

RIEKO MIYAKUNI, Ed.D., NCC, LPC (IL)rieko.miyakuni@winona.edu

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EDUCATION

Ed.D.	Governors State University University Park, IL	May 2018	Counselor Education & Supervision
M.A.	Marshall University Huntington, WV	2008	Mental Health Counseling
B.A. (Cum Laude)	Marshall University Huntington, WV	2004	Counseling
A.A.	Okinawa Junior College Okinawa, Japan	1999	English

TEACHING EXPERIENCE

Aug 2019 – present **Winona State University**

Assistant Professor, CMHC Program Coordinator

- Teaching graduate level courses: microskills, diagnoses and psychopathology of children and adolescents, ethical practice and social change, adult psychopathology, treatment planning, family systems counseling, group counseling, internship classes, and introduction to play therapy.
- Advising students on study plan and capstone projects.
- Supervised two students on their master's thesis projects (SP 2020 – SU 2022)
- Co-advising the counseling program honor students; duties include supervising monthly meetings, activities, and the research projects (AY 2019, AY 2020, AY 2022, AY 2023).

Sep 2018 – Aug 2019 **Kean University**

Full-time Lecturer

Taught graduate level counseling courses:

- *Research Methods in Counseling (Fall, 2018; Spring 2019)*
- *Group processing (Fall, 2018)*
- *Practicum (Spring, 2019)*
- *Advanced internship (Fall, 2018; Spring 2019)*
- Advising students on their research projects for a local counseling conference and the University Research Day.

Aug 2017 – May 2018 **Marshall University**

Minority Faculty Fellow

Taught asynchronous version of the courses

- *Human Development and Adjustment (Fall, 2017)*
 - *Social and Cultural Foundation (Spring 2018)*
- Co-Teaching (with Dr. Lori Ellison)
- *Counseling Orientation and Ethical Practice (Spring, 2018)*
- Co-Teaching (with Dr. Samuel Securro)
- *Computer Data Analysis (Spring, 2018)*

Jan 2017 – Aug 2017

Governors State University

Adjunct Faculty

- Taught research methods class for undergraduate students.
- Prepared PowerPoint lectures, in-class activities, exams, and assignments to help students meet APA undergraduate psychology major learning outcomes.

Co-Teaching (Professor Tracy Snow)

Group Practicum (Summer, 2016, Spring 2017)

- Provided students with experiential learning, in which co-instructors demonstrated leading group during a portion of the weekly class meeting.
- Supervised students meeting group practicum requirements such as timely completion and submission of paperwork, meeting group counseling hours, ensuring appropriate group counseling experiences for their volunteers.

Co-Teaching/Teaching Intern (Supervisor: Dr. Catherin Ford Sori)

Intervention for Children & Adolescence (Fall 2015, Spring 2016)

- Held review sessions for class.
- Prepared course materials including lectures on and handouts about various playful interventions and counseling techniques with children and adolescents, relevant child and adolescent issues, child development, and parenting.
- Facilitated activities and students' practice various playful interventions and techniques.
- Graded weekly online discussion and term papers.

Clinical Live Supervision for Marriage and Family Counseling (Fall 2015)

- Supervised master's level counseling students in live clinical sessions with family and couple clients
- Monitored case notes and its timely completion and submission.
- Prepared short lectures and handouts for theories and intervention techniques of family counseling.
- Graded weekly online discussion and term papers.

Family Systems Theory (Spring 2016)

- Prepared lectures on and handouts about the major family counseling theories and techniques.
- Prepared and graded chapter quizzes.
- Facilitated weekly in-class activities and discussion led by students.

Co-Teaching/Teaching Intern (Supervisor: Dr. Christienne Dyslin)

Counseling LGBTQ Persons (Fall 2015)

- Held review sessions for class.
- Presented lectures on related the appropriate terminology, sexual and gender minority identity development models, and relevant issues that the populations face, theories and clinical practice with the individuals.
- Graded weekly online blog.
- Supervised mid-term and final projects (i.e., article critique and case-response assignments).

Group Psychotherapy (Spring 2016)

- Graded assignments and term papers.
- Prepared lectures on the methods of organizing different types of group psychotherapy with emphasis on interpersonal relationships dynamics.
- Assisted students with leading experiential psychoeducational group each week.

Teaching Assistant (Supervisor: Dr. Linda Hankins, School Counseling)

(Aug 2006 – May 2007)

- Supported the instructor with preparing course materials, including lecture and experiential activities.

