

Winona State University Retiree Center

SPRING 2021



<http://www.winona.edu/retiree/senioruni.asp>

For further program information, please call 507.457.5565

WHAT IS SENIOR UNIVERSITY?

Senior University WSU is a program of the Winona State University Retiree Center. Senior University is a peer-led set of short courses taught by professor emeriti, WSU faculty, and topic experts to provide intellectual and cultural stimulation and growth, thus providing opportunities for lifelong learning and leadership, combined with the fellowship of peers sharing a common quest for continued growth.

Non-credit classes, one day a week during a 4-6 week term, no tests, no grades.

Senior University is open to retirees and community adult learners.

Retiree Center Director, Jessica Kauphusman
Retiree Center Office Manager, Nancy Amann

507-457-5565
retiree@winona.edu

SENIOR UNIVERSITY CURRICULUM COMMITTEE:

**Jim Reynolds, Rill Reuter, Jim Bromeland
Richard Shields, Jim Hurley, Jess Kauphusman**

In response to COVID-19 and the need to reduce in-person meetings and events, all Senior University and Senior University Lite courses will be held online via Zoom in Spring 2021. Zoom is easy to use, and you will be provided with a link to each class and a course password by email after you register.

The course registration link and instructions can be found on [page 10](#) of this booklet.



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Election 2020 Via Zoom - Fall 2020

Senior U Lite: Even More Zoom Tips & Tricks

Instructor: Ken Graetz

Day: Monday, January 25, 2021

Time: 1:00-2:00 p.m.

Course Fee: \$10.00

Zoom link & password will be emailed after registration

This is our third Zoom Tips & Tricks course offering from Ken Graetz. In this course he will review some Zoom basics and offer additional tips and tricks to enhance your Zoom experience. Ken will ask participants what they would like to learn and will tailor the class to provide answers to their questions.

Ken Graetz is the Director of the Teaching, Learning & Technology Department at Winona State. He is a passionate administrator, educator, and researcher with 20+ years of experience in higher education. He is dedicated to helping organizations and individuals use technology to enhance and transform teaching and learning.



A Brief History of Jazz: America's Music

Instructor: Rich MacDonald

Day: Monday

Time: 2:30-4:00 p.m.

Sessions: February 1, 8, 15, 22, March 1

Course Fee: \$40.00

Zoom link & password will be emailed after registration

This course will be designed to feature the important music and musicians of the many eras of jazz, beginning with Ragtime and Dixieland (1920's), the Swing Era (1930's), Be-Bop (1940's), Cool (1950's), Hard Bop (1960's), Avant-Garde (1950's to current), Jazz/Rock Fusion (1970's to current). Participants are encouraged to use a laptop or desktop computer for the course, as it will be useful to adjust audio settings in the advanced features of Zoom, which are not available on most phones or tablets. A majority of the musical examples will be delivered via YouTube. There will not be a text, but the instructor will recommend several sources and will welcome questions each meeting about readings or other source materials that participants wish to discuss.

Even though Rich MacDonald performs in a variety of musical settings, he considers himself primarily a jazz musician. At the heart of this music is improvisation, which has been a centerpiece of his musical and pedagogical endeavors for the past 50 years. He has taught Jazz History to WSU students for several years, and he always enjoys the interaction that it fosters – in particular, the social implications of its history from its rather inauspicious beginnings, through the Civil Rights Era, and to its place in our culture today.



Food Systems Sustainability

Instructor: Bruno Borsari

Day: Friday

Time: 2:00-4:00 p.m.

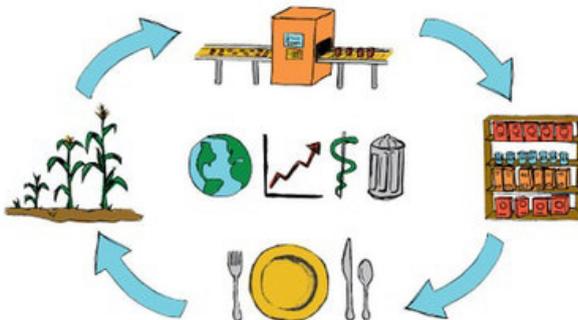
Sessions: March 5, 12, 19, 26, April 2, 9

Course Fee: \$40.00

Zoom link & password will be emailed after registration

This course is an introduction to food systems, their diversity, flaws, successes and limitations. Agroecology as a theory, social movement and practice will emerge from our study as the possible vehicle leading toward food systems sustainability. The components of farms' design and foods will be studied within the context of complexity. Integrating knowledge of biological and sociological systems into the development of sustainable food production strategies, which are innovative and ecologically sound is the keystone objective of this course.

