LEARNING DISABILITY/ADHD ASSESSMENTS AND RESOURCES

The following are local resources for LD/ADD assessments:

**Hiawatha Valley Mental Health Center**  
166 Main Street  
Winona, MN 55987  
507-454-4341  
[www.hvmhc.org](http://www.hvmhc.org)

**Gundersen Lutheran**  
1900 South Avenue  
La Crosse, WI 54601  
608-782-7300  
[www.gundersenclinic.com](http://www.gundersenclinic.com)

**The Reading Center**  
847 5th Street NW  
Rochester, MN 55901  
507-288-5271  
[www.thereadingcenter.org](http://www.thereadingcenter.org)  
Read@TheReadingCenter.org

**Mayo Clinic**  
200 First Street SW  
Rochester, MN 55905  
507-266-5100  
[www.mayoclinic.com](http://www.mayoclinic.com)

Another option would be to contact a provider in your home area.

We suggest that you contact your insurance company before scheduling the evaluation. Ask if educational testing for a learning disability, ADD, or ADHD is covered.

If you do not have insurance coverage, you may want to look into the Hiawatha Valley Mental Health Center. Learning disability diagnoses are approximately $1,000. They require $500 down and then can set up a payment plan for the rest. They do accept MinnesotaCare, which covers all of the costs. If you do not have insurance, they can refer you to Social Services to see if you qualify for Minnesota Care.

You may also wish to contact Rehabilitation Services or the Work Force Center in your county. In Winona, the phone number is 507-453-2941.

Once you submit documentation of a disability to our office, you may be eligible for academic accommodations. Please send or bring a copy of your documentation to Access Services, located in Maxwell Hall 314.

Access Services  
Phone: 507-457-5878  
Fax: 507-457-2957  
Email: access@winona.edu  
[www.winona.edu/disabilityservices](http://www.winona.edu/disabilityservices)
Other resources for students:

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<th>Service</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
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<tbody>
<tr>
<td>WSU Health Services</td>
<td>Integrated Wellness Center 224 Winona, MN 55987</td>
<td>507-457-5160</td>
<td><a href="http://www.winona.edu/healthservices">www.winona.edu/healthservices</a></td>
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<tr>
<td>WSU Counseling Center</td>
<td>Integrated Wellness Center 222 Winona, MN 55987</td>
<td>507-457-5330</td>
<td><a href="http://www.winona.edu/counselingcenter">www.winona.edu/counselingcenter</a></td>
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<tr>
<td>Nancy Harms</td>
<td>Personal Coach Winona, MN 55987 507-450-6333</td>
<td><a href="mailto:nancyharms@hbci.com">nancyharms@hbci.com</a> <a href="http://www.nancyharmspersonalcoach.com">www.nancyharmspersonalcoach.com</a></td>
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<tr>
<td>Dr. Gary Johnson</td>
<td>Loring Family C.A.L.M. Clinic for Attention Learning &amp; Memory 430 Oak Grove Suite 414 Minneapolis, MN 55403 612-872-9072</td>
<td><a href="http://calm.us">http://calm.us</a></td>
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<tr>
<td>A.D.A.M., Inc</td>
<td>Attention Deficit Awareness of MN P.O. Box 6233 St. Cloud, MN 56302 <a href="mailto:adaminc@charter.net">adaminc@charter.net</a> <a href="http://www.adaminc.org">www.adaminc.org</a></td>
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<td>WSU Tutoring Services</td>
<td>Krueger Library 220 Winona, MN 55987 507-457-5680</td>
<td><a href="mailto:jquandt@winona.edu">jquandt@winona.edu</a></td>
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<td>ADHD Information Line</td>
<td>5354 Parkdale Drive Suite 200 St. Louis Park, MN 55416 952-922-8374</td>
<td><a href="http://www.ldaminnesota.org">www.ldaminnesota.org</a> <a href="mailto:info@ldaminnesota.org">info@ldaminnesota.org</a></td>
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Books:
- **Coaching College Students with AD/HD: Issues and Answers**

- **Delivered from Distraction: Getting the Most out of Life with Attention Deficit Disorder**

- **Unlocking Potential: College and Other Choices for People With LD and AD/HD**