- Assisted student with needs for note-taking, meeting on a regular basis to discuss needs to be addressed and support.

Part-Time Elementary Teacher (West Virginia International School)

(Jul 2004 – Mar 2006)

- Developed curriculum and taught elementary level social study for 2nd, 3rd, and 4th grades, science for 2nd, 3rd, and 4th grades, math for 2nd, 3rd, and 4th grades, and reading and writing in Japanese or 3rd and 4th grades.
- Organized social events including field and track day, school play and various cultural events.

RESEARCH EXPERIENCE

Sep. 2020 – May 2022

Equity 2030: The Minnesota State Multi-Campus Collaboration Grant “Faculty Equity Advocacy Network”

This grant aimed at developing “equity fluency” among the faculty and propagating equity-minded pedagogy. Through collaboration with student equity consultants and analysis/interpretation of qualitative data collected from students of interest (who are often found in equity gap data), this grant also aimed to bring to the forefront students’ perspectives on their learning experiences and on the barriers that prevent their achieving academic success. The result of the analysis and interpretation of quantitative data in light of qualitative data was intended to be used for the generation of innovative faculty development programs and/or interventions in the classroom.

- Recruited 14 project members that consisted of 9 faculty equity consultants and 5 student equity consultants.
- Developed action research project and collected qualitative data points (29 from focus group and 11 from in-depth individual interviews)
- Data were reviewed and analyzed by the 15 members and findings were endorsed by the student equity consultants.
- Drafted final report and submitted to the MinnState System Office.
- The ultimate goal of this project is to develop programs/interventions at Winona State University to address the equity gap. On May 11, 2023, the findings were presented at the cabinet meeting to solicit support to share the report across the university and implement the recommendations.

Lead PI: Rieko Miyakuni.

Sep. 2019 – Apr. 2024

Multicultural Competency Development Working with Immigrants and Refugees

- Assessed multicultural competency development through mixed methods research with counselors-in-training and practicing counselors working with immigrants and refugees.
- Collected and analyzed qualitative data from the interviews of the 18 local immigrants and refugees regarding pre-migration; journey or migration; post-migration.
- Prepared for a book chapter “Historical context, legislation, and trends in the migration process” in *Counseling With Immigrants, Refugees, and Their Families From Social Justice Perspectives*.

PIs: Mary Fawcett and Dawnette Cigrand

Feb. 2019 – Present

Multicultural Stress and Critical Consciousness

- Examined the relationship between critical consciousness and multiculturally related stress among college students (manuscript in progress)
- Examined the effect of critical consciousness training and multicultural stress (manuscript in progress)

PIs: Franklin Turner and Rieko Miyakuni

Aug. 2017 – Aug. 2022

Interdisciplinary Social Science Research Team (ISSRT)

ISSRT Member/Faculty Mentor

- Preparing an IRB application for a qualitative study on college students of color with serious mental illness
- Mentoring undergraduate and graduate students in developing their research skills
- Developed the research project that examined financial literacy and financial stress
- Developed research project that examined the relationship among racism, impulsive drinking, spending, and eating as coping mechanisms.

PI: Crystal Harris, PhD, Social Psychology

Sep. 2016 – Aug. 2017 Campus Inclusion Team (CIT)

Campus Climate Survey Task Force Member

The Campus Climate Survey Task Force was chartered within the CIT, an advisory committee appointed by and reporting to the president on the formulation, review, and application of diversity and inclusion policies and guidelines to promote and support the university's commitment to serve diverse faculty, students, and staff.

- Reviewed relevant literature on campus climate in higher education and reports of other institutions that conducted campus climate surveys to prepare for the development of a survey instrument for Governors State University.

Sep. 2014 – Aug. 2017 Project EMAM (Early Math Awareness through Modeling)

Project Manager

Project EMAM-Early Math Awareness through Modeling is a three-year Professional Development Training funded by CME Group Foundation (\$170,000) to increase math awareness and instructional skill among the Pre-K teachers. The monthly training targets to increase early childhood teachers' pedagogical content knowledge and practical skills in teaching math to English-speaking and ELL/Bilingual students.

- Recruited participants.
- Facilitated monthly training including distribution of stipends, and arrangement for participants' Continuing Education credits.
- Wrote proposals for relevant conferences.
- Conducted literature search on: ELL and Pre-K math instructional methodologies and professional development training; and teacher efficacy scales.
- Designed and built spreadsheets and databases by using Excel/SPSS for a research project and prepared reports for external grant evaluators.

