Gifted Children (NAGC). St. Louis, Missouri.

Cigrand, D. (2008). *Supporting the Spectrum: Preparing Counselors to Work with Individuals with Autism*. North Central Association for Counselor Education and Supervision (NCACES), Indianapolis, Indiana.

Cigrand, D. (2008). *Strong Objectivity and the School Counselor: Creating Advocacy for Students with Disabilities*. North Central Association for Counselor Education and Supervision (NCACES), Indianapolis, Indiana.

Wood, S.W. and **Cigrand, D.** (2008). *Embracing Site Supervision: Enhancing School Counselors' Supervision Skills through a Solution-focused Paradigm*. North Central Association for Counselor Education and Supervision (NCACES), Indianapolis, Indiana.

Colangelo, C., Portman, T., and **Cigrand, D.** (2008). *The School Counselor and Acceleration of Gifted Students*. Iowa Talented and Gifted (ITAG) Conference, Iowa City, Iowa.

Cigrand, D. and Wood, S.W. (2007). *Strengthening our bases: Applying solution-focused principles to the supervision of school counseling interns*. Presented at the Area Education Agency 10 Counselors' Conference, March 2007. Also accepted for presentation at the Iowa School Counselor's Association Annual Conference in Des Moines, Iowa, November 2007.

INVITED TRAINING FACILITATION

What is Trauma-Informed Practice? An Overview for School Settings. Presented with Dr. Rieko Miyakuni and Jen Rynes to Bluffview Montessori School, Winona, MN, October, 2021.

System-wide responses to behavior: Trauma-sensitive approaches. Presented to Bluffview Montessori School, Winona, MN, October, 2021.

Ethics in the Workplace, Austin Public Schools Student Services, Austin, MN, April 2019.

Responding to Student Anxiety in the Classroom: A Positivist Approach, Stewartville School District In-Service, Stewartville, MN, January 2019.

Mission and Vision Development, Educational Studies Department, Winona State University, Winona, MN, November 2018.

Meeting the Needs of Students with Disabilities: Facilitating 504 Plans, Waterville-Elysian-Morristown All District In-Service, Waterville, MN, August 2018.

Ethical Practice in the Mental Health Workplace, Advanced, Hiawatha Valley Mental Health Center, March 2017, Winona, MN.

Ethical Practice in the Mental Health Workplace, Hiawatha Valley Mental Health Center, March 2016, Winona, MN.

Holmen School Counseling Program Audit, in collaboration with the Wisconsin Department of Public Instruction (DPI), Holmen, WI, October – December, 2015.

Ethics in the Workplace, Workforce Development, Inc., Rochester, MN, August 2015.

GRANTS

Calhoun, A.V., **Cigrand, D.**, and Richards, C. (2021). *Winona State University Special Projects Grant (\$7590)*. Growing school counselor group competencies: Through cultural conversations and collaborative curriculum development. Winona State University, Winona, MN.

Cigrand, D. (2017). *Winona State University Special Projects Grant (\$6147)*. Professional Learning Communities Regional Collaboration. Winona State University, Winona, MN.

Schmidt, C., **Cigrand, D.**, and Ramsdell, B. (2015). *Winona State University Special Projects Grant (\$4000)*. Cognitive Coaching Workshops. Winona State University, Winona, MN.

Cigrand, D., and Bjornestad, A. (2013). Bush Innovation in Education grant. *Institute for Educational Innovation funding proposal. (\$16,000)*. Winona State University Department of Education and the Bush Foundation.

Cigrand, D., Alsaker, E., Dunbar, A. M., Johnson, V., Lindaman, K., & Wood, A. (2012). Interfaculty Organization Feminist Issues Committee Grant. *Written for the WSU Feminist Issues Committee (\$3000)*. Interfaculty Organization, St. Paul, MN.

GRANTS (continued)

Cigrand, D. (2012). American Democracy Project Curriculum Grant. *The Way Winona Works Course Research Study (\$1500)*. Winona, MN.

Cigrand, D. (2012). Center for Engaged Teaching and Scholarship Curriculum Grant. *The Way Winona Works Course Research Study (\$1500)*. Winona State University.

