

# KAREN D. CATHEY, PH.D., M.Div., LPC-S, NCC, ACS

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## Curriculum Vitae

### EDUCATION

*Ph.D.*, Counselor Education and Supervision, University of Mississippi, 2009

Dissertation Topic: Faculty Perceptions of Multicultural Competence and Its Development

*M.Div.*, Candler School of Theology, Emory University, 2003

*M.A.*, Community Counseling, University of North Carolina at Charlotte, 1997

*M.A.*, Telecommunications, Michigan State University, 1993

*B.A.*, Mass Communications, Prairie View A&M University, 1991

### CREDENTIALS

Mississippi **Licensed Professional Counselor** (LPC) License # 1361 – 5/08-Present

Mississippi **Board Qualified Supervisor** (BQS) License #148 – 11/10-Present

National **Approved Clinical Supervisor** (ACS) Credential #874 – 6/09-Present

**National Certified Counselor** (NCC) Credential #229556 – 2008-2012; 2022-present

### FACULTY & PROFESSIONAL APPOINTMENTS

*Winona State University, Counselor Education Department*

2022-Present            Assistant Professor

2022-Present            Field Coordinator

2024-Present            Scholarship and Grant Coordinator

2024-Present            Chi Sigma Iota, Rho Sigma Upsilon Chapter, Co-sponsor

*Mississippi College, Department of Counseling*

2012-2022            Assistant Professor

2018-2020            Electronic Clinical Training (ECT) Coordinator

NBCC Licensure Exam Campus Liaison

2017-2020            CCE Exit Exam Campus Liaison & Coordinator

*Alcorn State University, Department of Education and Psychology*

2009-2012            Assistant Professor

2009-2012            Guidance Education Program Coordinator

### TEACHING EXPERIENCE

WINONA STATE UNIVERSITY  
(a CACREP-accredited program)

#### Graduate Counseling Courses

*Orientation to Clinical Mental Health Counseling* – (Fall 2022, 2023, 2024)

*Microskills* – (Fall 2022, 2023, 2024)

*Counseling Theory and Practice* – (Spr 2023)

*Counseling Practicum and Internship* – (Spr 2023-Spr 2024)

*Diagnosis and Psychopathology of Adults* – (Spr 2024)

Undergraduate Course

*Stress Management* – (Spr-Fall 2023; Sum 2024)

MISSISSIPPI COLLEGE  
(a CACREP-accredited program)

Graduate Counseling Courses

*Final comprehensive exam course* – (Spr 2017, Spr 2018-Fall 2020)

*Helping Relationships* – (Fall 2020)

*Internship I* – (Fall 2012-Fall 2013, Fall 2014-Spr 2018, Fall 2019-Spr 2020)

*Internship II* – (Fall 2012-Fall 2013, Fall 2014-Sum 2017, Spr 2018, Spr 2020-Sum 2020)

*Legal, Ethical & Professional Issues in Counseling* – (Fall 2015-Sum 2019)

*Multicultural Counseling* – (Spr 2013, Spr 2015-Spr 2019)

*Practicum* – (Fall 2012, Sum 2018, Fall 2019-Spr 2020)

*Techniques of Group Counseling* – (Sum 2016; Sum 2021; Fall 2021)

*Theories Personality & Counseling* – (Spr 2020; Fall 2021)

*Use and Interpretation of Tests* – (Sum 2021; Fall 2021)

Doctoral Counseling Courses

*Doctoral Internship* – (Spr 2013, Spr 2014)

*Internship III* – (Spr 2013-Fall 2013)

*Professional Growth & Development* – (Spr 2013)

*Project Demonstrating Excellence* (Chaired 8 PDE capstone projects) – (Fall 2014)

*Specialization Seminar II* – (Fall 2013)

Combined Undergraduate & Graduate Counseling Course

*Christian Theories of Counseling* – (Spr 2014, Co-lead instructor)

Undergraduate Psychology Course

*Multicultural Psychology* – (Spr 2020; Fall 2021)

