

# The RETIREE CENTER Newsletter



*Hello Retirees,*

We are having a busy start to the year here at the Retiree Center. Two of our Senior University courses started this week with Matt Bosworth's course on *The Modern Supreme Court and the Constitution* and Andy Ferstl's course entitled, *What Are We Made Of?: A Physicist's Perspective*. Both of these classes sold out quickly and had waitlists. Senior U just seems to get more and more popular with time. Last fall, we had the highest enrollment in the history of the program! I have to thank the Senior U Committee members (Richard Shields, Rill Reuter, Jim Reynolds, and Jim Bromeland) for seeking out such interesting classes for us. We have four more classes being held this spring and summer. Please see the list of offerings on [page 3](#) and [register soon](#) if you are interested.



We are also offering several fun day trips this spring and next fall. Details are on [page 5](#). There will be another Vikings trip in the fall, but we won't have the date until late spring. We started our "Retiree Movie Morning" series this month. On January 14th, we had fifty retirees come to the Winona 7 Theater to see the Bob Dylan biopic, *A Complete Unknown*. We will be offering two more Movie Mornings this year, one in February and one in March. These will be held on the 2nd Tuesday of the month. Watch for emails from me with more information. These are free events for you and a guest!

The annual Retiree Center Spring Luncheon will be held on Thursday, May 1st from 11:30-1:00 p.m. in the Kryzsko Ballroom. This is our opportunity to honor all the newest WSU retirees. We may have a lot of new retirees to honor since they have offered a BESI again this year. Invitations for the luncheon will be mailed in March.

I had so much information to share with you in this newsletter that I didn't have a full page to dedicate to pictures from our Retiree Winter Social that was held in December. We had such a good time that day with close to one hundred retirees in attendance. Please see a few of the pictures below. I love Gene Lundak as Santa! You can visit our [Facebook page](#) to see all of the pictures from the social.

I hope you enjoy reading this newsletter. I must give a shout-out to Bill Meyer who contributed an excellent and funny article about his trip to the Spam Museum with his grandkids...thanks Bill! Please take note of the many events, volunteer opportunities, classes, and trips that are listed in this newsletter. Our mission at the Retiree Center is to keep you connected to this place and to each other. I hope that you will take advantage of these opportunities to do just that. Hope to see you all soon! - Jess



Louis and Rhonda Literski



Gene Lundak and Rita Ouellette



Ann and Dave Kohner

## RETIREE CENTER MISSION STATEMENT

*To support the mission of WSU and enrich the campus community as well as the lives of retired staff, faculty and administration by providing institutional connections between the University and retirees who may wish to continue their intellectual and social participation in collegial life and service to the University.*

# RETIREE NEWS AND NOTES

## Retiree Center Advisory Board

Brian Aldrich  
Nancy Amann  
Jean Bellman  
Michael Bowler  
Heather Dieterman  
Diane Dingfelder  
Tracy Hale  
Jonathon Mauser  
Sandra McNab  
Nadia Miranda  
Ann Rethlefsen  
Rill Reuter  
Judy Shepard  
Richard Shields  
Kristi Ziegler

## Contact Us

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**Director:**  
Jessica Kauphusman

## RETIREES JOIN UNDERGRADS FOR CLASS

Adam Gaffey, Associate Professor of Communication Studies, is looking to have approximately twelve to fifteen WSU retirees join the February 20th class period of his undergraduate Communication Studies 275 course entitled, "Communication and Civic Dialogue." We had a great group of retirees join the class last semester. Last semester's class topic was professional work. More specifically, the class talked about how we think about the value of work in our lives. What is the right approach to a work-life balance, and what contextual factors should be thought about when deciding to pursue work? That class discussion went so well that he is hoping we can continue to do this each semester the class is taught.

