

# **Madeline Vinzant, Ed.D**

**Winona State University • Assistant Professor**

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## **EDUCATION**

### **Viterbo University**

*Doctor of Education in Counselor Education and Supervision (CACREP) - 2025*

Dissertation Title: A Phenomenological Study of Off-Contract Professional Strain Among School Counselors During Summer Break

### **Winona State University**

*Master of Science in Counselor Education, School Counseling (CACREP) - 2014*

### **University of Wisconsin – La Crosse**

*Bachelor of Science in Psychology, Minor in Women's and Gender Studies - 2012*

## **LICENSURE AND CERTIFICATION**

Licensed School Counselor (Wisconsin Lifetime License # 759338)

Screening, Brief Intervention, and Referral to Treatment (SBIRT) Certification

Psychological First Aid (PFA) Certification

Collaborative Institutional Training Initiative (CITI) Certification

## **SCHOLARSHIP**

### **Presentations**

- Vinzant, M., Fernan, A., Trim, M. (2025). *Connected or Consumed: Protecting Childhood in a Digital Age* [Invited Presentation]. Shirley Wright Memorial Library, Trempealeau, WI.
- Vinzant, M., & Wood, C. (2025). *Bridging Gaps: Navigating Mental Health, Truancy, and Special Education in Rural Schools* [Accepted Conference Workshop]. Wisconsin School Counselor Association, Wisconsin Dells, WI.
- Vinzant, M. (2025). *When helping hurts: Tools to manage secondary traumatic stress* [Accepted Conference Workshop]. Wisconsin School Counselor Association, Wisconsin Dells, WI.
- Vinzant, M. (2025) Submitted Proposal: *When helping hurts: Tools to manage secondary traumatic stress* [Accepted Conference Workshop]. Wisconsin School Counselor Association Conference, Wisconsin Dells, WI.
- Vinzant, M., & Wood, C. (2025). *From doctoral student to faculty member: Navigating challenges, celebrating successes, and finding your path* [Accepted Conference Workshop]. Association of Counselor Education and Supervision Conference, Philadelphia, PA.

- Vinzant, M., & Wood, C., Backman, R. (2025). *Embracing uncertainty: Ambiguity tolerance in counselor education* [Accepted Conference Workshop]. Association of Counselor Education and Supervision Conference, Philadelphia, PA.
- Vinzant, M. (2024, November,4). *Beyond the Bell: Expanding Access to Continuous Counseling Services for Student Success* [Conference Workshop]. Minnesota School Counselor Association Conference, Duluth, MN.
- Vinzant, M., & Burkwaldt, M. (2024, September, 14). *A lifeline: Access to school counseling services beyond the academic year* [Conference Workshop]. Suicide Summit at University of Wisconsin- La Crosse, La Crosse, WI.
- Vinzant, M. (2024, August, 5). *Supervision skills in school counseling* [School District Professional Development]. Wisconsin Well Be's Consortium, Randolph, WI.
- Vinzant, M. (2023, September). *Summer Counseling Program* [School Board Presentation]. G-E-T School District, Galesville, WI.
- Vinzant, M. (2024, May). *G-E-T guiding coalition: Wisconsin comprehensive school based mental health framework* [Administration Presentation]. G-E-T School District, Galesville, WI.
- Vinzant, M. (2021). *What is social emotional learning and how do we actually "do" it?* [District Professional Development Presentation]. G-E-T School District, Galesville, WI.

### Publications

Cottone, R. R., Tarvydas, V. M., & Hartley, M. T. (2022). *Ethics and Decision Making in Counseling and Psychotherapy* (5th ed.). Springer Publishing. Chapter 8.

### Grant Experience

- **Southeast Minnesota Adult Mental Health Initiative** to collaborate with local agencies to provide WSU Counselor Education students with experiential learning while addressing clinical shortage of mental health providers and enhancing care for individuals with severe mental illness. *Applied for \$10,075*. Co-Author.
- **Wisconsin Department of Instruction Mental Health Grant** to acquire an additional school counseling position in the Gale-Ettrick-Trempealeau School District. *Awarded \$43,666 in 2022*. Co-Author.
- **Wisconsin Department of Instruction AODA Grant** for Screening, Brief Intervention, Referral to Treatment (SBIRT) training and materials for Student Services team members in the Gale-Ettrick-Trempealeau School District. *Awarded \$10,000 in 2021*. Co-Author.
- **Department of Instruction and Trauma Sensitive School Project** in the Black River Falls School District for Mental Health Coordinator position. *Awarded \$50,000 in 2018*. Co-Author.

