By The Numbers [The Wellzine]
- 35 Volunteer Student Writers contributing 110 Articles.
- 15 Volunteer Student Photographers.
- 1 Graphic Designer contributing over 300 hours annually.
- 1 Student Editor contributing over 625 hours.
- Countless Departments, Faculty and Staff have been interviewed and quoted.
- Over 12,000 online impressions/views since Sept. 13’.
1 High quality health and wellness publication created by students for students.

Health & Wellness Advocates
- Over 50 applicants since 2010.
- 14 Active Advocates are trained and certified in peer education, first aid, CPR & more.
- Serve as resources for health & wellness information across campus.
- Over half serve in additional campus organizations as trained leaders & contributors.

Student 2 Student Health & Wellness Communicators
- Provide a deeper connection to specific health topics while closely relating to peers.

Student Health & Wellness Advisory Corps (SHAC)
- Act as a liaison between the WSU student body and Integrated Wellness to provide input and guidance on activities and services.

H&W&S Enriches Student Learning
- H&W&S over the past year had over 8 interns from various majors.
- H&W&S employs over 18 student workers from all backgrounds and majors.

By The Numbers [Health Promotion Programming]
- 1,800 Incoming Freshman offered orientation alcohol education.
- 24 Healthy Mondays, Wellness Wednesdays & Fit Stops.
- 1 Orientation (Alcohol Presentations & CHOICES classes).
- 22 Order In Programs (Requested programs from other departments/groups).
- 5 Special Events (Family Weekend 5K & Community Wellness Fair, etc).
- Graduate Assistant position is instrumental in the coordination of these programs.
  Totaling over 65 hours of high quality health education for students- Fall 2013.

Health & Wellness Services: Health Promotion AND Alcohol Programming
- 83 CHOICES classes since Fall 2012 with over 560 students attending due to alcohol policy violations.
- 27 E-Chug and 17 E-Toke meetings since Spring 2013.
- Conducts Fall Orientation through Guest Speakers and CHIOCES classes.
- Conducts annual survey of student alcohol use & attitudes at beginning of first year.
- Graduate Assistant position is instrumental in the coordination of these programs.

H&W&S maintains and nurtures numerous campus and community wide collaborations to strengthen programs and services offered. Further professional affiliations strengthens our outreach efforts. H&W&S was integral to the inaugural WSU Wellness Conference in 2013.

Health & Wellness Services AND Mental Health
- Counseling is only one element to comprehensive mental health care.
- Medical management of mental health appointments are one of the most scheduled and the longest appointment time offered by H&W&S.
- H&W&S has seen an average 12% increase in the number of scheduled medical management of mental health appointments annually.

Health & Wellness Services AND Sexual Health AND Gender Based Violence
- H&W&S clinical services continues to offer high quality Men’s & Women’s health exams and has expanded to offer Long Active Reversible Contraceptives.
- H&W&S clinic houses a Sexual Assault Nurse Examiner (SANE Nurse) available to students.
- H&W&S in collaboration with SVAC was awarded a $300,000 Department of Justice grant to address sexual assault, domestic violence, stalking and harassment on campus.
- H&W&S collaborates with SVAC to provide GBV programming and education including a Peer Advocate Help Line under the supervision of a graduate assistant.

Health & Wellness Services AND Appointment Scheduling
- Ask-A-Nurse Clinic Service continually improves patient flow and scheduling by assessing patients within two hours eliminating unnecessary appointments by suggesting self-care steps when appropriate.
- H&W&S Same Day Appointments continues to reserve a number of provider appointment slots for same day appointments at the request of students.
- Parkview Pharmacy, one of the few full service pharmacies on a campus of our size, continues to show growth but needs support from faculty and staff to sustain such a vital student service. To generate further support campus delivery will be implemented.

H&W&S AND Health Insurance: H&W&S bills insurance as a convenience for students and continues to offer Minnesota Family Planning Partnership enrollment options. H&W&S is coordinating numerous Health Insurance Enrollment educational sessions for students in collaboration with MNsure. H&W&S employs a full time Insurance Coordinator available to assist students.
To ensure H&WS continues to offer high quality programs and services, to empower students and work collaboratively across campus, specific areas of improvement need highlighting.

### Alcohol Programming
- Sustained funding for a graduate assistant expands ability to handle sanction required education (CHOICES classes, E-Chug, E-Toke, etc) in a highly quality impactful manner.
- Further GA responsibilities include coordinating incoming annual freshman alcohol survey, orientation alcohol programming, and expand special event programming surrounding alcohol use on campus.

### Wellzine Sustainability
- Sustained funding for student editor position attracts high quality applicants and leaders for the Wellzine thus ensuring the high caliber of production.
- Entirely voluntarily student produced health & wellness publication for and about students.

### Medical Management of Mental Health
- Continuous increase in student demand for services.
- Complex care coordination requires both elements of mental health care to function seamlessly.

### Parkview Pharmacy Sustainability
- Sustained support continues to offer a vital service to students on campus.
- Continue to make steady gains in pharmacy use and profitability in the coming years.
- Delivery of prescriptions across campus will garner support from Faculty and Staff.