EMERGENCY CARE at Winona State University

The Primary Sports Medicine Team
The team generally includes:
A. Team Physician
B. Certified Athletic Trainer(s) (ATC)
C. Athletic Training Student(s) (ATS)
D. Head coach or assistant coach
E. Emergency medical technicians (EMTs)/paramedics

Note: The Certified Athletic Trainer (ATC) is responsible for on-the-field (or court) assessment and working with support from the other members of the sports medicine team.

Team Physician
The Team Physician will be present during all home WSU football games, conference tournaments hosted by WSU, and regional tournaments hosted by WSU. The Team Physician’s role is to:
A. Provide close observation of the game by the medical team from an appropriate location
B. Determine final clearance status of injured or ill athletes on game day before competition
C. Assess and manage game-day injuries and medical problems including: recognize life-threatening conditions
   a. Direct the stabilization and immobilization of the student-athlete in preparation for transportation
   b. Directs the ATC to assist as needed
D. Determination of athletes’ same-game return to participation after injury or illness
E. Follow-up care and instructions for athletes who require treatment during or after competition
F. Notify the appropriate parties about an athlete’s injury or illness

Certified Athletic Trainer
The Certified Athletic Trainer will direct the on-the-field management of all injuries. The Certified Athletic Trainer’s role is to:
A. Provide close observation of the game by the medical team from an appropriate location
B. Determine final clearance status of injured or ill athletes on game day before competition
C. Stabilize and calm the student-athlete
D. Assess and manage game-day injuries and medical problems including: recognize life-threatening conditions
   1. If needed: summon additional supplies or assistance from ATS or EMTs
   2. Provide immediate emergency care
E. Determine whether the injury requires immediate transportation to trauma center or can be handled on site
F. Determine athlete’s return to participation after injury or illness
G. Follow-up care and instructions for athletes who require treatment during or after competition
H. Notify the appropriate parties about an athlete’s injury or illness

Athletic Training Student
Athletic Training Students will be present at home events determined by overseeing ATC. The Athletic Training Students’ role is to:
A. Attend to the injured athlete under direct supervision of the ATC.
   a. Specific ATS(s) giving on-field aid will be determined prior to the event
B. Bring equipment/supplies onto the field or court as requested by ATC
C. Summon emergency medical services (EMS) if necessary
D. Direct EMS to the location of the injured student athlete

Head Coach or Assistant Coach
If no ATC is present, provides first-aid care and the assistant coach/designee is responsible for contacting the Certified Athletic Trainer or Campus Safety.
   A. Works under the direction of the Certified Athletic Trainer to assist as directed
   B. Should keep other team players away from the injury scene.
   C. Will contact EMS if needed or as directed by ATC.

Emergency Medical Services (EMS)
A. Is mandated for all high-risk contests
B. Responsible for life support and transportation to a medical facility
C. Should work with the Certified Athletic Trainer to properly stabilize and prepare the athlete for transportation.

**EMERGENCY CONDITIONS**

**Medical Emergencies that Require Activation of EMS (911)**

- Respiratory distress or arrest
- Chest pains indicative of myocardial ischemia (heart attack) or cardiac arrest
- Abdominal pains indicative of internal trauma
- Excessive bleeding from a major artery or significant loss of blood
- Suspected spinal cord trauma, point tenderness, or deformity along the vertebral column, paralysis, paresthesia, diminished or absent reflexes, or muscle weakness in a myotome
- Head Injury with loss of consciousness
- Open or multiple fractures, and fractures involving the femur, pelvis, or several ribs
- Joint fracture or dislocation with no distal pulse
- Severe signs of shock or possible internal hemorrhage

**Injuries that Require Immediate Referral to a Physician**

- Eye injuries
- Dental trauma: fractures, dislocations, extruded or intruded teeth
- Minor or simple fractures
- Lacerations requiring debridement and/or suturing
- Suspected nerve root or peripheral nerve injury
- Injuries where a functional deficit is noted
- Any injury that one has doubts about the severity or nature of the injury

Document was derived from St. Mary’s University of Minnesota and from the Sideline Preparedness for the Team Physician: A Consensus Statement.
Emergency Medical Plan

Winona State University Athletics – Verizon Stadium/Maxwell Field

Emergency Personnel: Certified athletic trainer and athletic training student(s) on site for practice and competition; additional sports medicine staff accessible from Memorial Hall athletic training facility (139 Memorial Hall).