Here is what Professor Gaffey had to say about this semester's discussion:

*"Last fall we had a good discussion on work-life balance. This spring, I thought it would be nice to have the students learn more about positive influences in the retirees' experiences. Vice President Denise McDowell is profiling the idea of "emotional intelligence" in other campus events, and I think it would be really great to have the students learn about what sort of experiences the retirees had that helped them develop their relationships and skillsets. What are the best conditions to encourage people to develop into their best self? Is it best to work independently, to have a mentor, or to assume responsibility in certain phases of life? What kind of environmental prompts help us generate the emotional intelligence to endure hardships? I am sure each person has a unique perspective and story to these questions, and I think it would be fantastic for the students to learn more about these perspectives."*

This discussion will take place on Thursday, February 20th from 2:00-3:20 p.m. in the DuFresne Performing Arts Center, Room 124.. Adam asked me to get this information out to you in hopes that several of you might be interested in participating. Right now, we only have two people signed up to participate. He is hoping that at least twelve retirees will be interested in joining the conversation. This is a fantastic opportunity for intergenerational learning and a chance to connect with some of our undergraduate students. It's a wonderful collaboration for the Retiree Center. I am so happy that Professor Gaffey is interested in continuing this opportunity for retirees to participate and share their wisdom with our current students!

If you'd like to take advantage of this unique opportunity, please email me, and I will let Adam know. He will send more information to us as we get closer to the February 20th class date.

## RICHARD BOWMAN

Richard Bowman, professor emeritus education, published a manuscript titled "Inspiring Students Moral Imagination: Mission and Process," Global Journal of Human--Social Sciences, 2024, 1-7.

**Abstract:** In diverse academic environments, there is an evocative moral question that is tacitly held but rarely voiced: "Who matters?" The answer reflects the circle of moral concern that educators and students hold for themselves, their school, and their community. The enduring challenge confronting educators is how to inspire students to enlarge their circles of moral concern through instructional practices, including: Teacher as Moral Leader, Self-Governing Professionalism, Values-Based Student Conduct, and Teaching and Learning through Visual Imagery.

# SENIOR UNIVERSITY SPRING/SUMMER 2025



Senior University is in full swing this spring! We are currently enjoying Matt Bosworth's course on the *Modern Supreme Court and the Constitution* as well as a course by Andy Ferstl entitled, *What Are We Made Of?: A Physicist's Perspective*. We are still taking registrations for the four classes below. If you're interested, please register soon to reserve your spot!

|   |  |   |
|---|--|---|
| A BRIEF HISTORY OF JAZZ:<br>1960-PRESENT  | Rich MacDonald<br>Somsen 331<br>or via Zoom ( Hybrid)    | Mondays<br>February 24, March<br>3, 17, 24, 31<br>2:30-4:00 p.m.<br>\$40.00                                       |
| HISTORY OF THE<br>AMERICAN REVOLUTION   | Greg Schmidt<br>Maxwell 287                              | Wednesdays<br>March 19, 26, April<br>2, 9, 16, 23<br>3:00-4:30 p.m.<br>\$40.00                                    |
| FRANK CAPRA, CAPRACORN, AND<br>SOCIAL CONSCIENCE:<br>FIVE REPRESENTATIVE COMEDIES<br>FROM THE 1930S AND 1940S | David Robinson<br>Harriet Johnson<br>Auditorium - Somsen | Tuesdays<br>April 29, May 6, 13<br>20, 27<br>1:00-4:00 p.m.<br>\$40.00  |
| SHAKESPEARE IN<br>PERFORMANCE   | Jane Carducci<br>Room TBD                                | Sundays<br>July 13, 20<br>Class meets before & after<br>each play<br>\$100.00<br>(includes tickets to both plays) |

We are already starting to put together our roster of courses for Fall 2025. We've got several great classes lined up with more to come. Right now, I can tell you that Emilio DeGrazia will teach a course on Romanticism. His proposal for the course sounds very interesting with topics like "gothic lurking" and "romantic agony." I'm intrigued! Some of you might remember that we were planning to offer a short course on the WSU Arboretum last fall. That course had to be cancelled due to an injury sustained by the instructor, Melanie Reap. Fortunately, Melanie's leg has healed and she is planning to offer the course in mid-October just as the campus will be at its most beautiful. We are also planning courses on Genealogy, World Studies, and Nutrition. Do you have an idea for a course? Would you be interested in teaching a Senior University course? If the answer is yes to either of these questions, please let Jess know asap!



# RETIREE GUEST COLUMN - BILL MEYER

You have spam! These are words that normally do not bring joy into one's heart. In the vocabulary of recent years, spam is described as unwanted emails, texts, or phone messages. It often contains advertisements, money scams, or some type of phishing scheme.