Cigrand, D. (2008). Disney Minnie Grant for the Global Youth Service Project. *Written for the Monticello Youth Asset Project (\$500)*. Youth Service America, Washington, DC.

Cigrand, D. & Stamm, S. (1998). Iowa's Technology Grant, Olin Consolidated Independent School, Olin, Iowa (\$10,000). Iowa Department of Education, Des Moines, IA.

COUNSELING AND SUPERVISION EXPERIENCE

University Supervisor, Counselor Education, Winona State University, Winona, MN

- Conducted university supervision for several sections of CE: 680: Practicum and CE: 690 Internship from 2010 to present
- Utilized Interpersonal Process Recall (IPR) and Reflective Teaming supervision approaches.
- Consulted with site supervisors in school and clinical mental health settings to enhance on-site supervision practices through sharing of evidenced-based strategies.

Doctoral Counseling Intern, Counselor Education, The University of Iowa, Iowa City, Iowa

Internship Placement: Cornell College Counseling Center, Mt. Vernon, Iowa Spring 2009

***Special Project, Cornell College Disability Advocacy Project*

- Led individual counseling sessions with college students on a variety of academic and personal/social issues
- Created and documented treatment plans and notes for counseling sessions
- Participated in college screenings for substance use, eating disorders and stress
- Presented information on Holistic Wellness to students in residence halls
- Collaborated with Dean of Students, Dean of Faculty, Registrar, Director of Counseling and Institutional Research to complete a disabilities advocacy project
- Conducted interviews with faculty, staff and students regarding disability services
- Worked with Institutional Research Department to create a survey instrument to assess the needs of Cornell students regarding disability services
- Entered survey results into the SNAP survey tool and cleaned data to create a data set for analysis in SPSS; then analyzed data using SPSS.
- Developed and presented recommendations to Cornell College's committee on Disability Issues

COUNSELING AND SUPERVISION EXPERIENCE (continued)

Practicum Supervisor, 7C: 300 Practicum in School Counseling; Counseling, Rehabilitation and Student Development Department, University of Iowa, College of Education, Summer 2007, 2008

- Modeled individual and group counseling skills in gifted and talented student groups
- Led supervision sessions with Masters' students on individual counselor development using reflective teaming supervision methods
- Collaborated with University professors to evaluate Masters' students and a new counselor training program

School Counselor, Monticello Community Schools, Monticello, Iowa, August 1998 – 2008

- Led individual, group and crisis counseling sessions for students with a variety of academic, behavior and personal/social concerns

- Facilitated Child Study Team meetings, IEP and 504 meetings
- Developed and delivered guidance curriculum aligned with the American School Counselor's Association (ASCA) standards on topics such as drug prevention, harassment, social skills, coping skills and study skills to elementary students
- Coordinated testing services for building-wide assessments and English Language Learners
- Established and maintained community partnerships such as the Mentor program and the Jones County Family Resource Association
- Directed curriculum mapping process to improve district curricular alignment

Site Supervisor, University of Iowa, 2004 – 2007

- Supervised practicum and internship experiences of Master-level counselors-in-training as a school counselor in Monticello Community Schools
- Attended workshop for site supervisors
- Collaborated with University faculty on the development of counselors-in-training
- Evaluated internship supervisees using University evaluation tool

Treatment Counselor, Tanager Place, Cedar Rapids, Iowa, February 1991 – 1993

- Designed and implemented treatment plans for high school youth with behavior disorders and/or juvenile court system history
- Directed family and individual goal-setting sessions
- Co-facilitated group counseling sessions covering issues such as self-esteem, problem solving, alcohol/drug use, and sexual, mental and physical abuse

Recreational Therapy Assistant, Wyalusing Academy, Prairie Du Chien, WI, Summers, 1989, 1990

INVITED GUEST LECTURES

PSY: 468 Seminar in Psychology: The Neurobiology of Autism Spectrum Disorders, Winona State University, April 2015. *Topic: Supporting the Spectrum: Working with Students with Autism Spectrum Disorders in Schools*

EL: 654 Context of School Leadership, Winona State University, March 2013
Topic: Maximizing School Counselor Support in K-12 Schools

Focus Group Session, Educational Leadership, Winona State University, April 2013
Topic: Researching in Schools