Undergraduate Honors Course

*Race and Medicine* – (Spr 2022, Interdisciplinary Team taught)

ALCORN STATE UNIVERSITY

Graduate Counseling Courses

*Consultation Theory* – (Spr 2010-Sum 2011)

*Counseling Internship I* – (Fall 2011)

*Counseling Internship II* – (Spr 2012)

*Counseling & Psychological Theory* – (Fall 2009-Spr 2012)

*Fundamentals, Organization, and Administration of School Guidance* – (Fall 2009-Fall 2011)

*Group Procedures* – (Sum 2011, Sum 2012)

*Legal, Ethical & Professional Issues in Counseling* – (Spr 2012)

*Multicultural Counseling & Psychology* – (Fall 2009-Sum 2012)

*Placement and Follow-up Services* – (Fall 2009, Spr 2011-Sum 2011)

UNIVERSITY OF MISSISSIPPI  
(a CACREP-accredited program)

Graduate Counseling Courses

*Academic Skills for College* – (Spr 2007 & 2008)

*Developmental Support Lab* – (Fall 2007)

*Educational Psychology* – (Fall 2007)

*Counseling Skills* – (Fall 2005 & Spr 2006, TA, lectured, provided weekly skills training & evaluation, participated in team formative & summative grading and evaluation)

*Counseling Theory I* – (Spr 2007, TA, lectured & graded papers)

*Diagnostic Systems in Counseling* [online] – (Spr 2007, TA, graded papers)

*Multicultural Issues in Counseling* – (Fall 2006, TA, lectured & graded papers)

*Research in Counseling* – (Sum 2006, TA, lectured & graded exams)

*Spirituality in Counseling* – (Sum 2006 & 2007, TA, lectured & reviewed students' journals)

**ADVISING**

2009-2012;

2018-2022;

2023-present                      Academic Advisor (multiple students)

2019                                State Conference Presentation Advisor, 2 master's-level students

2014                                Chaired 8 Project Demonstrating Excellence (PDEs) capstone research projects

2014                                Committee member on 3 PDEs

**PRESENTATIONS**

Cathey, K. (2024, October). Cooling Hot Topics: Using The Pedagogies of Discomfort & Attentive Love to Teach Emotional Literacy with Uncomfortable Class Discussions, North Central Association for Counselor Education and Supervision, Rosemont, IL

Zhang, Y & Cathey, K. (2024, October). Counseling Clients with Abortion Care Needs: What Counselors Should Know in a Post-Roe Era, North Central Association for Counselor Education and Supervision, Rosemont, IL

Cathey, K. (2023, October). Relational Competence and The Psychology of Radical Healing (PRH) Framework: Making Healing Spaces, Association for Counselor Education and Supervision (ACES), Denver, CO

Cathey, K., & Zhang, Y. (2023, October). Advocacy for Women's Basic Reproductive Rights: What Counselors Should Know About Abortion Counseling, Association for Counselor Education and Supervision (ACES), Denver, CO

Cathey, K. (2023, March). Caring for BIPOC Students' Mental Health: Racial Microaggressions and Psychological Trust, a Refresher, Minnesota State University Counselors' Association (MNSUCA) Conference, Winona, MN

Cathey, K., & Gordon, K. (2022, April). Understanding and Constructing Black Joy: A Mental Health Imperative, American Counseling Association (ACA), Atlanta, GA

Cathey, K., & Gordon, K. (2021, September). Make a Joyful Noise! Black Joy, Trauma, and Resilience, Mississippi Trauma Conference, Jackson, MS

Cathey, K. (2020, October). Faculty Trans Allyship When You're Invisible Too, Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (SAIGE) 2020 Virtual Conference

Cathey, K., Johnson, C., Tipton, H., & Melton, C. (2019, October). How Life Happened When We Started Down the Path to Gatekeeping, Association for Counselor Education and Supervision (ACES), Seattle, WA

Cathey, K., & Wagner, K. (2016, February). Ethical Considerations for Counselors Working with Frontline Public Safety Employees, Law and Ethics in Counseling Conference, New Orleans, LA