But I am talking about the other kind of spam. The kind that comes in a blue twelve ounce can. If you were lucky, or unlucky, depending on your point of view, spam was a meat product that might have found its way to your kitchen table if you grew up in the 1950's or 60's. Growing up in that era, I remember seeing my dad fry up a few slices of spam and an egg or two on the rare occasions that he made breakfast. If the two of us went on an overnight fishing trip, spam and eggs were a staple for breakfast and for a bonus, we would enjoy a piece of toast. It always tasted great to me.

But I always wondered exactly what Spam was made of. What secret ingredients went into that little blue can? And why did it have that really strange name? This summer I finally got some answers to these burning questions of my youth. My wife and I went to the Spam Museum in Austin, Minnesota with two of our grandchildren. I will admit it was my idea and, in hindsight, probably not a very good one either. But at the time I could hardly conceal my excitement.



When we got to the museum, we learned about the history of Spam. Spam was first produced in 1937 by Hormel Foods in Austin, Minnesota. It was created in order to supply an inexpensive meat product during the Great Depression. Later, during World War II, it provided a reliable food source for the troops that did not require refrigeration. The recipe for Spam is quite simple. It consists of only six products: pork shoulder, water, salt, potato starch, sugar, and sodium nitrate. As far as the name goes, most people say that it is a combination of the words "spiced" and "ham."

I suppose you are wondering how our grandchildren were eating up the tour of the Spam Museum. I think that it would be fair to say that they were unimpressed. So, I thought if they could taste a small piece of Spam, I could redeem myself. Luckily, we discovered three different samples of Spam on a pretzel being given away free! Again, I found them less than impressed.

Trying one last ditch effort to capture their interest, I attempted to demonstrate Spam's popularity throughout the world, pointing out that in Hawaii, Spam Musubi is so popular that it has its own national day! I mentioned that every August 8th, Hawaiians celebrate National Spam Musubi Day. This renowned snack consists of placing a slice of Spam in a caramelized sweet sauce, then placing it on a bed of rice. Finally, it is all wrapped in a piece of seaweed. Makes the mouth water!



Furthermore, Spam is enjoying a renaissance in popularity today, having seen seven years of record sales. Spam is particularly well-liked in the Asian and Pacific Islander communities. For instance, Guam's annual consumption is sixteen cans per person.

I must admit, I am a trivia nut. I love to clutter my brain with lots of useless facts. And I was fascinated by all the Spam trivia, but instead of mustering up my grandchildren's interest, I had lost it completely. They were sitting on a bench by the exit looking at their smartphones.

It looked like I had guessed wrong on the day's entertainment. It sounded good at the time but maybe next time I should try venturing into the world of digital entertainment such as video games or streaming services. Or maybe, I could take them to a park and talk about trees! Now that would definitely put them to sleep.

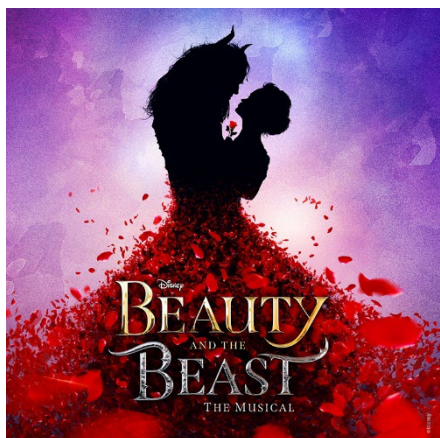
# SAVE THE DATES! - UPCOMING DAY TRIPS



**GREASE at the Chanhassen Dinner Theater – Wednesday, May 7, 2025 – 1:00 p.m.**

Greased-back hair and leather jackets, ponytails and poodle skirts, fast cars and rock'n'roll, *Grease* is back at Chanhassen Dinner Theatres! Experience the nostalgia of high school in the '50s – peer pressure, love, and teenage life set against the campy backdrop of Rydell High! Discover the drama, comedy, and pop-culture satire that has made *Grease* one of the most popular productions of all time!

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**BEAUTY AND THE BEAST at the Orpheum Theater – Thursday, August 14, 2025 – 1:00 p.m.**

Be our guest at Disney's newly reimagined **30th Anniversary** production of *Beauty and the Beast*, the breathtaking musical filled with the **romance** and **grandeur** audiences know and love. This enchanting and timeless tale has been brought to life like never before, with **spectacular new sets** and **dazzling costumes**.

