Integrated Wellness Complex – Wellness Programs Graduate Assistant

Reports to: Coordinator of Integrated Wellness

Summary of Position

Winona State University’s Integrated Wellness Complex opened in September of 2010 and merges Recreation Services, Counseling Services, Health Services, Academics, and Athletics. This position reports to the Coordinator of Integrated Wellness and assists with the creation, implementation and evaluation of wellness programming. This Graduate Assistantship provides comprehensive, hands on, learning experiences that further enhance your professional development in Recreation Services and beyond. If you are looking to add to your portfolio and you enjoy working in a progressive, creative, and continuously evolving environment, this position may be for you. This position is essential to the continued strength and quality of programming at Winona State University. Submit letter of interest and resume to Adrian Shepard, Coordinator of Integrated Wellness at ashepard@winona.edu.

Responsibilities

- Coordinating wellness assessments and wellness coaching
- Creating and implement comprehensive wellness incentive program
- Assisting with development and implementation of campus wellness fair
- Facilitating of IWC student-advisory board
- Co-facilitating of Team Wellness
- Developing marketing plans and materials
- Assisting with assessment and evaluation of IWC programs and services
- Initiating regular communication with student organizations
- Collaborating with Bush Grant cohort experience
- Managing and update IWC web-site, including wellness portfolio
- Evening and weekend hours required
- Representing the Integrated Wellness Complex at various events
- Other responsibilities as necessary

About Winona State University

- The oldest member of the Minnesota State Colleges and Universities System, Winona State offers 80 undergraduate, pre-professional, licensure, graduate, and doctorate programs on its three campuses: the original Main Campus in Winona, the West Campus in Winona, and Winona State University-Rochester. Graduate programs include Sport Management, Outdoor Education/Adventure Based Leadership, Teacher Leadership, and more.

Qualifications

- Bachelor’s degree in Health Education, Health Promotion, Exercise Science, Recreation Administration, Physical Education or related field
- Related experience in program planning, implementation, and evaluation
- Strong written and verbal communication skills
- Knowledge of wellness trends
- Applicants must have a desire to work in the wellness field