Emergency Communication: Certified athletic trainer carries cellular telephone; fixed telephone line located in press box; additional fixed telephone lines located in Maintenance Building adjacent to Maxwell Field.

Emergency Equipment: Athletic training supply kit, splint kit, spine board, and AED are on-site during practice and competition; additional emergency equipment is accessible from Memorial Hall athletic training facility.

Roles of First Responders:

1. Immediate care of the injuries or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical system (EMS)
   a. 911 call
      Provide the following information:
      • Name, address, and telephone number
      • Number of individuals injured
      • Condition of injured
      • First aid treatment
      • Specific directions
      • Other information as requested
   b. Notify campus security at 507-457-5555
4. Direction of EMS to the scene
   a. Open appropriate doors
   b. Designate individual to “flag down” EMS and direct to scene
   c. Scene control: limit scene to first aid providers and move bystanders away from area

Venue directions: Maxwell Field is located off Sarnia Street, between Johnson Street and Winona Street. Two gates provide direct access to Maxwell Field. One on the corner of Johnson and Sarnia Street (south end of field) and one on that can be accessed through the parking lot off Main Street (north end of field).
Emergency Medical Plan

Winona State University Athletics – McCown Gymnasium

Emergency Personnel: Certified athletic trainer and athletic training student(s) on site for practice and competition; additional sports medicine staff accessible from Memorial Hall athletic training facility (139 Memorial Hall).

Emergency Communication: Telephone line located in hall entryway to McCown Gymnasium; additional telephone lines located in Memorial Hall athletic training facility (507-457-5209).

Emergency Equipment: Athletic training supply kit; additional emergency equipment (splint kit, spine board, AED) accessible from Memorial Hall athletic training facility.

Roles of First Responders:

1. Immediate care of the injuries or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical system (EMS)
   a. 911 call
      Provide the following information:
      • Name, address, and telephone number
      • Number of individuals injured
      • Condition of injured
      • First aid treatment
      • Specific directions
      • Other information as requested
   c. Notify campus security at 507-457-5555
4. Direction of EMS to the scene
   a. Open appropriate doors
   b. Designate individual to “flag down” EMS and direct to scene
   c. Scene control: limit scene to first aid providers and move bystanders away from area

Venue directions: Memorial Hall is located off Main Street, in between Sanborn Street and Howard Street. Entrance into McCown Gymnasium can be made through emergency doors on the east side of the building directly off Main Street.
Emergency Medical Plan
Winona State University Athletics – Talbot Gymnasium

Emergency Personnel: Certified athletic trainer and athletic training student(s) on site for practice and competition; additional sports medicine staff accessible from Memorial Hall athletic training facility (139 Memorial Hall).

Emergency Communication: Telephone line located in PESS office (507-457-5200); additional telephone lines located in Memorial Hall athletic training facility (507-457-5209).

Emergency Equipment: Athletic training supply kit; additional emergency equipment (splint kit, spine board, AED) accessible from Memorial Hall athletic training facility.

Roles of First Responders:

1. Immediate care of the injuries or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical system (EMS)
   a. 911 call
      Provide the following information:
      • Name, address, and telephone number
      • Number of individuals injured
      • Condition of injured
      • First aid treatment
      • Specific directions
      • Other information as requested
   d. Notify campus security at 507-457-5555
4. Direction of EMS to the scene
   a. Open appropriate doors
   b. Designate individual to “flag down” EMS and direct to scene
   c. Scene control: limit scene to first aid providers and move bystanders away from area

Venue directions: Memorial Hall is located off Main Street, in between Sanborn Street and Howard Street. Entrance into Talbot Gymnasium can be made from the front entrance of Memorial Hall directly off Sanborn Street or through an entrance on the east side of the building directly off Main Street.
Emergency Medical Plan

Winona State University Athletics – Loughery Field

Emergency Personnel: Certified athletic trainer and athletic training student(s) on site for practice and competition; additional sports medicine staff accessible from Memorial Hall athletic training facility (139 Memorial Hall).


Emergency Equipment: Athletic training supply kit, splint kit, and AED are on-site during practice and competition; additional emergency equipment is accessible from Memorial Hall athletic training facility.