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**PURPLE RAIN at the Orpheum Theater – Wednesday, October 22, 2025 – 7:30 p.m.**

The world premiere stage adaptation of **Prince's** legendary film and album, *Purple Rain* tells the fictional story of The Kid, an up-and-coming rock musician in the Minneapolis music scene, as he contends with a tumultuous home environment, a rival band and a budding romance.

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Registration for all three of these trips is open! Here is the link to register:

[https://mnscu.rschoolday.com/public/getclass/category\\_id/219/program\\_id/37/](https://mnscu.rschoolday.com/public/getclass/category_id/219/program_id/37/)

I hope you will be able to join us for one, two, or all three of these amazing plays!

# WSU UPDATES FROM PRESIDENT JANZ

Originally published in Inside Winona State

Welcome to Spring Semester 2025 at Winona State University! As we begin the new year, I invite you to review this kick-off message, which includes:

- Updates on key initiatives
- Recent university recognitions
- Plans for shaping the future of Winona State

These efforts embody our shared commitment to supporting students, fostering a sustainable campus, and addressing challenges with clear and focused strategies.

## University Goals

We are making significant strides toward three ambitious goals to achieve by June 2025:

- **Winona State 2035:** We are in the early stages of creating a comprehensive strategic plan to guide the university's development over the next decade. We will build on the framework established in Fall 2024, and we will work in collaboration across our campus community, in partnership with local leaders, and with guidance from external experts. Over winter break, we held productive Cabinet sessions led by Ken Graetz, and these sessions will be replicated across the university this spring to ensure broad input and engagement.
- **Improving Student Success Initiative:** Through targeted interventions, we are enhancing student retention and completion rates, with support from the Higher Learning Commission (HLC) and the American Association of State Colleges and Universities (AASCU).
- **Warriors Pathways to Success Enrollment Initiative:** To strengthen our competitive edge, we are implementing targeted recruitment strategies to attract and retain a diverse and thriving community of learners.

## Recent University Recognitions

- **Green College Designation:** For the 14th consecutive year, Winona State has been named one of the nation's Greenest Colleges by the Princeton Review. With a green rating of 84, we continue to lead in sustainability practices and preparing students for a clean-energy economy.
- **Hunger Free Campus Designation:** This fall, we earned the "Hunger Free Campus" designation in recognition of our efforts to support food-insecure students. Initiatives such as Hunger Action Day and the expansion of the Warrior Cupboard have made a tangible impact on our campus community.
- **ABET Accreditation:** Our General Engineering bachelor's degree program has achieved accreditation from the Engineering Accreditation Commission of ABET, marking a significant milestone in our engineering program.
- **Civic Engagement Grant:** Winona State has received a \$1.1 million grant from the Department of Defense to establish a Civic Center. This center will promote civic engagement and ethical leadership, offering training on topics like civil discourse, public decision-making, and campaign finance rules. These efforts will support local governments and strengthen relationships between communities and their leaders.
- **CAAHEP Accreditation:** Our Clinical Exercise Science program has achieved initial accreditation from the Commission on Accreditation of Allied Health Education Programs. We are the first undergraduate or graduate Clinical Exercise Science program to receive accreditation in the tri-state region.



*Continued --->*



# PRESIDENT JANZ UPDATES CONTINUED

## University Budget

To address the approximately \$4 million budget deficit, we have taken several actions:

- We have asked administrators to reduce their base budgets by a total of \$3 million.
- We implemented a “hiring chill” in Fall 2024. This measure will remain in effect through FY25, with all open positions reviewed by the President’s Cabinet.
- We have offered a BESI (Board Early Separation Incentive) to select eligible employees. We encourage departments to consider alternative workflows and approaches to achieve savings.

These measures will be reassessed as we refine enrollment projections and budget scenarios for FY26.

## Advancing Legislative Priorities for a Stronger Future

This year, the Minnesota State system, along with Winona State University, has advanced significant legislative priorities to ensure the continued success of our students and campus communities. Over the next biennium, the system is requesting \$456 million in new funding that will directly impact student affordability and campus operations, supporting essential services like mental health resources, financial emergency grants, and access to free course materials. It will also enable us to address critical campus asset preservation needs and provide workforce-focused programs tailored to high-demand skills. This investment is vital to maintaining our commitment to experiential, accessible, and affordable education.