Supervisors: Tywanda Jiles, PhD, Early Childhood Education; Xiaobo She, PhD, Math Education (Co-PIs)

Fall 2014 – Spring 2016 Division of Psychology and Counseling

Graduate Research Assistant

Assisted with developing a research project that aims to assess the effectiveness of undergraduate psychology capstone course.

- Conducted literature review on content analyses of psychology major capstone course portfolio.

Assisted with contemplative writing and statistic teaching research project that incorporated mindfulness intervention to identify the best ways to teach undergraduate courses in statistic and writing.

- Prepared and administered questionnaires.
- Developed spreadsheets and database by utilizing Excel and SPSS.
- Supervised undergraduate research assistants with data entry

Supervisor: Albert Tuskenis, PhD, Psychology

Graduate Research Assistant

- Prepared literature reviews on religion, spirituality, and identity development of transgender and non-binary gender women.

Supervisor: Christienne Dyslin, PhD, Program Coordinator for MA Psychology Program

Graduate Assistant

- Conducted literature search on multicultural competence among school psychologists.

Supervisor: Shaalein Lopez, PhD, School Psychology

Graduate Assistant

- Developed Illinois Counselor Association membership needs assessment for membership services.
- Researched relevant literature and publications on minority, transfer. first generation college students, and degree completion for Transfer Student Service Specialist Development project.

Supervisor: Julia Yang, PhD, School Counseling

May 2007 – May 2008

Marshall University, Huntington, WV

Graduate Assistant

The MU-ADVANCE program targets the increase of recruitment and retention of woman STEM faculty at Marshall University through faculty development initiatives and improvement of institutional climate.

- Researched relevant literature and publications in the STEM fields.

Supervisor: Marcia Harrison, PhD, Biological Sciences

GUEST LECTURES

Fall 2019	"The school counselor's role in special education", SPED300/500
Summer, 2019	"LGBTQ Affirming Counseling," CED 5915 Multicultural Counseling
Spring, 2018	"Counseling LGBT Clients: Ethical Practice and Legal Consideration," SPSY 603 Professional Competence II: Professional School Psychology
Fall, 2017	"An Intersectionality: A queer woman's story of generational traumatic stress, suffering, and resilience," COUN 556 Traumatic Stress and Suffering
Spring, 2017	"Counseling LGBTQ international students: Coming out through lifespan," COUN 6609, Counseling LGBTQ Persons
Fall, 2016	"Relationship and attachment styles," PSYC 2345, Social Psychology
Summer, 2016	"Counseling LGBT Clients: Ethical Practice and Legal Consideration," PSYC 4130 Ethics in Psychology
Spring, 2016	"Affirming and inclusive practice with LGBTQ persons and LGBTQ healthy development," SOCW 8225, Complementary, Alternative, and Indigenous Healing "Affirming and inclusive practice with LGBTQ persons and LGBTQ healthy development," SOCW 8225, Complementary, Alternative, and Indigenous Healing "Sex in the Sand: Play Therapy Techniques with Couples," COUN 6609, Sex Therapy
Fall, 2015	"Developing the GNSX club," GNSX 2100, Introduction to Gender and Sexuality Studies
Fall, 2016	"Relationship and attachment styles," PSYC 2345, Social Psychology
Summer, 2014	"Ethical Obligation and Legal Implication of Counseling LGBT clients," PSYC 4130, Ethics in Psychology
Spring, 2014	"Ethical and Legal issues in Assessment," PSYC 6110, Measurements and Evaluation. "Ethical Obligation and Legal Implication of Counseling LGBT clients: When Counselors' Values Conflict with Clients' Characters," PSYC 4130, Ethics in Psychology