Bruno Borsari would define himself as an agroecologist. He earned a doctorate in agricultural sciences from the University of Bologna, Italy and a Ph.D. from the University of New Orleans, LA. He began his career in Sierra Leone and the Central African Republic between the late 1980s and early 1990s, where he assisted local communities to achieve food security, after the mediocre results of the Green Revolution, that was heralded in the 1970s as the approach to eradicate famine from poor countries. In Italy he worked as a seed production manager and as an organic/IPM consultant between 1994-95. During his tenure at WSU he was granted twice a Fulbright Scholar award, which allowed him to teach and do research in agroecology in Panama.



Getting it Done: Writing Your Memoir and/or Family History

Instructor: Kathleen Peterson

Day: Wednesday

Time: 10:30 a.m. - Noon

Sessions: March 31, April 7, 14, 21, 28

Course Fee: \$40.00

Zoom link & password will be emailed after registration

Kathleen Peterson believes every life holds many tales. As a novelist and playwright, her focus is character. Her approach will be to help participants craft their non-fiction memoirs or family histories with the finesse of fiction. The common thread between these two non-fiction categories is the expectation that the narrative is a truthful account from the perspective of the writer.

Kathleen Kenney Peterson is a local novelist and playwright. Her Irish-centric novel *Girl on the Leaside* was published in hardcover by Knopf/Doubleday in 2017 and the paperback version came out in 2018. Kathleen has a M.A. in English Literature and Language from Winona State University, and has had three one-act plays and one full-length commissioned play produced in SE Minnesota, as well as a locally published novel *Summer for the Taking*. Currently she is working on another Ireland-based novel about discovering ancestors. She has always been fascinated by the influence one's family heritage, and a person's connection to place, have on one's life. She is also writing a new play, and continuing research on a novel set in 1920's Winona.



Senior U Lite: Healthcare Directives

Instructors: Bob Williams & Leslie Scarborough

Day: Tuesday, April 20, 2021

Time: 1:00-2:00 p.m.

Course Fee: FREE

Zoom link & password will be emailed after registration

A properly executed Healthcare Directive lets you tell your family and your medical providers what medical care you want if a time comes when you cannot express those desires yourself. Bob Williams and Leslie Scarborough, trained facilitators and volunteers at Winona Health, will present information, discuss the Healthcare Directive form and be available at a later date for individual assistance in completing the form.

Bob Williams and Leslie Scarborough co-chair the Healthcare Directives facilitator team of volunteers at Winona Health. Bob has been facilitating group sessions and individual meetings for over 10 years and is retired. Leslie has a background in Health Information Management and has been a Winona Health Volunteer for over five years.



SENIOR UNIVERSITY SPRING 2021

Registration for courses is primarily done online with a credit card. If you don't have access to a computer or would prefer to pay by check, please stop in at the Retiree Center, and we can assist you.

Start your online registration here:

https://mnsco.rschoolday.com/public/getclass/category_id/219/program_id/37

Watch your email for a message confirming your registration and providing additional details about the class or classes for which you have registered. If you do not receive a confirmation email, or if you have any questions or need assistance, contact us weekdays during regular business hours at:

WSU Retiree Center

227 W. Wabasha

Winona, MN 55987

retiree@winona.edu

507.457.5565

<http://www.winona.edu/retiree/senioruni.asp>

WSU Outreach and Continuing Education

continuingeducation@winona.edu

507.457.5080 (Direct)

800.342.5987 Ext. 5080 (Toll free)

SENIOR UNIVERSITY CANCELLATION AND REFUND POLICY

If a class must be canceled due to insufficient enrollment, inclement weather, or emergency circumstances, you will be notified as soon as possible and receive a full refund.

You may withdraw from a class and receive a full refund if we receive your withdrawal and refund request in writing, via email, mail or in person, at least five full business days before the first class date. Please note: if you pay by check, you will need to complete a W9 form to receive a refund by check from Winona State University. Credit Card payments will be refunded within 3-5 business days.

HOPE TO SEE YOU IN CLASS!



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