In addition, we are advocating for \$77 million in bonding support for our Center for Interdisciplinary Collaboration, Engagement, and Learning (CICEL). CICEL will replace outdated facilities, creating a 73,000-square-foot, net-zero energy building that features innovative active-learning classrooms, high-tech studios, and collaborative spaces. This project will not only transform our campus, it will support our sustainability goals and strengthen academic partnerships with businesses and organizations.

With these legislative priorities, we aim to secure the resources needed to improve our facilities, enrich the student experience, and remain a leader in higher education and sustainability.

## Looking Ahead

To build a brighter future, we must embrace change and take bold steps to align our resources with the needs of today’s students. These strategic goals and organizational changes reflect our unwavering commitment to fostering a connected, supportive, and innovative environment that ensures student success.

Thank you for your dedication to Winona State University and the students we serve. Together, we will continue to improve our world as a community of learners.

Sincerely,

Kenneth Janz, Ph.D.  
President  
Winona State University

# RETIREE VOLUNTEER OPPORTUNITIES WITH ADMISSIONS

Last week, I had a great meeting with Tania Schmidt to discuss how retirees can help the Admissions Team with their very important work. Tania had several great ideas about how retirees can help. I hope you will consider one or more of these opportunities.

- **Saturday Admissions Visits** – Saturday family visits and tours result in the highest yield of applicants for Admissions. One Saturday each month, Admissions hosts a tour for visiting families that ends at lunchtime at the Jack Kane Dining Hall. Tania would love it if retirees would volunteer to eat lunch with these visitors. Your lunch would be paid for by Admissions. This would be a great opportunity for you to meet some prospective students and their families and to answer questions and offer advice. Here are the dates for upcoming Saturday visits: February 22, March 22, April 12, June 14, and July 19.



- **Traffic Direction** – When the Admissions Office has big events like Explore WSU!, MEA campus visits, large registration events, etc., they could really use some help with directing traffic. This would involve helping families find the right parking lot, building, room, etc. Here are some of the upcoming event dates:

- ExploreWSU! – Feb 21st

- Registration: March 20, 21, 27, 28

- SO/JR Day – April 11

- **Campus ESP “Do You Remember” Series** – Campus ESP is a product that connects families of current and prospective students to campus news. Tania is looking to place meaningful content that creates connections into the platform. Can you recall times where your work or extra help with a student or students at WSU created an impact that lasted far beyond graduation? If so, we’d love to have you submit your story!

- **Postcard Writers** – Who doesn’t love to receive a handwritten note? Unfortunately, it happens less and less these days. Tania would love it if you would be willing to write postcards to prospective students. You may be assigned to write to students who live in a geographic area where you once lived or to students who are interested in a discipline that you taught.

- **Afternoon Daily Visits** – The Admissions Office offers tours at 2pm each Monday, Tuesday, Thursday, and Friday. These tours have the lowest yield in terms of applicants. The tours end at 4pm at the Admissions Office in Maxwell Hall. Tania thinks it could be helpful to have one or two retirees there from approximately 3:50 p.m. - 4:15 p.m. to welcome the tourists back and to take time to answer questions or just chat with students and families.



These are all wonderful ways to lend a hand, and I am very thankful to Tania for taking the time to think about how retirees can help advance the WSU mission. I hope you will consider one or more of these volunteer opportunities. If you are interested, please contact Tania via email: [tmschmidt@winona.edu](mailto:tmschmidt@winona.edu) or by phone: 507.457.5508. Thank you for your consideration.



# TRAVEL TO MONTREAL WITH RICH MACDONALD!

We are excited to announce a special musical trip to witness live jazz performances at the 2025 Montréal Jazz Festival (Wednesday, June 25-Sunday, June 29, 2025). This event will be co-hosted by WSU Professor Emeritus, Dr. Rich MacDonald; and his son, WSU alum, Alan MacDonald, owner and operator of Thrive Adventures. Cost is \$2,799 per person double.