PUBLICATIONS

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- Turner, F., & **Miyakuni, R.** *Multicultural distress, critical consciousness, and everyday racism amongst undergraduate students* (preparing manuscript)
- Miyakuni, R.** & Grant, S. (2023). *Historical context, legislation, and trends in the migration process* (In Counseling With Immigrants, Refugees, and Their Families From Social Justice Perspectives). American Counseling Association.
- Miyakuni, R.** (2023). *Coming out*. In The SAGE Encyclopedia Multicultural Counseling, Social Justice, and Advocacy. SAGE Publications.
- Miyakuni, R.** (2023). *Homophobia*. In The SAGE Encyclopedia Multicultural Counseling, Social Justice, and Advocacy.
- Miyakuni, R.** (2023). *Pink triangle*. In The SAGE Encyclopedia Multicultural Counseling, Social Justice, and Advocacy.
- Cigrand, D., Fawcett, M., **Miyakuni, R.**, Arredondo, P., & Onderak, G. (2021). Experiences of survival and perseverance through dire decisions: A phenomenological study of the immigration journey. *Journal of Counselor Development*, 100(1). doi: 10.1002/jcad.12413
- Wee, J., & **Miyakuni, R.** (2021). Don't call it "the Chinese virus": Asian faculty's reflection on xenophobic naming. *Minnesota English Journal*. <https://minnesotaenglishjournalonline.org/2021/04/28/dont-call-it-the-chinese-virus-asian-facultys-reflection-on-xenophobic-naming-by-jongsun-wee-and-rieko-miyakuni/>
- Miyakuni, R.** & Turner, F. (in writing). *Intersectionality of race and gender: Levels of critical consciousness and multicultural stress among undergraduate students at an urban minority-serving university*
- Early, S., McGlone, & **Miyakuni, R.** (2019). Dear colleagues: #MeToo. *Women in Student Affairs Blog*. https://www.dropbox.com/s/doc6gg0i7scs158/Dear%20Colleague_%20%23MeToo.pdf?dl=0
- Patka, M., **Miyakuni, R.**, & Robins, C. (2019). PhotoVoice: Teaching and learning about social justice through research. In M. Pope, M. Gonzalez, E. Cameron, & J. Pangelinan (Eds.). *Social Justice and Advocacy in Counseling: Experiential Activities for Teaching*. Book chapter accepted for publication.
- Patka, M., **Miyakuni, R.**, & Robins, C. (2017). Experiential learning: Teaching research methods with PhotoVoice. *Journal of Counselor Preparation and Supervision*, 9(2). <http://dx.doi.org/10.7729/92.1183>
- Miyakuni, R.**, & Sori, K. (2015). Family timeline mural drawing with Asian American families. In C. F. Sori, L. L. Hecker, & M. E. Bachenberg (Eds), *The therapist's notebook for children and adolescents* (2nd ed., pp. 179-185). New York, NY: Routledge.

PRESENTATIONS

- Miyakuni, R.** (2024, October). *Advocating for Immigration and Racial Justice through Exploring Personal Immigration History*. Roundtable discussion was accepted for North Central Association for Counselor Education and Supervision (NCACES).
- Miyakuni, R.** & Calhoun, A. (2024, July). *Counseling 101*. The workshop proposal was accepted for the H.O.P.E. Summer Academy: A residential program for under-served high school students.
- Miyakuni, R.** & Turner, F. (2023, July). *Developing critical consciousness*. The workshop presented at the H.O.P.E. Summer Academy: A residential program for under-served high school students.
- Calhoun, A., & **Miyakuni, R.** (2023, July). *Counseling 101*. The workshop presented at the H.O.P.E. Summer Academy: A residential program for under-served high school students.
- Turner, F., & **Miyakuni, R.** (2023, April 15). *Can a brief workshop on structural oppression increase critical consciousness and the ability to identify gatekeepers?* at the Critical Consciousness Perspectives on

Race and Racism Roundtable of the American Educational Research Association (AERA) 2023 Conference

Turner, F., & **Miyakuni, R.** (2022, April 25). *Multicultural distress, critical consciousness, and everyday racism amongst undergraduate students* at the Critical Consciousness Perspectives on Race and Racism Roundtable of the American Educational Research Association (AERA) 2022 conference

Miyakuni, R. (2022, October 22). *Healing racial trauma experiential virtual workshop*. Panel discussion for Professional Development Workshop for New Jersey Counseling Association

Harris, C., Stevens, X., **Miyakuni, R.** (2022). *A dialogue on expanding our efforts to advocate for the 'whole student'* co-presented and led Difficult Dialogues (110 mins) session at the National Multicultural Conference and Summit (NMCS) 2021 virtual conference

Miyakuni, R. (2021, November). *How to respond to externalizing behavior*. Part II of professional development training provided at Bluffview Montessori Elementary School, Winona, MN

Miyakuni, R. (2021, October). *Identification of trauma in school*. Part I of professional development training provided at Bluffview Montessori Elementary School, Winona, MN

Miyakuni, R. (2021, April 11). *Critical consciousness for counselors*. Lecture presented at the New Jersey Counseling Association Annual Conference

Miyakuni, R. & Turner, F. (2021, July). *Developing critical consciousness*. Workshop presented at the H.O.P.E. Summer Academy: A residential program for under-served high school students.

Calhoun, A., & **Miyakuni, R.** (2021, July). *Counseling 101*. Workshop presented at H.O.P.E. Summer Academy: A residential program for under-served high school students.

