

**Personal Statement** (1-2 pages, double-spaced, 1 inch margins, Times New Roman, 12 pt. font, save as a Word document, title your personal statement with your name as follows: lastname\_firstname\_personal\_statement)

A personal statement is a chance for nursing applicants to share their goals and passions, what they will bring to the program, and what they hope to get out of the program. Please write a 1-2 page personal statement covering the following 4 areas: 1.) personal attributes, 2.) influence of community engagement, 3.) healthcare experience, and 4.) motivation to be a nurse. See below for specifics.

### **1. Overarching Personal Attributes:**

These are the four attributes we feel are most important to be a nurse. Please give an example of how you demonstrate the following four attributes.

1. Confidence
2. Initiative
3. Team Player
4. Caring Attitude

### **2. Influence of Community Engagement:**

Community engagement is a strategic process with the specific purpose of working with identified groups of people, whether they are connected by geographic location, special interest, or affiliation, to address issues affecting their well-being. Community engagement is important in 1.) changing how people feel about others, 2.) changing how & what we think of & about others, 3.) connection with others, 4.) motivation of action for others. Explain how you were able to demonstrate the following four outcomes in your hours of community engagement

1. Change your feelings about others
2. Impact how/what you think of/about others
3. Create relationships
4. Motivation to do good through actions

### **3. Experiences in Healthcare:**

Health care, health-care, or healthcare is the maintenance or improvement of health via the prevention, diagnosis, treatment, recovery, or cure of disease, illness, injury, and other physical and mental impairments in people. Health care is delivered by health professionals in allied health fields. Physicians and physician associates are a part of these health professionals. Healthcare also includes: dentistry, pharmacy, midwifery, nursing, medicine, optometry, audiology, psychology, occupational therapy, physical therapy, athletic training, and many other health professions. It includes work done in providing primary care, secondary care, and tertiary care, in public and community health. Reflect on any experiences that you have had in healthcare as a patient, family member of a patient, or healthcare worker and how the experience has impacted you.

### **4. Motivation to be a Nurse**

Intrinsic motivation comes from within, while extrinsic motivation is from outside. When you are intrinsically motivated, you engage in an activity solely because you enjoy it and get personal satisfaction. When you are extrinsically motivated, you do something in order to gain an external reward. Explain what motivates you both intrinsically and extrinsically to be a nurse.