WSU Retiree Center
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Interim Director: Jessica Kauphusman
Office Manager: Nancy Amann

WSU Retiree Center Mission
To support the mission of WSU and enrich the campus community as well as the lives of retired staff, faculty and administration by providing institutional connections between the University and retirees who may wish to continue their intellectual and social participation in collegial life and service to the University.

Parking Notice: Remember to pick up your 2014/2015 Retiree Parking Permits. Please stop by the Retiree Center office, 227 W. Wabasha St.

Advisory Board
Tim Hatfield
James Bromeland
Vicki Decker
Russ Dennison
Marilyn Ezdon
Gary Evans
Jim Hurley
Donna Heibie
Bea Hoffmann
Serena Holstad

Mary Joyce
Kevin Possin
Ann MacDonald
Rich MacDonald
Bill McBreen
Bill Meyer
Janet Ruggeberg
Diane Runkle
Donald Walski
Bonnie L. Woodford

WSU Homecoming 2014

Tim Hatfield and Bonnie Woodford greeted passengers aboard the Cal Fremling during Homecoming Week 2014.

Gloria and Randy Miller were among the 2014 Distinguished Faculty/Staff Award recipients.
What a spectacular fall we have enjoyed here in Winona this year! We've been blessed with unseasonably warm weather, and the colors have been breathtaking. We all know what comes next, don’t we? I dread winter with all my heart! Many of you lucky people will soon be heading to warmer climes, but Nancy and I will stay here and keep the home fires burning.

I do need to make you aware of a short-staffing situation we will be facing in November and December. Nancy will be out of the office from November 12-January 5, so I will be holding down the fort as best I can. I will be out of the office during the week of Thanksgiving and from December 15-January 5. We are hoping to have a student worker cover some of these hours. If we cannot find a student worker to cover, we will need to close the Retiree Center during those periods. I wanted to make sure you had plenty of notice...we just found out about all of this in the past couple weeks. I am very sorry for any inconvenience this may cause. I know many of you will be preoccupied with holidays and family at that time, so it may not cause a big disruption.

I am now in my 4th month on the job, and I'm happy to report that I am still loving it! It's been great working with the Advisory Board and all of the different committees this fall. I have learned a lot, and I feel that we have gotten a lot done. We have a great list of Senior U offerings coming up (see page 4), and we are currently working on our Grandparents University class line-up. If you have ideas for courses/instructors, we would love to hear them! We have awarded our first Retiree Center Scholarships to two very deserving students (see page 6), and we just had a wonderful Retiree Fall Reunion with a boat ride on the Cal Fremling and a delicious supper at the Alumni House. It's been a fabulous fall, and I'm keeping my fingers crossed for a mild winter! A girl can dream...

We look forward to seeing you soon – enjoy the newsletter!

Jessica Kauphusman
Interim Director, WSU Retiree Center

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**Upcoming Events**

**Seed Sovereignty – Who Owns the Seeds of the World, Bio-Piracy, Genetic Engineering, and Indigenous Peoples**

Environmental speaker Winona LaDuke takes her audiences on a ride that opens their minds to what is going on with the environment. She speaks on subjects such as the deterioration of Native American reservations and the devastation of the world’s rain forests.

November 17, 2014, 7:00 p.m.
East Hall, Kryzsko Commons

**CLASP Lecture Series**

*All meetings in Stark Auditorium, Wednesdays at 7:00pm.*

**Sustaining the Myth of the American Dream**

Jim Williams, PhD, Heather Williams-Williams, PhD
November 12, 2014

**Super Infections are Increasing: What Can You Do to Prevent Overuse of Antibiotics?**

Kathryn Lammers, PhD, Carol Marchant, PhD
November 19, 2014

**Socrates Cafe resumes in January**

January 22, 2015, 2:00-4:00 p.m. - Retiree Center

**SAVE THE DATE!**

**Retiree Winter Social**

Thursday, December 11, 2014, 2:00-4:00 p.m.
Carriage House Bed & Breakfast, 420 Main St.