Harris, C., Radovic-Fanta, J. & Miyakuni, R. (2020, April 23). Collaborative research teams: Strategies to increase productivity in research [Professional Development]. 2020 MPA Meeting, Chicago, IL. <https://midwesternpsych.org/wp-content/uploads/sites/22/2020/03/MPA-2020-Program-1.pdf> (conference canceled)

Seto, A., & **Miyakuni, R.** (2019, October 8-14) *Career development strategies for international students seeking a faculty position* [roundtable]. ACES Bi-Annual Conference, Seattle, WA

Turner, F., & **Miyakuni, R.** (2019, April). *Critical Consciousness Workshop*. Lecture presented at Kean University, Union, NJ.

Miyakuni, R., Kitzinger, R., Shirley, K., Pinthieve, E., & Briffa, M. (2019, April). *Come out or not: Review of LGBTQ affirming substance abuse intervention*. Lecture presented at the annual conference of the New Jersey Counseling Association, Lincroft, NJ.

Shirley, K., **Miyakuni, R.**, White, A., & Bobbitt, M. (2019, April). *Fostering healthful multicultural intersectionality at work: Inclusive and affirming practice*. Lecture presented at the annual conference of the New Jersey Counseling Association, Lincroft, NJ.

Harris, C., **Miyakuni, R.**, Radovic-Fanta, J., & Grange, L. (2019, April). Evolution of interdisciplinary research team: Working well with others. Symposium at the 91st Annual Conference

Miyakuni, R., Savitsky, D., & Yoon, E., (2019, June). *Queer Consciousness: Postcolonial Feminist Counseling of Queer AAPI Women*.

- Seto, A., & **Miyakuni, R.** (2019, February). *Working with multiracial families: Navigating intersections of race and everything else that has an impact on individuals, couples, and families*. Education session at the International Association of Marriage and Family Counselors (IAMFC), New Orleans, LA
- Ellison, L., & **Miyakuni, R.** (2018, October). *Doctoral student teaching mentoring in counselor education*. Round table presentation at the Southern Association for Counselor Education and Supervision (SACES) Conference, Myrtle Beach, SC.
- Savitsky, D., Yoon, E., **Miyakuni, R.** (2018, September). *Counseling Queer Asian and Pacific Islander Women: Addressing Postcolonialism through a Feminist Lens*. 50-minutes presentation at the Association for LGBT Issues in Counseling (ALGBTIC) Conference, Portland, OR
- Miyakuni, R.** (2018, August). *Relationship among religions, social attitudes toward minorities, and critical consciousness*. Poster presentation at the American Psychological Association (APA) Convention, San Francisco, CA.
- Miyakuni, R.** (2018, April). *Counselor educators' critical consciousness, LGBT social attitudes, and attitudes toward other minority groups*. Roundtable discussion presented at the American Counseling Association (ACA) Conference, Atlanta, GA.
- Miyakuni, R.** (2018, February). *Raising critical consciousness: An association with attitudes toward women, people of color, immigrants, and LGBT social attitudes*. Paper presented at the American Association of Behavioral & Social Science Conference, Las Vegas, NV
- Miyakuni, R.** (2017, October). *Counselor educators' LGBT(Q) social attitudes: An association with critical consciousness level*. Roundtable discussion presented at Association for Counselor Education and Supervision (ACES) Conference, Chicago, IL.
- Harris, C., **Miyakuni, R.**, Krause, R., & Grange, L. (2017, March). *From engagement and activism: Creating space for controversial conversations*. Roundtable discussion presented at the Midwestern Psychological Association (MPA) Convention, Chicago, IL.
- Hann, K., & **Miyakuni, R.** (2016, March). *Serving international LGBTQ students*. Roundtable discussion presented at the International Educators of Illinois (IEI) Conference at Northwestern University, Evanston, IL.
- Miyakuni, R.** (2015, October). *Increasing gender awareness in counselor education and training*. Poster presented at the 2015 Association for Counselor Education and Supervision Conference, Philadelphia, PA.
- Miyakuni, R.** (2015, April). *Developing GNSX: education, research, & activism*. Poster presented at 5th Annual Gender Matters Conference at Governors State University, University Park, IL
- Miyakuni, R.**, & Abdullah, J. R. (2014, September). *Ethical practice from multicultural competence and social justice advocacy perspectives in order to work effectively with Lesbian, Gay, Bisexual, and Transgender (LGBT) Youths*. Poster presented at 2014 Association for Assessment and Research in Counseling (AARC) National Assessment and Research Conference. Moline, IL.
- Abdullah, J. R., & **Miyakuni, R.** (2014, April). *Understanding social justice and how to bring change*. Round table discussion presented at 4th Annual Gender Matters Conference at Governors State University. University Park, IL
- Miyakuni, R.** (2014, April). *Ethical obligation and legal implication of counseling LGBT clients*. Paper presented at the 4th Annual Gender Matters Conference at Governors State University. University Park, IL
- Miyakuni, R.**, & Yang, J. (2013, November). *Discouragement, disorder, and development: Social interest as criterion for mental health*. Poster presented at the 65th Annual Illinois Counseling Association Conference. Skokie, IL.
- Yang, J., & **Miyakuni, R.** (2013, July). *Discouragement, disorder, and development: Social interest as criterion for mental health*. Poster presented at the 2013 North American Society of Adlerian Psychology. San Diego, CA.