Trip includes:

- Tickets to 5 headliner concerts (see artists below)
- 5 nights accommodations at the Double Tree Hilton, official hotel of the Montréal Jazz Festival
- Access to free concerts on multiple outdoor stages hosted by the festival
- Daily in-depth post concert reviews, historical context and artist briefings with Rich MacDonald
- Private Q and A interview sessions with musicians, emceed by Rich MacDonald
- 5 breakfasts, 3 lunches and 2 dinners

Featured performers include:

- 9-time Grammy winner, leader and trumpeter Wynton Marsalis and the Jazz at Lincoln Center Orchestra;
- Recent Grammy winner (2022) for Best Global Music Performer, Pakistani singer, Arooj Aftab;
- Contemporary instrumentalist, winner of gold and platinum album awards, and 2-time Grammy winner, Chris Botti;
- Newcomer, and already 3-time Grammy winner, jazz vocalist, Samara Joy;
- Jazz/rock fusion pioneer, alumnus of the Miles Davis group, and 6-time Grammy-nominated guitarist, Mike Stern.

Ranked in the Guinness Book of World Records, The Montréal Jazz Festival is the largest festival of its kind in the world. Founded in 1980, it is famous for featuring established artists along with young up and coming performers, highlighting the many facets of the art form. The festival features 150 indoor concerts and the famous outdoor component, consisting of more than 350 free, open-air shows, presented on the Place des Festivals, which has been specially redesigned and set up for the event. The festival grounds are located in the heart of the thriving metropolitan city of Montréal, Canada's second largest city, and one of the most diverse cities in North America.

For more information go to:

<https://www.thriveadventures.com/montrealjazz.html>

To watch the recording of the Travel Meeting held on January 28th, go to: [https://minnstate.zoom.us/rec/share/sQOl1KuMrJ-Fl9s9CwzkMc7owMOFoNb4E0vpV\\_ZbMBQZsuKKkdiLGjk4-WBR7TzHr.FyUsj0Qu6ULU3G?startTime=1738080404000](https://minnstate.zoom.us/rec/share/sQOl1KuMrJ-Fl9s9CwzkMc7owMOFoNb4E0vpV_ZbMBQZsuKKkdiLGjk4-WBR7TzHr.FyUsj0Qu6ULU3G?startTime=1738080404000)

And, don't forget about our "Discover the Islands of New England" trip coming up in September!

This 8-day trip will depart on September 12, 2025. The cost is \$3629 per person double. The Atlantic coast is calling! Explore New England's majestic seaboards, from Rhode Island to Cape Cod. Visit Providence and the Gilded Age mansions of Newport. Experience the beautiful islands of Martha's Vineyard and Nantucket. Complete your local experience as you indulge in a traditional seafood and lobster feast. Explore the local charms, walk along historic cobblestone streets, and feel like a true New Englander. Trip Highlights: Providence, Art & Architecture Walking Tour, RISD (Rhode Island School of Design) Museum, Newport, Lobster Trap Pull Demonstration & Cruise, Plymouth Rock, Cape Cod, Hyannis, Nantucket, Sandwich Museums, Martha's Vineyard, Lobster Dinner.

To learn more: <https://gateway.gocollette.com/link/1242997>

To watch the recording of the Travel Meeting held last October, go to: [https://collette.zoom.us/rec/share/ikxoAixN5XYhoL-hZ0w5I3r7IarjtgDDibw1q7L3WpC1wVGMUq9f7Sf-V9\\_DXtIy6.99VCgThRh6NRkOBc?startTime=1728495974000](https://collette.zoom.us/rec/share/ikxoAixN5XYhoL-hZ0w5I3r7IarjtgDDibw1q7L3WpC1wVGMUq9f7Sf-V9_DXtIy6.99VCgThRh6NRkOBc?startTime=1728495974000)

# CALENDAR

## February

### RETIREE CENTER MOVIE MORNING

Winona 7 Theater  
Tuesday, February 11, 2025  
Beginning at 10:00 a.m.



### AROHE REIMAGINING RETIREMENT SERIES: HOLISTIC COGNITIVE HEALTH

Healthy Cognition: The Science of  
Memory and Forgetting

Webinar: Tuesday, February 25, 2025 - Noon

To Register for the webinar series:  
<https://www.arohe.org/Reimagining-Retirement/>

### CIVIL WAR ROUNDTABLE PRESENTATION

White Officers of U.S. Colored Troops:  
Volunteers from Southeastern Minnesota  
Presented by Carol Jefferson  
Saturday, February 8, 2025 - 10:00 a.m.  
Briarcombe Room - Winona History Center

### RETIREES INVITED TO PARTICIPATE IN WSU COURSE

Communication & Civic Dialogue - Prof. Adam Gaffey  
Thursday, February 20, 2025 - 2:00-3:20 p.m.