Invitations will be coming soon!!

A winter poem by Bonnie Woodford’s grandson, Charlie (age 9), published in the 2014 *Young American Poetry Digest:*

**Winter Breeze**

The spiral of snow
Will come with a storm and
Less worries will come
Worried about your online identity? Feel alone in the world of computing?

Many retirees suddenly find themselves overwhelmed maintaining their computers and Internet accounts after leaving WSU. No longer having the backing of an entire IT department and a mandatory rotation of hardware leaves many people with lots of questions and feeling overwhelmed.

What can you do?

First, ask yourself how old your computer really is. Everyone is familiar with dog years. Seven to one isn’t a hard fast rule but it is a good approximation. Computer years are similar. My estimate: 20 : 1 … yes that is TWENTY to ONE. For every year you have owned your computer, multiply that by 20. That computer you bought last year has probably been to a few house parties already and isn’t your little kid any more. Computers in excess of 4-5 years old probably need to be replaced and NO they aren’t worth upgrading. Ever. They aren’t like us. They don’t get better with age!

Second, please make sure your antivirus application is reputable and up to date. There are many to choose from and not all are expensive; some are free. Read reviews and comparisons before choosing one and once installed make sure it is updating itself regularly. If it hasn’t downloaded new virus detection signatures in the past week there is probably something wrong. Make sure to take time and find a resource to get it fixed before booking that next vacation using your credit card!

Third, ask yourself when the last time was you backed up your important files. Pictures and videos of family and friends are not as easy to replace after your laptop falls into the bathtub! (This is based on a true story.) A trip to Walmart can get you back online and sending e-mail, but retrieval of those personal files could cost you thousands… if they are recoverable at all. Take time to back up your files at least monthly. Copy them to a CD/DVD. Copy them to an external USB device (and save elsewhere). Copy them to your Microsoft OneDrive or Google Drive to save them in the cloud. Whatever you do, please backup your files. Everything else can be replaced.

As the semester progresses I will be working with the Retiree Center to put on a round-table discussion or two. If there are topics that specifically interest you and would like help understanding, please let them know so we can customize them to your needs.

Tobias Schmidt
Data Security Officer
Winona State University
507 457 2214 – Tschmidt@winona.edu
Senior University

U.S. Supreme Court and the Constitution

Instructor: Matt Bosworth  
Date: Fridays; January 16, 23, 30 & February 6
Time: 2:30 - 4:30 p.m.

This course will provide an overview of the development of U.S. constitutional law from 1789 to present-day controversies, with a focus on the role of the U.S. Supreme Court. We will discuss Congress’s powers over the states and the people, the growth of Presidential power, and the evolution of the Bill of Rights and implicit rights with a primary emphasis on First Amendment rights and the right to privacy, with equal protection under the law also a possibility depending on time.

French Music of the 1940s

Instructor: Jeanine Black  
Date: Mondays; March 2, 9, 16, 23, 30 & April 6
Time: 3:00 - 4:30 p.m.
Extra Film Session: Sunday, April 5, 2:00-4:00 p.m.

Take a step back in time and explore music popular in France in the 1940s—including singers you may know (Maurice Chevalier, Édith Piaf, Yves Montand) and others (Léo Marjane, Renée Lebas, Lucienne Delyle). How did French music relate to US music of the time? How did the war affect French music and musicians? There will be an opportunity outside of class to view the 2007 biographical film on Édith Piaf, “La Vie en Rose” (“La Môme”).

Follow Wildflowers Through a Blufflands’ Spring

Instructor: Dave Palmquist  
Date: Wednesdays; April 1, 15, 29 & May 13, 27
Time: 1:00 - 3:30 p.m.

Participants will get to know the amazing variety of spring wildflowers that live with us in the Blufflands. Session I, in classroom, will orient participants to these plants, their habitats, relationships to wildlife and people and how we can help ensure their survival. Sessions 2-5, held every two weeks, will visit local natural areas following the emergence of new wildflowers throughout the season. (Participants are welcome to bring cameras and binoculars).