CLINICAL SUPERVISION EXPERIENCE

Summer 2016, Spring 2017 **Governors State University, University Park, IL***Group Practicum*

- Supervised graduate counseling students facilitating group counseling experience with their volunteers.

Individual Clinical Supervision (Spring 2015, Summer, 2016)

- Supervised graduate counseling students in individual and vocational counseling practicum experience.
- Assisted graduate counseling students with application of counseling theory of their choice and case conceptualization through observing their previously recorded clinical sessions and/or live sessions.
- Monitored timely completion and submission of progress notes.
- Provided support and encouragement through feedback on their strengths.

Sep 2011 – Jul 2012 **Kanawha Innerchange Program, Prestera Center, Charleston, WV***Intensive Outpatient Program (IOP) Supervisor*

- Supervised two intensive outpatient programs and Bachelor's and Master's level staff in delivery and assessment of behavioral health services.
- Held monthly staff meetings.
- Collaborated with outpatient and school-based programs on developing discharge planning and follow-up plans of care.
- Collaborated with the multidisciplinary team of psychiatrist, school officials, and probation officers through weekly updates on the student's treatment progress, developing a transition plan for the students from the program to home school settings, and developing appropriate follow-up plans by providing recommendation letters.
- Developed quarterly report on treatment outcomes of substance abuse youth program.
- Modeled encouragement through focusing on their strengths.

CLINICAL EXPERIENCE

Aug. 2024 - present **Oakwoods Center, Park Forest, IL***Clinical Mental Health Counselor*

- Providing individual and family counseling under supervision of Lynn Lidbury, LCPC and Cate Corbin, LCPC.
- Working toward obtaining LCPC license.

March 2023 - present **Winona State University Children's Center, Winona, MN***Registered Play Therapist Training*

- Under Dr. Sonya Lorelle, LCPC, RPT-S, currently providing Child-Centered Play Therapy to children between 3 and 12 years old.
- Working toward 350 clinical hours to become registered play therapist. Currently, in phase 2 of three phases of the training. Started in March 2023.

Jul 2018 – Sep 2018 **KVC Healthcare System, Charleston, WV***In-Home Therapist*

- Provided direct, in-home direct therapeutic services children and families to reinforce family preservation as well as prevent disruptions among foster families.

Aug 2008 – Sep 2011 **Kanawha Innerchange Program, Prestera Center, Charleston, WV***Intensive Outpatient Program (IOP) Children's Track Therapist*

- Redesigned the children's track by incorporating Adler's encouragement approaches and Dreikurs's positive behavior management and parenting techniques.
- Conducted intake services, and individual, family, and group counseling.
- Collaborated with the multidisciplinary team of psychiatrist, outpatient and school-based programs, and school officials on providing reports on progress, recommendation letters, and discharge and follow-up plans.

Nov 2006 – May 2008

Respite Program, Prestera Center, Huntington, WV

Respite Provider

- Organized coping, social, and interpersonal skills activities for children.
- Engaged in fundraising for children's snacks and activity materials from local businesses.

Jul 2007 – Apr 2008

Cabell Innerchange Program, Prestera Center, Huntington, WV

Graduate Counseling Program Internship

- Conducted individual and group counseling and intake assessment with adolescent clients.
- Documented behavior progress and clinical assessments.