### FROZEN RIVER FILM FESTIVAL

February 9-16, 2025



### DANCESCAPE PERFORMANCE

WSU Theatre & Dance  
February 20-22, 2025 - 7:30 p.m.  
DuFresne Performing Arts Center

## March

### AROHE REIMAGINING RETIREMENT SERIES: HOLISTIC COGNITIVE HEALTH

Navigating Change: Strategies for  
Transitional Times  
Webinar: Tuesday, March 11, 2025 - Noon

Personal Stories: Tips from Retirees on  
Managing Cognitive Health  
Webinar: Tuesday, March 25, 2025 - Noon

<https://www.arohe.org/Reimagining-Retirement/>

### RETIREE CENTER MOVIE MORNING

Winona 7 Theater  
Tuesday, March 11, 2025  
Beginning at 10:00 a.m.  
Event is tentative due to  
theater construction



### RETIREE CENTER PATHWAYS TO RETIREMENT

"The Importance of Social  
Connections in Retirement"

Trisha Karr - WSU Psychology Professor  
Webinar: Tuesday, March 18, 2025  
2:30-4:00 p.m.



### WSU SPRING BREAK WEEK

March 10 - March 14, 2025  
Retiree Center will remain open



### RETIREE CENTER TRAVEL

Old World Sicily & Malta  
March 16 - 27, 2025

# CALENDAR

## April

### AROHE DATA SECURITY WEBINAR

Cyber Fraud and Personal Security Insights  
Tuesday, April 8, 2025 - Noon  
<https://www.arohe.org/Reimagining-Retirement/>

### EMPLOYEE RECOGNITION CEREMONY

Thursday, April 17, 2025  
Kryzsko Ballroom - 1:00-3:00 p.m.



### RETIREE BREAKFAST & ALL-U CAMPAIGN KICKOFF

Tuesday, April 8, 2025  
8:00-10:00 a.m.  
Kryzsko Commons - Ballroom



### EARTH DAY

Tuesday, April 22, 2025

### ARBOR DAY

Friday, April 25, 2025  
Watch your email for WSU celebratory events

### WSU THEATRE & DANCE PRESENTS: FUN HOME

April 16-19, 2025  
Vivian Fusillo Mainstage Theater

### WSU INTERNATIONAL NIGHT

April 5, 2025 - 4:00-7:00 p.m.  
Kryzsko Ballroom

## May and Beyond



### RETIREE BREAKFAST

Second Tuesday, May-September  
9:00-11:00 a.m.  
Kryzsko Commons Solarium



### RETIREE CENTER SPRING LUNCHEON

Thursday, May 1, 2025  
11:30 a.m. - 1:00 p.m.  
Kryzsko Commons - Ballroom

### RETIREE CENTER DAY TRIP

Wednesday, May 7, 2025  
*Grease*  
Chanhassen Dinner Theater Matinee  
Registration opens soon!

### WSU COMMENCEMENT

Friday, May 9, 2025



### GREAT RIVER SHAKESPEARE FESTIVAL

SEASON 22: JUNE 26-JULY 27, 2025  
SEE DETAILS ABOUT OUR SENIOR U COURSE - [PAGE 3](#)

### WINONA STEAMBOAT DAYS

JUNE 11-15, 2025



### MIDWEST MUSIC FEST

May 9-10, 2025







*Deb Pelowski*  
Bookstore  
November 12, 2024



*Jean Leicester*  
Education  
November 27, 2024

## IN MEMORIAM



*We honor and mourn our  
University colleagues who  
have recently died.*

*We recognize the richness  
of each life, the gifts these  
members have brought to  
many and the loss felt by  
family and friends.*



*Bill Chuchna*  
Spouse of Dorothy  
December 24, 2024



*Marie Steigewald*  
Spouse of Jacob  
December 28, 2024

## THE PERKS OF BEING A WSU RETIREE

- Athletic Events: Free admission to regular scheduled campus athletic events
- Teaching, Learning and Technology Services: Free campus offered classes when space available
- WSU Fitness Center access at employee rate
- ID Card for all retirees
- Notary Public Services available at no charge
- WSU Library privileges (Retiree ID Card serves as library card)
- Free parking pass for all lots, must renew each year
- 15% discount on clothing and WSU gifts at bookstore, no books
- Printer, scanner, and copy access at the Retiree Center (up to 10 pages per visit)

