

Intramural Fitness Class Schedule - Spring 2017



Monday

4pm: STRONG by ZUMBA with ELLERY
5pm: DANCE FITNESS with HANNAH
6pm: BUTT N GUT with HANNA
7pm: YOGA TONE with HAILEY

Tuesday

4pm: PILATES with ERIN
5pm: BUTT N GUT with MADI
6pm: INSANITY with MIKKI
7pm: YOGA with ELESE

Wednesday

4pm: YOGA with ELESE
5pm: PILATES with ERIN
6pm: BUTT N GUT with HANNA
7pm: ABS OF STEEL with BRITTANY

Thursday

4pm: ZUMBA with ELLERY
5pm: BUTT N GUT with MADI
6pm: INSANITY with MIKKI
7pm: ABS OF STEEL with BRITTANY



Friday

1pm: YOGA TONE with HAILEY
2pm: DANCE FITNESS with HANNAH



Saturday & Sunday

instructor and class will vary
Saturdays: 10am and 11am
Sundays: 4pm

Email Hanna with questions @ hbarritt12@winona.edu
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