### Research Agenda

- Investigate the impact of access to year-round school counseling support
- Explore sustainability of the school counseling profession
- Examine the effects of bilateral movements during running and the influence of music on trauma processing

- Examine the effects of the neurosequential model on educational and mental health outcomes for both students and staff

## **COUNSELING EXPERIENCE**

### **Advanced Practice**

***Viterbo University***, Doctoral Student

- Design and implement a summer counseling program for high school students to receive access to social emotional support year-round (Summer, 2023)
- Internship in expressive arts under supervision of Dr. Massengale. (Spring, 2025)

### **School Counseling**

***Gale-Ettrick-Trempealeau High School Counselor (2019-2024)***

- Designed and delivered a comprehensive school counseling program responsive to student data and needs. Implemented a Student Assistance Program to provide alternatives to suspension, and developed year-round SEL and mental health programming. Led district-wide professional development in multicultural competence and social justice. Established partnerships to support college transitions through “Summer Melt” programming, and facilitated student wellness groups during summer sessions.

***Black River Falls School District Counselor (2013-2015, 2017-2019)***

- Led implementation of a character education initiative and collaborated with community stakeholders to establish a trauma-informed school system. Developed a multicultural guidance curriculum aligned with the ASCA National Model and introduced talking circles to support Native American student voices. Coordinated student assessment efforts and launched a peer mentoring program to promote student leadership.

***West Salem High School Counselor (2015-2017)***

- Created and instructed a 9th-grade course integrating mental health literacy, academic planning, and career exploration. Led the Multi-Tiered Systems of Support (MTSS) team and organized school-wide Academic and Career Planning (ACP) events.

## **PROFESSIONAL SERVICE AND LEADERSHIP**

- Winona State University IMPACT Leadership Cohort (2025)
- Winona State University School Counseling Program Coordinator (2025)
- Winona State University Counselor Education Human Services Professional Program Coordinator (2024-Present)
- Winona State University Counselor Education Workshop Coordinator (2024-Present)
- Winona State Counselor Education Regional Area Board member(CEDRAB) (2019-2023)
- Gale-Ettrick-Trempealeau School District Mental Health and Opioid Grant Coordinator (2020-2023)
- Gale-Ettrick-Trempealeau School District PBIS Tier 1 and 2 Coach (2022-2024)
- Trempealeau County Community Health Improvement Plan Team Member (2020-2022)

- Black River Falls School District Trauma Sensitive School Grant Coordinator (2016-2019)
- Jackson County Mental Health Coalition Member (2016-2018)

## **SUPERVISION EXPERIENCE**

### **Viterbo University**

- Individual supervision for counselor in training (Spring, 2025)

### **Winona State University**

- Capstone Supervisor (Spring 2025 - present)
- Site Supervisor for master's level counselor education students in school counseling internship.

## **TEACHING EXPERIENCE**

### **Winona State University**

*CE 635: Orientation to School Counseling*

*CE 615: Group Theory and Practice*

*CE 660: Counseling Theory and Practice*

*CE 601: Foundations of Counseling*

*CE 658: Microskills*

*CE 625: Career Development and Appraisal*

### **Viterbo University**

*COUN: Trauma and Crisis Counseling (Summer 2025)*

*COUN 550: Career Counseling (Summer 2023)*

- Doctoral Student Co-Instructor

*COUN 775: Integrated Behavioral Health and Wellness (Summer 2023)*

- Created online learning modules for master's level students
- Conducted mock interviews for master's level students and provided feedback

## **PROFESSIONAL AFFILIATIONS**

Wisconsin School Counselor Association (WSCA)

American School Counselor Association (ASCA)

Association for Counselor Education and Supervision Association (ACES)

North Central Association for Counselor Education and Supervision Association (NCACES)

Chi Sigma Iota Honors Society

## **PROFESSIONAL DEVELOPMENT**

2024

- Neurosequential Model for Education (NME) Introductory Series Certificate
- Equitable Multi Level Systems of Support

2023

- SBIRT Training
- PREPaRE 2 Training
- Reality/Choice Theory in Schools Training
- CESA 4 Student Services Prevention Team membership (attended bi-monthly workshops for school counselors)
- Comprehensive School Mental Health Framework Training
- Equitable Multi Level Systems of Support
- WSCA Team Training

2022

- Integrated Behavioral Health Model Training
- CESA 4 Student Services Prevention Team membership (attended bi-monthly workshops for school counselors)
- DBT in Schools Trainings (monthly during 22-23 school year)
- Equitable Multi Level Systems of Support
- Social Emotional Learning Competencies Training 2021
- Compassion Resilience Training
- Academic and Career Planning Workshops
- Youth Mental Health First Aid Training
- CESA 4 Student Services Prevention Team membership (attended monthly workshops for school counselors)
- Trauma Sensitive Schools Training
- Cultural Responsiveness and School Climate Assessment and Improvement Planning