Roles of First Responders:

1. Immediate care of the injuries or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical system (EMS)
   a. 911 call
      Provide the following information:
      • Name, address, and telephone number
      • Number of individuals injured
      • Condition of injured
      • First aid treatment
      • Specific directions
      e. Notify campus security at 507-457-5555
4. Direction of EMS to the scene
   a. Open appropriate doors
   b. Designate individual to “flag down” EMS and direct to scene
   c. Scene control: limit scene to first aid providers and move bystanders away from area

Venue directions: Loughrey Field is located off Sarnia Street, in between Johnson Street and Winona Street. Two gates provide direct access to Loughrey Field off of Winona Street and Sarnia Street.
Emergency Medical Plan

Winona State University Athletics – Wabasha Recreation Center

**Emergency Personnel:** Certified athletic trainer and athletic training student(s) on site for practice and competition; additional sports medicine staff accessible from Memorial Hall athletic training facility (139 Memorial Hall).

**Emergency Communication:** Certified athletic trainer carries cellular telephone.

**Emergency Equipment:** Athletic training supply kit, splint kit, spine board, and AED are on-site during practice and competition; additional emergency equipment is accessible from Memorial Hall athletic training facility.

**Roles of First Responders:**

1. Immediate care of the injuries or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical system (EMS)
   a. 911 call
   Provide the following information:
   - Name, address, and telephone number
   - Number of individuals injured
   - Condition of injured
   - First aid treatment
   - Specific directions
   - Other information as requested
   f. Notify campus security at 507-457-5555
4. Direction of EMS to the scene
   a. Open appropriate doors
   b. Designate individual to “flag down” EMS and direct to scene
   c. Scene control: limit scene to first aid providers and move bystanders away from area

**Venue directions:** Wabasha Recreation Center is located on the corner of Wabasha Street and Lafayette Street. Entrance to the Wabasha Recreation Center can be made from Lafayette Street up outside stairs on the east side of the building, directly into gymnasium.
Emergency Medical Plan

Winona State University Athletics – Paul Giel Field

Emergency Personnel: Certified athletic trainer and athletic training student(s) on site for practice and competition

Emergency Communication: Cell Phone

Emergency Equipment: Athletic training supply kit, vacuum splints, spine board, and AED

Role of First Responders:

1. Immediate care of the injuries or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical system (EMS)
   a. 911 call
   b. Provide the following information:
      • Name, address, and telephone number
      • Number of individuals injured
      • Condition of injured
      • First aid treatment
      • Specific directions
      • Other information requested
   c. Notify supervising Athletics Administrator and supervising Athletic Trainer
4. Direction of EMS to the scene
   a. Open appropriate doors
   b. Designate individual to “flag down” EMS and direct to scene
      • Athletic training student on 5th St.
      • Athletic training student on Lee St. near Stadium entrance
   c. Scene control: Limit scene to first aid providers and move bystanders away from area

Venue Directions: Paul Giel Field is located at 1268 West 5th Street. Take 5th street to Lee Street. Travel North on Lee Street. The entrance to the facility will be on Lee Street through the main entrance.

Paul Giel Field
1268 West 5th Street
Winona, MN 55987-2313
Emergency Medical Plan

Winona State University Athletics – Softball Field

**Emergency Personnel:** Certified athletic trainer and athletic training student(s) on site for practice and competition; additional sports medicine staff accessible from Memorial Hall athletic training facility (139 Memorial Hall).

**Emergency Communication:** Certified athletic trainer carries cellular telephone.

**Emergency Equipment:** Athletic training supply kit, splint kit, and AED are on-site during practice and competition; additional emergency equipment is accessible from Memorial Hall athletic training facility.

**Roles of First Responders:**

5. Immediate care of the injuries or ill student-athlete
6. Emergency equipment retrieval
7. Activation of emergency medical system (EMS)
   a. 911 call
      Provide the following information:
      • Name, address, and telephone number
      • Number of individuals injured
      • Condition of injured
      • First aid treatment
      • Specific directions
      • Other information as requested
   g. Notify campus security at 507-457-5555
8. Direction of EMS to the scene
   a. Open appropriate doors
   b. Designate individual to “flag down” EMS and direct to scene
   c. Scene control: limit scene to first aid providers and move bystanders away from area

**Venue directions:** The WSU Softball Field is located at the corner of Sarnia Street and Franklin Street. The field can also be accessed via Lake Park Dr.