CERTIFICATIONS

Licensed Professional Counselor (LPC) in Illinois. License #178.014142

Applying the Quality Matters Rubric (APPQMR) (Statewide system)

National Certified Counselor (NCC)

Certified Practitioner of Life Space Crisis Intervention (LSCI)

Certified Practitioner of Neuro-Linguistic Programming (NLP)

Certificate of Completion of Child Sexual Abuse Prevention Training by Stewards of Children, Darkness to Light
Telehealth for Mental Health Professionals (Completed via PESI on March 23, 2020)

Certified Autism Spectrum Disorder Clinical Specialist Intensive Training (ASDCS) 13 Modules. Completed 9 out of 13 modules via PESI (ongoing)

Registered Play Therapist (RPT) certificate (Started in October 2022 and ongoing)

PROFESSIONAL AFFILIATIONS

American Counseling Association (ACA), *Member*

Association for Counselor Education and Supervision (ACES), *Member*

American Educational Research Association (AERA), *Member*

Minnesota Counseling Association (MNCA), *Member*

PROFESSIONAL SERVICE

New Jersey Association for Counselor Education and Supervision (NJACES), *Treasurer*, July 2019

Illinois Association for Lesbian, Gay, Bisexual, Transgender Issues in Counseling (IALGBTIC), *Member-At-Large*,
November 2015-June 2016

ACADEMIC SERVICES

July 2024 – present

Student Success Equity Intensive Committee

- Collaborating with AASCU and the committee members (faculty, staff, admin, and students), collecting data to assess the necessary capacities for institutional transformation, identify and determine a shared understanding of student success and soliciting cross-campus collaboration.
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January 2023 – present Institutional Review Board (IRB) Committee

- Conduct a review human subject research proposals.

March 2021 – December 2021 All Campus Equity by Design Task Force

- Collected, analyzed, and interpreted data to promote a better understanding of why the current gaps are occurring through the Equity by Design data analysis framework in order to provide best practices for measuring progress toward closing the gaps and to actualize Minnesota State Equity by 2030 goals.

August 2020 – January 2021 Anti-Racism Graduation Requirement Task Force

- Reviewed programs, curriculum, and literature in order to explore ways to develop anti-racism education and/or require undergraduate to complete a course that focuses on issues of racism to fulfill undergraduate graduation requirements.

September 2020 – May 2022 Multicampus Collaboration Grant Project

- Recruited Winona State University faculty and student equity consultants (9 faculty and 5 students).
- Developed action research (in-depth individual interview and focus group) project with the faculty and student equity consultants.
- Supported and supervised student equity consultants in completing human subject training and data collection.
- Reviewed and analyzed the interview data.
- Completed final report and submitted it to the system office (Dr. Robbie Burnett, Director for Innovation & Collaboration, Academic & Student Affairs). The report was presented at the Board Meeting.
- Presented the final report at the cabinet meeting on May 11, 2023 to solicit the campus-wide action.

August 2019 – August 2023 Inclusive Excellence Committee

- Conducting policy review through applying Equity by Design
- Drafted Bias Response Team Protocol.
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September 2019 - Present Faculty of Color Caucus

- Developing a comprehensive recruitment and retention plan of faculty of color.
- Attended faculty of color leadership retreat.
- Being a part of the development and implementation of Minnesota State Colleges and Universities System wide Equity and Inclusion (EI) Plan.
- Presented faculty of color narratives at the Directors of Faculty Associations meeting.
- Participated the joint resolution writing and prepared Faculty of Color, LGBTQ+ Faculty Caucus, and Women Faculty Caucus joint resolutions for the 2023 Inter Faculty Organization (IFO) General Assembly.

Fall 2018 – Summer 2019

Presidential Task Force for Curriculum Development

- Collected data on innovative curriculum that integrate advanced technology, teaching, and learning methods in counselor education programs in the United States.

Comprehensive Exam Coordinator (Counselor Education Department)

- Coordinated students' registration for the comprehensive exam.
- Answering students' inquiries about the exam.
- Collaborating with the department faculty and the university staff to organize the

Fall 2017 – Spring 2018 Marshall University

Marshall University Undergraduate Sharing Day

- Assisted the operation of the event
- Created and delivered introductions of keynote speaker and other invited guest speakers.

Marshall University World Council, *Committee Member*

- Developing programs and initiatives that facilitate the development of a more inclusive campus community.

WV's DACA Dreamers and Muslim Immigrants in the Trump Era

- Collaborating with ACLU-WV, MU Libraries, and Student Activities to organize a panel discussion by the immigrants in West Virginia.

Fall 2013 – Fall 2017 Governors State University

Campus Inclusion Team (CIT), *Committee Member*, September 2016 to present

- Planned campus climate survey.
- Organized campus wide symposium on diversity and inclusion.