EDU: 483 – Senior Seminar, Education Department, Cornell College, May 2009
Topic: Social-emotional Issues in Elementary and Secondary Schools

EDU: 230 – The Exceptional Learner, Education Department, Cornell College, April 2009
Topic: Autism Spectrum Disorders: What Teachers Need to Know

7C: 200 The Professional School Counselor, and 7C: 230 Program Leadership and Management, Counseling, Rehabilitation and Student Development, University of Iowa College of Education, Fall 2007 *Topic: Ethical Dilemmas in the School Counseling Profession*

7C: 199 Counseling for Related Professions, University of Iowa College of Education, Fall 2007 *Topic: Counseling Children and Adolescents*

7C: 300 – Practicum in School Counseling, University of Iowa College of Education, Summer 2007 *Topic: Instructional Decision-Making Model for Special Education Identification in Iowa*

PROFESSIONAL SERVICE AND LEADERSHIP

National

Association for Counselor Education and Supervision (ACES)

- *Ethics Interest Network Chair, May 2014 - July 2019*
- *ACES Supervision Ethics Task Force member, August 2018 to present*

American School Counselor Association (ASCA)

- *Positions Statement Committee Chair, 2019 - present*
- *Positions Statements Committee Assistant Chair, 2017-2019*
- *Committee member, 2015-present*

State/Region

Minnesota Department of Education

- *College and Career Readiness Advisory Group, January 2018 - present*
- *Student Discipline Work group (Governor appointed) – 2016-2017*

PROFESSIONAL SERVICE AND LEADERSHIP (continued)

Minnesota School Counselor Association, 2012-2017

- *Past- President, July 2016-July 2017*
- *President, July 2015-July 2016*
- *President-Elect, July 2014-July 2015*
- *Board member, June 2012-2014*

Southeast Minnesota School Counselor's Association, 2011- present

- *President-Elect, 2011-2012*
- *President, 2012-2014*
- *Post-Secondary Chair, 2012-2018*
- *Ethics Chair, 2018 – present*

Public Education Licensure State Board (PELSBE)

- *Site Reviewer, slated for February 2020*
- *School Counselor License Consultant, February 2017 - present*

Advocate, Autism Society of America Chapters in Iowa, to share support services school counselors can provide. Fall 2010-present.

Selection Committee, R.E.A.C.H. program, University of Iowa, Fall 2008 – Fall 2010

Outreach worker, Federal Emergency Management Agency, providing counseling and information to families affected by flooding and natural disasters in Iowa, Summer 2008 – Summer 2009

Team Member, Grant Wood Area Education Agency Crisis Intervention Stress Management (CISM) team, January 2007 – Fall 2011

Monticello Elementary School Representative, Monticello Asset Project for community-based support of youth development, Fall 2005 – May 2008

Monticello Elementary School Representative, Monticello Mobilizing for Change on Alcohol (MMCA), a subsidiary of the Jones County Youth Alcohol Reduction Grant Project, August 2004 – May 2008

Member, National T.T.T. Society, a philanthropic women's organization that mentors girls in poverty and supports camperships and scholarships for these girls, Fall 2000 – 2009

Monticello Schools' District Representative, Jones County Family Resource Association Advisory Council, April 2003 – 2005

Grant Reviewer, Community Review Panel, Iowa Woman's Foundation, Iowa City, Iowa, 1997

University

Long-Range Planning Committee, *Member*, Winona State University, 2016-present

Director, Center for Collaboration, Partnership and Professional Development. Winona State University College of Education. Fall 2015-Summer 2018.

- Directed WSU College for Kids
- Facilitated Professional Learning Communities Collaboration with Winona Area Public School and other professional development programming to B-12 schools
- Region 10 IHE Collaborative member

Feminist Issues Committee, Winona State University, Fall 2010 – August 2014

- *Chair*, April 2012-August 2014
- *Committee Member*, Fall 2010-2014

Learning and Community Engagement Committee, *Member*, Winona State University, 2010-2015

Curriculum Mapping Project Facilitator. Winona State University, Counselor Education program.

Search Committee Work, Winona State University, College of Education

- *Search Committee Member*, IFO, Spring 2022
- *Chair for 2 IFO searches*, Spring 2019
- *Search Committee member*, OAS, Spring 2019
- *Co-Chair for IFO search*, Spring 2012.

