

WSU Recreational Sports and Physical Activity Clubs Covid-19 Spring 2021 Permissions and Planning Matrix

Club/Activity	Risk Level	Plans to play Spring and/or Summer 2021	Covid-19 Safety and Preparedness Plan Received	Covid-19 Safety and Preparedness Plan approved; conditionally approved; or rejected (At this time, no high-risk sport may engage in regular play)	Permission to practice and compete as close to normal as possible under current protocols with approved plan	Permission to practice close to normal and scrimmage, but not compete against other schools with approved plan	Permission to train, cross-train, team-build, and fundraise, but play should not occur due to the high-contact nature of the sport with approved plan
Sports Club Council-Affiliated Teams							
Bowling	Low	Yes- want to compete			X		
Fishing	Low	Yes- want to compete			X		
Tennis	Low	Yes-want to compete			X		
Men's Baseball	Intermediate	Yes- Want to compete this spring			X		
Men's Lacrosse	Intermediate	Yes-Wants to compete			X		
Women's Lacrosse	Intermediate	No response			X		
Cheer	High*	Yes- Want to practice				X- May move to intermediate with masks and physical distancing at all times	
Dance	High*	Yes- Want to practice				X- May move to intermediate with masks and physical	

						distancing at all times	
Soccer	High*	No response, assume yes to scrimmages/pick-up games					X- Until can be played outside
Men's Volleyball	High*	Yes					X- Until can be played outside
Women's Volleyball	High*	Yes					X- Until can be played outside
Men's Ultimate Frisbee	High*	No Response					X- Until can be played outside
Women's Ultimate Frisbee	High*	No Response					X- Until can be played outside
Men's Hockey	High	Yes- Want to compete					X
Wrestling	High	No plans because of risk in community spread					X
Men's Rugby	High	Yes- Want to compete					X
Women's Rugby	High	Yes					X
Non-Sports Club Council Sports-based Clubs							
Women's Hockey	High	No plans to practice or play					X
Badminton	Intermediate						
Water Warriors	Low/Intermediate						
Dodgeball	Low/Intermediate						
Curling	Low/Intermediate						
Hip Hop	Intermediate/High*						
Super Smash Brothers (virtual)	No risk- virtual						
Cricket	Intermediate						
Special Interest Clubs with Physical Activities							
Climbing club	Low/Intermediate						

Dance Society	Low/Intermediate						
Rock Climbing club	Low/Intermediate						
Hiking	Low						
Ballroom Dance	High						
Running	Low/Intermediate						
Special Olympics College?	Unsure of activities-						
On the Fly?	Low						
Intramurals Program Activities- ALL ACTIVITIES ARE STAFF-PRESENT ACTIVITIES- High degree of oversight							
Open Gym	High- n/a the foreseeable future						
Aquatics- Individual Lap Swim	Low- n/a with closed pool						
Aquatics-Swim Lessons (No Locker rooms)	Med- n/a with closed pool						
Fitness Classes	Low with restrictions*- Virtual available & 12' Distanced/Outside						
Racquetball	n/a Offline 20-21						
E-sports (Intramural sponsored)	No Risk						
WSU Fun Runs & Activity Challenges	Low						
Pickle Ball (singles)	Low						
Badminton (singles)	Low						
Spike Ball	Low						
Disc Golf	Low						
Golf	Low						
Soccer shootout	Low						

Basketball Shooting gym bringing own ball	Low						
Basketball Horse	Low						
Bowling	Low						
Tennis	Low						
Corn Hole	Low						
Coed Softball	Intermediate						
Men's Softball	Intermediate						
Women's Softball	Intermediate						
Kick Ball	Intermediate						
Coed Sand Volleyball	Intermediate						
Women's Sand Volleyball	Intermediate						
Men's Sand Volleyball	Intermediate						
Soccer (outdoor)	Intermediate/High						
Dodgeball	High						
Futsal (indoor soccer)	High						
Women's 6:6 Volleyball	High						
Coed 6:6 Volleyball	High						
Men's 4:4 Volleyball	High						
5:5 Basketball	High						
Men's B Basketball	High						
Women's Basketball	High						
Men's A Basketball	High						
3:3 Basketball	High						
Coed 4:4 Basketball	High						
9-Man Football	High						

7:7 Flag Football	High						
5-5 Flag Football	High						

*Clubs that are designated **High*** (with an asterisk) may gain approval as intermediate if a plan is approved that includes mitigation and reduction of multi-person/person-on-person contact, **outdoor play**, 100% mask usage, or intense physical distancing by reduction of players (singles vs. doubles, etc). EX: Volleyball becomes intermediate when played outside.

*Clubs that are designated Low/Intermediate may gain approval as low if participants are able to maintain 6’ of physical distances at all times, remain masked at all times, and person-to-person proximity is eliminated from the activity.

High Risk: Does your sport involve close, frequent and/or sustained contact between participants, frequent close contact between multiple members of a group during play, a lack of significant protective barriers, and high probability that respiratory particles will be transmitted between participants? Ex: Hockey, Rugby, Wrestling, Pair or Group Dancing, Basketball

Intermediate Risk: Does your sport involve close, frequent and/or sustained contact but with protective equipment in place that may reduce the likelihood of respiratory particle transmission between participants OR sports that use equipment that can’t be cleaned in between participants touches?

Low Risk: Can your sport be done with social distancing or individually with no sharing of equipment or with the ability to clean the equipment between touch by different competitors?

Ways to mitigate and reduce risk to strengthen your Covid-19 Safety and Preparedness Plan:

- Ensure masks are worn AT ALL TIMES (see MDH Guidance 1.21.20201: <https://www.health.state.mn.us/diseases/coronavirus/sportsguide.pdf>)
- Plan and commit to socially distanced drills and activities at a minimum of 6’ at all times. (Zone defense drilling, etc.)
 - Plan and commit to positioning and staging in marked socially distanced (cheer, dance)
- Ensure that no equipment is shared (will reduce risk at higher level than any shared equipment)
 - Ensure that shared equipment is sanitized between uses by different participants (reduces risk at a lower level than no shared equipment)
- Work with Intramurals to have your activity added to the Intramurals line up. Intramurals activities have oversight by paid WSU student workers and/or professional staff that have the ability and expectation to ensure that all protocols are being followed during practice and play, and as such reduce the risk of behavior outside of expectations.
- Work with Tracy Rahim and Gunnar Mach to come up with options for mitigation of risk.
- If you don’t have to share a car/transportation/carpool, don’t- and write that in your plan.
- If you don’t have to use a locker room, don’t- and write that in your plan.