American Psychological Association Filming, *Student Panel Member*, 2012-2016

Gender and Sexuality Studies Students Club (GNSX) at Governors State University, *Co-Founder & Vice President*, 2014-2015

- Presented the poster on "Developing the GNSX" at the 3rd Gender Matters Conference.
- Organized "Bisexuality talk" by Dr. David Matteson, Professor Emeritus of Governors State University (2015).

Food Recovery Network Governors State University Chapter, *Co-Founder & Local Agency Liaison*, 2015-2016

- Coordinated the local social services agency and Governors State University cafeteria to recover edible but unsellable foods for donation to its food pantry.

Gay Straight Alliance (GSA) at Governors State University, *Vice President*, 2013-2014

- Organized and co-sponsored LGBT history month programs (2013)
 - Prepared "Coming Out" wall of fame
 - Proctored film screening and panel discussion "Gen Silent"
 - Hosted LGBT artists' exhibit (with the Visual Art Gallery)
 - Coordinated Being "Out and Equal" in work place (with the Career Services Center)
 - Facilitated panel discussion on hate crime against LGBT persons (with Criminal Justice program)
- Presented a poster at the International Education Week (2014)

COMMUNITY OUTREACH/VOLUNTEER

April 2018 Call to Action for Racial Equality (CARE)

- Provided an educational session for psychiatrists, residents, psychologists, and social workers at Charleston Area Medical Center (CAMC) Memorial Hospital Behavioral Medicine.

Nov 2017 – Jun 2018 HOPE Community Development Corporation (HOPE CDC)

The Westside Revive Movement/The Black Lives Matter Task Force

- In support of community program development in Charleston area (WV), conducted public policy reports analysis and related research findings and reported to the project leader and the community leaders.

- Attending the community meetings and volunteering at the community events.

Mar 2015 – Jan 2016 **The LGBTQ Task Force, *Creating Change Conference Host Committee***

- Served on the Local Promotion and Outreach Team to promote the conference and reach out LGBTQ communities of various regions in the state of Illinois
- Organized informational tables to recruit the conference attendance, especially LGBTQ youth and young adults to attend, network, and expand their community circles.

Jul 2014 – May 2015 **Respond Now, *Assistant to Development Director/Client Counseling***

- Conducted various administrative tasks and fundraising efforts.
- Launched Food Recovery Network to coordinate food donation from the cafeteria to its food pantry.

Feb 2013 – May 2014 **South Suburban PADS, *Overnight Guest Assistant***

- Assisted guest during the night shift, clean the facility and prepared lunch bags

Jun 2008 – Aug 2008 **Ebenezer's Medical Outreach Center, *Office Assistant/Event Volunteer***

- Organized volunteers' information, schedules and developed Excel spread sheets to keep track of volunteers' hours and donation, and other relevant administrative tasks.

Dec 2006 – Aug 2008 **United Way of River Cities, *Office Assistant/Event Volunteer***

- Assisted various administrative tasks and special events.

May 2008 – Aug 2008 **Enable Project, Inc, *Assistant to Executive Director***

Enable Project was an outcome-based organization that socially, politically, and economically empowers the physically and/or mentally challenged population, through facilitating an operational and productive relationship between the community and the physically and/or mentally challenged.

- Collaborated with the team in launching the project.
- Recruited members.
- Organized fundraising events.
- Assisted the executive director in completing 501(C)(3) paperwork.

Aug 2006 – Jan 2007 **Cabell County Court, *KIDS Divorce Support Group Volunteer***

- Led children's support group and therapeutic activities.
- Provided parents with psychoeducation group on how to effectively assist their children with coping with divorce.

Jan 2001 – May 2001 **Barnett Child Care Center, *Center Volunteer***

- Tutored students' homework.
- Assisted teachers with various classroom routines.

May 2003 – July 2003 **Ishimina Children's Group Home, *Residents Support Volunteer***

May 2001 – July 2001

- Tutored residents' homework.
- Assisted residents and staff with daily routines.

HONORS/AWARDS

Marshall University Women of Color Award, 2018

Virginia M. Wagner Educational Grant, 2017

Association for Counselor Education and Supervision (ACES) *Emerging Leader*, 2015

Governors State University Student Leadership Award, *Rising Star Nominee*, 2014

Governors State University Conference Travel Fund, 2013, 2014, 2015

Study Abroad Scholarship, Governors State University, 2013

Community Service Award, United Way of the River Cities, 2008

Marshall University Dean's List, Fall 2000 and Fall 2003