EXPERIENCE TEACHING AND COACHING IN K-12 SCHOOLS

Current Iowa Teaching Licenses: K-12 Counselor, 7-12 English, K-12 Athletic Coach

English Teacher, Olin High School, Olin, Iowa, August 1996-1998

English Teacher, Seymour High School, Seymour, Iowa, August 1994-1996

Head Varsity Volleyball Coach, Seymour, Olin and Monticello Schools, August 1994 – 2003

- Overall Varsity Volleyball Coaching record 110-117-30; in 2003 - 27-8
- Conference Champions 2003, 1995
- District Champions and Regional Semi-Finalists, 1995

ADDITIONAL TRAINING AND SKILLS

Race Matters Employee Discussion Series. Winona State University, Fall 2021.

Introduction to Play Therapy Workshop (Summer 2021). Winona State University, Winona, MN.

Humanizing Your Course (Fall 2020). Minnesota State College and Universities, Online Short Course.

ADDITIONAL TRAINING AND SKILLS (continued)

Twice Exceptionality: Examined and Explained, Belin Blank Center Advanced Leadership Institute, Iowa City, Iowa, June 2009

Social Stories™ Training, Carol Gray, trainer; Illinois Department of Human Services Bureau of Early Intervention, Decatur, Illinois, June 2009

Mentor Academy (*Trained as a Mentor*), Grant Wood AEA, Cedar Rapids, Iowa, Fall 2006 - Winter 2008

Critical Incident Stress Management Training, Individual Crisis Intervention, Kirkwood Community College, Cedar Rapids, Iowa, September 2007

Critical Incident Stress Management Training, Group Crisis Intervention, Grant Wood AEA, Cedar Rapids, Iowa, November 2006

Crisis Prevention Intervention (CPI) Training, Grant Wood AEA CPI trainers, Anamosa Community Schools, Anamosa, Iowa, Spring 2003

HONORS AND AWARDS

MSCA President's Award, Minnesota School Counselor Association, May 2016.

Post-Secondary School Counselor of the Year, Minnesota School Counselor Association, May 2015

Post-Secondary School Counselor of the Year, Southeast Minnesota School Counselor Association, April 2015

Outstanding Leadership Award, Minnesota School Counselors Association, May 2013
For contributions to the school counseling profession and to the success of students at the highest levels.

Leadership Award, Southeast Minnesota School Counselor Association, Spring 2012

Albert Hood Promising Scholar Award, University of Iowa, Spring 2010
For academic performance, quality of dissertation proposal, and the likely impact of its' research on the field, as well as the student's service to the program and the University.

Outstanding Graduate Student, College of Education, The University of Iowa, Spring 2007, 2009

Emerging Leaders Fellow, Association for Counselor Education and Supervision (ACES) Conference in San Diego, California, October 2009

Chi Sigma Iota member, Rho Upsilon chapter of the international honor society for students, professional counselors and counselor educators, May 2009 - present

HONORS AND AWARDS (continued)

Iowa Governor's Meritorious Service Award, Granted by Gov. Tom Vilsack, July 2002

Beth Ellsworth Scholar, Cornell College, Mt. Vernon, Iowa, Spring 1991
From English faculty for demonstrating outstanding promise in the English teaching field.

Volleyball Honors, Cornell College, Mt. Vernon, Iowa. Fall 1988-1991

- All-Conference
- Most Valuable Player
- Record holder - career blocks attempted, career blocks completed
- Academic All-Conference
- Team Co-Captain

PROFESSIONAL MEMBERSHIPS

American School Counselor Association, March 2014-present
American Counseling Association (ACA), Fall 2007 - present
Association for Counselor Education and Supervision (ACES), Fall 2007- present
Minnesota School Counselor's Association (MSCA), 2011-present
Wisconsin School Counselor Association (WSCA), 2019 - 2021
Southeast Minnesota School Counselor Association (SEMSCA), 2011-present
Iowa School Counselor's Association (ISCA), 2004 - 2012
National Education Association (NEA), 1998 - 2008
Iowa State Education Association (ISEA), 1998 - 2008
Monticello Education Association (MEA), 1998 - 2008
MEA Instructional and Professional Development Co-Chair, 2004-2008.