Cathey, K. (2014, March). Weight Discrimination & Lookism, Mississippi Association of Multicultural Counseling and Development (MAMCD) Conference, Ridgeland, MS

Cathey, K. (2012, April). Forgotten Issues in Multicultural Counseling Competency: Weight Discrimination & Facial Assessment, Mississippi Counseling Association (MCA) Conference, Biloxi, MS

Cathey-Austin, K.D. (2008, November). Becoming More Multiculturally Competent: Preliminary Analysis of a Process. Tennessee Counseling Association (TCA) Conference. Memphis, TN.

Cathey-Austin, K.D., & Lacey-Godfrey, L. (2007, March). African American Female Body Image: Perceptions of Women on College Campus. 7<sup>th</sup> Annual Isom Student Gender Conference. Oxford, MS.

Cathey-Austin, K.D., & Lacey-Godfrey, L. (2007, March). African American Female Body Image: Perceptions of Women on College Campus. 26<sup>th</sup> Annual F. E. Woodall Spring Conference for Helping Professions. Cleveland, MS.

Cathey-Austin, K.D., Rayner, J., Gordon, K., & Korzyniowski, J. (2006, November). The Importance of Mentoring. MCA Conference. Choctaw, MS.

Burke, M. T., & Cathey, K. D. (1996, February). Counselors: The Spiritual Dimension. North Carolina Counseling Association (NCCA) Conference. Charlotte, NC.

#### Invited Presentation

Cathey, K. (2021, February 23). Black history month commemoration address. Mississippi College's Students' Kissimmee Social Group. Clinton, MS

Cathey, K. (2018, September). Intergenerational Trauma and Culturally Competent Practice in the Current Political Climate, Mississippi Trauma Informed Care Conference, Jackson, MS

#### Campus Department Presentations

Cathey, K. D. (July 29, 2017). APA Writing Style. Mississippi College Department of Psychology & Counseling Orientation for New Counseling Students.

Cathey, K. D. (March 2012 & Sept. 2014). National Counseling Exam (NCE) Prep on Multicultural Counseling. Chi Sigma Iota, Mu Chi Omega Chapter.

### Workshop

Cathey, K., & Ruiz, N. (July 2023). Multicultural Supervision Training (free 45-hour grant-funded licensing supervision training), St. Paul, MN

### **PUBLICATIONS**

Cathey, K., & Zhang, Y. (2021). Collective identity and second-generation Chinese-American sexual minority men. *Association of Counseling Sexology & Sexual Wellness Newsletter*, 5(1), 6-12.

Zhang, Y., & Cathey, K. (Fall/Winter 2019). *A quick look at some differences between mentoring in China and America*. Association for Multicultural Counseling and Development Newsletter.

### PROGRAM HANDBOOKS

Cathey, K. (2018). *Counseling programs: Electronic clinical training (ECT) handbook*. Unpublished manuscript, Mississippi College, Clinton, MS.

Cathey, K. (2018). *Counseling programs: Master's and education specialist student handbook*. Unpublished manuscript, Mississippi College, Clinton, MS.

Cathey, K. (2019). *Counseling programs: Handbook for clinical site supervisors*. Unpublished manuscript, Mississippi College, Clinton, MS.

### WORK IN PROGRESS

Zhang, Y., Watson, J., Cathey, K. D. *The Impact of COVID-19 on the Psychological Well-being of Chinese International Students' Spouses Living in the U.S.* Submitted manuscript.

Stretch, L., Hyun, J., Wang, P. Cathey, K., Dixon, T., Bellin, Z., Gibson, G., Haas, J., Ng, K., & Field, T. A 30-Year (1993-2023) Content Analysis of Racism and Antiracism Scholarship in Counseling and Related Journals (tentative title). Manuscript in preparation.

Cathey, K. D. *Counselor educators' views on multicultural counseling competency*. Manuscript in preparation.