Spring Birding

Instructors: Tex Hawkins & Eric Nelson  
Date: Thursdays; April 16, 30 & May 7, 14, 21
Time: 9:00 - Noon with occasional optional activities

Retired Upper Mississippi River National Wildlife and Fish Refuge wildlife biologists Tex Hawkins and Eric Nelson will share their vast birding knowledge on the quest for Winona Spring Birds. This is the fourth class offered by Tex and Eric and their classes are always very popular. You will tour Aghaming Park, the Trempealeau Wildlife Refuge, Prairie Island and the area around Winona’s Airport Lake.

All past Senior University students will receive a catalog. If you have never taken a Senior U class and wish to receive a catalog, please contact the Retiree Center. Registration will open mid-November.
There was a great story about WSU retiree Barb Nagel in the Winona Daily News on August 8, 2014. The article discussed Barb’s dedication to her students at the WSU Children’s Center. Barb founded the center with current director, June Reineke. Reineke is quoted in the article as saying, “Barb just lives and breathes her job. Teaching is not just a job to her – it’s a lifestyle.” Barb has already agreed to continue to help with the center in her retirement, but she will also have more free time to travel and enjoy the outdoors. We hope to see Barb at Retiree Center events in the future!

The Winona Daily News ran a feature story about retiree Brice Wilkinson on September 29, 2014. Brice has been practicing and teaching Tai Chi for over 30 years. He considers himself a Tai Chi evangelist and wants to promote it whenever he can. I told him I was featuring him in this newsletter, and he basically said, “Anything to get the word out there about Tai Chi.” The article talks about Brice’s life, some of the battles he has fought and how Tai Chi helped him through. It’s an interesting article and is still available on the Winona Daily News website. Brice continues to teach Tai Chi here at WSU at the Integrated Wellness Complex, and he serves as an adviser to the WSU Tai Chi Club.

The Senior University Outdoor Adventures course held in July 2014 had senior students rock climbing (both a rock wall and Sugarloaf), kayaking and canoeing the Mississippi backwaters, and tackling a high ropes course. Taff Roberts had a quote in the Winona Daily News that Nancy and I found appropriate for WSU retirees, “I want to inspire people who are 50, 60, 70 not to resign, retire, be so fearful of the world — but keep going. If there’s something you want to do ... do it. If you’re still able to get around ... there’s no reason not to do it.”
Guest Columnist - Bill Meyer

Some of you may remember me, the old tree guy, from WSU. I retired 4 years ago and wrote a column about trees in the retiree newsletter until about a year ago. Jess, the new Interim Retiree Center Director, asked me to come out of moth balls and write a short article on trees for the retiree newsletter. So here I am again!

This past year a search committee was formed to find a new Landscape and Arboretum Director for WSU. After a long and thorough search, a highly qualified candidate was selected to fill this new and important position.

In September, Gerald Landby became WSU’s first Landscape and Arboretum Director. Gerald comes to us from Helena, Montana where he had been the Director of Grounds at Carroll College. He has an Associate degree in Applied Science from the University of Minnesota - Crookston in Landscape, Turf, and Grounds and a B.S. in Landscape Management from Montana State University. He has been a certified Arborist in Montana and has received a number of awards in his field. He has served on the Board of Directors of several landscape related committees and has engaged in many speaking opportunities where he has shared horticultural information to both the public and his peers. In addition, Gerald was instrumental in bringing Tree Campus USA recognition to Carroll College.

You may notice that his title is different than in the past. The new title reflects a growing emphasis on the WSU landscape and the Arboretum with its Minnesota collection of 52 native trees and its equally impressive collection of non-native trees. It also reflects the goal of developing the campus grounds into an outdoor living classroom for visitor enjoyment and student and staff educational, scientific study. WSU now has a new Director who has the background to maintain, oversee, and develop this impressive landscape.

The grounds staff and student workers will have access to new techniques in horticulture. Sustainability practices will be emphasized whenever possible. Staff development will be a priority. Educational events such as WSU Arbor Day, tree tours, and tree planting projects will be coordinated by Mr. Landby. There are a host of horticultural experiences that have the potential to be shared throughout the campus using our new Director as the conduit of horticultural information to the rest of the campus.

In short, we have a new passionate treehugger on campus. Welcome Gerald when you see him. The torch has been passed!

Retiree Center Scholarship Recipients

We had over 350 students apply for our first $1,000 Retiree Center Scholarship award! There are so many students who need help paying for their education. The Scholarship Committee (Pat Nolan, Joanne Rosczyk, Bill Koutsky, & I) decided to narrow the criteria to include seniors with a 4.0 GPA who had never received a scholarship in the past. That brought the pool down to nine amazing applicants. We found that the committee’s top candidate for the scholarship was graduating this fall, so we decided to offer two $500 scholarships to our top two candidates; Samantha Hartfiel (fall) and Jessica Schuster (spring). Both students wrote wonderful essays, and they each showed a strong need for the scholarship dollars.

Samantha Hartfiel is an education student who is already starting to save money to buy supplies for her first classroom. This scholarship will help her to deal with expenses during her final semester of student teaching.

Jessica Schuster is an elementary education major. She and two of her siblings are in college right now, which obviously is putting a big strain on the family finances. She is hoping to be able to take fewer student loans this year because she has been awarded this scholarship.

Congratulations to both of these deserving students!!
We Remember...

Ervin Bublitz  
Professor Emeritus  
Sociology  
July 23, 2014

Charles Schlawin  
Spouse of Retiree  
Judy Schlawin  
July 26, 2014

Robert Felstead  
Boiler Engineer  
July 31, 2014

Walter Hinds  
Music Professor  
August 27, 2014

Robert Sheehan  
Professor Emeritus  
Philosophy  
September 5, 2014

John Martin  
Professor and Coach  
September 19, 2014

Jack Kane  
Vice President  
Interim President  
October 24, 2014

We honor and mourn our University colleagues who have recently died. We recognize the richness of each life, the gifts these members have brought to many, and the loss felt by family and friends.

(Full obituaries available on the WSU Retiree Center Website: www.winona.edu/retiree/memoriam.asp)  
If you know of colleagues we have missed, please contact Retiree Center at 507.457.5565, or send an email to retiree@winona.edu.

Please remember to keep the Retiree Center updated with your current mailing address and email. If you need to report a change, please email retiree@winona.edu or call (507) 457-5565.

We are a 2-person operation, so if you’re planning to stop in at the Retiree Center, please call to make sure that Nancy or I am in the office. We will try our best to keep you updated about any office hour changes.
Retiree Center  

**SAVE THE DATE**

November 4: State General Election  
November 7-8: WSU Hosts the High School Honor Band Festival  
November 11: Veteran’s Day - Campus closed  
November 16: WSU Choir Concert - Performing Arts Center, 3:00 p.m.  
November 18: WSU String Ensemble performance - Performing Arts Center, 7:30 p.m.  
November 19-23: WSU Theatre and Dance present: Leaving Iowa - Performing Arts Center  
November 27 & 28: Thanksgiving Break - Campus closed  
December 5: Jazz Holiday Dance - Westfield Golf Club  
December 6: Messiah Sing-In - Harriet Johnson Auditorium - Somsen, 7:00 p.m.  
December 7: WSU Holiday Concert - Performing Arts Center, 2:00 p.m.  
December 11: Retiree Center Winter Social - Invitations coming soon!  
December 12: WSU Fall Commencement

Every summer, Betty Emmons drives all the way from south Texas to Winona with her traveling companion, Jose’. We were dying to meet him, so she brought him to the September Retiree Breakfast and showed him off!!