### **GRANTS / AWARDS / HONORS**

2022	MN Dept. of Health Mental Health Cultural Community Continuing Education Grant
2020	NBCC Foundation Board Certified-Telemental Health Training Award
2019	Faculty Development Grant, Mississippi College
2009	Outstanding Dissertation Award, University of Mississippi
2008	Emerging Leaders Workshop, SACES
2008	Awarded SACES Research Grant
2008	Awarded Summer Graduate Research Assistantship, University of Mississippi
2007-2008	Completed Year-Long Teaching Seminar, University of Mississippi
2005-2009	Awarded Minority Fellowship, University of Mississippi
2004	Awarded Jackson V. A. Medical Center Service Award
2001-2003	Academic Scholarship and Honors Committee, University of Mississippi
2000-2003	Awarded Diversity Scholarship, Emory University Candler School of Theology

## **SERVICE TO PROFESSION**

### Editorial Board

2022-Present Assistant Editor of Copyediting for the *ACES Teaching Practice Briefs*

2024-Present Ad Hoc Reviewer for *Counselor Education and Supervision* ACA journal

### National Conference & Grant Reviews

2023 Proposal reviewer, ACA Conference

2023 Essay reviewer, *Tomorrow's Counselor and Future School Counselor* graduate student essay competition (ACA and ACA Foundation)

2022 Proposal reviewer, SACES Conference

2018-2020;

2014-2016;

2010-2011 Proposal reviewer, American Counseling Association (ACA) Conference

2019 Proposal reviewer, *Let the Voice Be Heard!* joint, international social justice conference

2020 Proposal reviewer, SACES Research Grant

### Book Reviews

Publisher-requested reviews:

2019 Spirituality in Practice: A Thematic Framework for Counseling

2011 Group Work-A Unique Service Delivery Method for Counselors

2011 Readings for Diversity and Social Justice (3<sup>rd</sup> ed.)

2010 Social Justice Counseling: The Next Steps Beyond Multiculturalism in Application, Theory, and Practice

## **DEPARTMENTAL/UNIVERSITY SERVICE**

### Winona State University

2023 Commencement Volunteer – Row Leader

2023 FoCC Scholarship Review Committee

Trainings: 2023 Virtual Antiracist Pedagogy Across the Curriculum Institute (ARPAC); 2023 Interdisciplinary Equity and Inclusion Faculty Learning Committee (FLC); 2023 MN Research Experiences, Learn, Engaging, Connecting, and Teaching (REFLECT) Scholar

### Mississippi College

2019 MMI rater interviewer, Mississippi College's Physician Assistant program

2017-2020 University Faculty Council Member,  
Academics committee

Committee to select the Distinguished Professor of the Year, 2020

2017-202 Department Assessment Committee

2013-2020 Clinical Training Committee, Mississippi College

2015-2020 CACREP committee, Mississippi College

2019 University Graduate Fellowship & Scholarship Committee

2013-2017 Spirituality in Counseling Curriculum Development Committee

2016 CACREP Assessment Revision Committee

Alcorn State University

2009-2012 Department Curriculum Committee  
2009-2012 Department Admissions Committee  
2010-2011 Faculty Development & Intellectual Renewal Committee  
2010-2011 Magazine Editorial Board member

**PROFESSIONAL ORGANIZATION MEMBERSHIP & ACTIVITY**

2021-2022 Appointed professional member of ACA Human Rights Committee  
1995-1997;  
2005-present American Counseling Association (ACA)  
Divisions: ASERVIC (past), AMCD, CSH & SAIGE (formerly ALGBTIC) (present)  
2005-present Association of Counselor Educators and Supervisors (ACES)  
2006-2015;  
2022-present North Central Association of Counselor Education and Supervision (NCACES)  
2017-2022 Southern Association of Counselor Education and Supervision (SACES)  
2005-2015;  
2016-2020 Mississippi Counseling Association (MCA)  
Chair of Consultation Team on LGBT Issues, 2013-April 2015  
Vice President of MAMCD, 2014-April 2015  
2006-2009;  
2017-present Chi Sigma Iota Honor Society